

**NORTH SOUND
MENTAL HEALTH ADMINISTRATION**

WITH

TELECARE CORPORATION

FOR

EVALUATION AND TREATMENT SERVICES

CONTRACT #NSMHA-TELECARE CORPORATION-E&T-15-18

APRIL 1, 2015 TO JUNE 30, 2018

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**AGREEMENT FOR THE PROVISION
OF
EVALUATION & TREATMENT MENTAL HEALTH SERVICES**

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THIS MENTAL HEALTH SERVICES AGREEMENT (the “Agreement”), pursuant to Chapter 71.24 Revised Code of Washington (RCW) and all relevant and associated statutes, as amended, is made and entered into by and between the NORTH SOUND REGIONAL SUPPORT NETWORK, dba NORTH SOUND MENTAL HEALTH ADMINISTRATION (NSMHA), 117 N. 1st Street, Suite 8, Mount Vernon, Washington 98273, and TELECARE CORPORATION (Contractor), 1080 Marina Village Parkway, Suite 100, Alameda, California 94501-1043.

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This Agreement incorporates the Agreement’s Exhibits and Attachments to the Agreement and other documents incorporated by reference.

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The effective date of this Agreement is April 1, 2015, through June 30, 2018.

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A. DEFINITIONS

7.01 Plan is NSMHA’s Board approved plan, which outlines NSMHA’s commitment to planning and service delivery for American Indian governments and communities.

Abuse means a provider’s practices that are inconsistent with sound fiscal, business, or medical practices and result in an unnecessary cost to the Medicaid program, or in reimbursement for services that are not medically necessary, or fail to meet professionally recognized standards for health care (Medicaid Managed Care Fraud and Abuse Guidelines).

Access refers to the initial request for services, initial screening and the related response-time requirements (as defined in the Clinical Eligibility and Care Standards (CECS) section of NSMHA contract).

Access to Care Standards (ACS) means the Division of Behavioral Health and Recovery (DBHR) Minimum Eligibility Requirements for Medicaid Adults & Medicaid Older Adults Guidelines reflect the most restrictive eligibility criteria that can be applied. NSMHA may expand coverage based on availability of local resources (Exhibit A).

Accessibility means the extent to which an eligible recipient can obtain available services. Accessibility includes both the ability to contact the organization and the availability of providers and services. For example, outreach may be available, but if a provider does not routinely provide active outreach, outreach is not accessible.

Accountability means responsibility of Contractor for achieving defined outcomes, goals, and contract obligations.

1 Act means the Social Security Act.

2
3 Action means in the case of a Prepaid Inpatient Health Plan (PIHP):

- 4
5 1. Denial or limited authorization of a requested service, including the type or level of
6 service;
- 7 2. Reduction, suspension, or termination of a previously authorized service;
- 8 3. Denial in whole or in part, of payment for a service;
- 9 4. Failure to provide services in a timely manner, as defined by the state;
- 10 5. Failure of a PIHP to act within the timeframes provided in section 42 CFR 438(b) or;
- 11 6. For a resident of a rural area with only one Managed Care Organization (MCO), the
12 denial of an enrollee's request to exercise his or her right, under section 42 CFR 438.52
13 (b)(2)(ii), to obtain services outside the network.

14
15 Administrative Costs means costs for the general operation of the public mental health system.
16 These activities cannot be identified with a specific direct or direct services support function.

17
18 Advance Directive means a written document in which a principal makes a declaration of
19 instructions or preferences or appoints an agent to make decisions on behalf of the principal
20 regarding the principal's mental health treatment, or both, and is consistent with the provisions
21 of Washington's Mental Health Advance Directive statute.

22
23 Allied Systems means state or local services which provide individuals with assistance to reduce
24 the impact of disabilities, functional impairments, or skill deficits and promote stable
25 community living.

26
27 Annual Revenue means all revenue received by the PIHP pursuant to the Agreement for July of
28 any year through June of the next year.

29
30 Appeal means a request for review of an action as "action" is defined above.

31
32 Arbitration means the process by which the parties to a dispute submit their differences to the
33 judgment of an impartial person or group appointed by mutual consent or statutory provision.

34
35 Assessment means a process which provides sufficient information to determine medical
36 necessity for mental health services covered under this Agreement.

37
38 Capitation Payment means a payment the Department of Social and Health Services (DSHS)
39 makes periodically to a PIHP on behalf of each recipient enrolled under a contract for the
40 provision of medical services under the State Plan. DSHS makes the payment regardless of
41 whether the particular recipient receives the services during the period covered by the
42 payment.

1 Case Management means assistance to a recipient and family (or significant other) to obtain,
2 maintain, or develop appropriate resources.

3
4 Center for Medicare and Medicaid Services (CMS) the US federal agency which administers
5 Medicare, Medicaid and Children's Health Insurance Program.

6
7 Code of Federal Regulations (CFR) means all references in this Agreement to CFR chapters or
8 sections shall include any successor, amended, or replacement regulation.

9
10 Community Behavior Health Agency (BHA) means community BHAs that are subcontracted by
11 the PIHP and licensed to provide mental health services covered under this Agreement.

12
13 Complaint means a verbal or written statement by an individual or enrollee that expresses
14 dissatisfaction with some aspect of services covered under this Agreement, the Primary Care
15 Provider (PCP), or Contractor.

16
17 Coordinated Quality Improvement Program (CQIP) the purpose of CQIP is to improve the quality
18 of health care services by identifying and preventing health care malpractice under RCW
19 43.70.510.

20
21 Corrective Action/Compliance Review is when findings from NSMHA and/or DBHR review or
22 other monitoring efforts or audits shows there are apparent violations of this Agreement,
23 Contractor shall implement corrective action within specified timeframes determined by
24 NSMHA/DBHR/Department's other auditors.

25
26 Corrective Action Plan (CAP) is a written plan specifying what Contractor is required to do to be
27 in compliance. This includes required improvements and a timeline for such action(s) to be
28 accomplished.

29
30 Crisis may be self-defined or a situation where an individual is acutely mentally ill, or
31 experiencing serious disruption in cognitive, volitional, psychosocial and/or neurophysiologic
32 functioning.

33
34 Crisis Plan is a blueprint for action in the case of an individual (or child/family) who is
35 experiencing imminent or substantial risk of harm to self/others or who is at risk of
36 decompensation that could lead to future use of psychiatric inpatient services. Plans are
37 developed in collaboration with the individual and natural supports. An adequate crisis plan
38 reflects a blend of formal and informal supports and is amended as frequently as needed to be a
39 meaningful resource. Crisis plans with updated information must be documented as an
40 individual completes an episode of care and becomes "inactive" or "closed".

41
42 Crisis Stabilization is services provided to Medicaid-enrolled individuals who are experiencing a
43 mental health crisis.

1 Crisis Services means a face-to-face evaluation and treatment of mental health emergencies and
2 crises to non-enrolled, as well as, enrolled individuals experiencing a crisis as defined by the
3 Washington Administrative Code (WAC). Crisis services shall be available on a 24-hour basis
4 with the goal of stabilizing the person in crisis and providing immediate or short-term treatment
5 and support in the least restrictive environment available. Crisis services may be provided prior
6 to an intake evaluation/assessment.
7

8 Cross-System Team meetings and consultations is participation and involvement with systems
9 beyond the mental health system, which are also providing services to a mental health
10 consumer (i.e., Department of Children and Family Services (DCFS), Department of
11 Developmental Administration (DDA), Juvenile Rehabilitation Administration (JRA), Department
12 of Corrections (DOC), Schools, etc.), to ensure communication and integrated, coordinated
13 treatment planning and provision.
14

15 Cultural Competence means a set of congruent behaviors, attitudes and policies that come
16 together in a system or agency and enable that system or agency to work effectively in cross-
17 cultural situations. A culturally competent system of care acknowledges and incorporates, at all
18 levels, the importance of language and culture, assessment of cross-cultural relations,
19 knowledge and acceptance of dynamics of cultural differences, expansion of cultural knowledge
20 and adaptation of services to meet culturally unique needs.
21

22 Deliverable means any written information required for submission to NSMHA to satisfy the
23 work requirements of this Agreement and are due by a particular date or on a regularly
24 occurring schedule.
25

26 Disaster Outreach means persons contacted in their place of residence or in non-traditional
27 settings for the purpose of:
28

- 29 1. Assessing their mental health or social functioning following a disaster; or
 - 30 2. Increasing their utilization of human services and resources.
- 31

32 There are two basic approaches to outreach:
33

- 34 1. Mobile (ongoing to person to person);
 - 35 2. Community settings (e.g., temporary shelters, disaster assistance sites, disaster
36 information forums).
- 37

38 Regardless of the approach, the outreach process has five important components:
39

- 40 1. Locating persons in need of disaster relief services;
- 41 2. Assessing their needs;
- 42 3. Engaging or linking persons to an appropriate level of support or disaster relief
43 services; and
- 44 4. Providing follow-up mental health services when clinically indicated.

- 1 5. Disaster outreach can be performed by trained volunteers, peers, and/or persons hired
2 under a Federal Crisis Counseling Grant. These persons should be trained in disaster
3 outreach, which is different than traditional mental health crisis intervention.
4

5 Discharge Planning (Services) is the process of developing a care regimen and community
6 integration plan for a mental health recipient leaving clinical care including appropriate
7 residential treatment/housing supports and community support services prior to the recipient
8 leaving outpatient care.
9

10 Discharge Planning (Hospital) is the processes of developing a care regimen for a patient leaving
11 inpatient care, including appropriate timing and follow-up examinations and treatment. A
12 collaborative event, focusing on the development of a regimen of care, designed to support
13 treatment success through the utilization of natural supports and community resources. This
14 planning phase is critical to success, in both the inpatient and outpatient arenas and needs to
15 begin immediately following intake.
16

17 Discharge is (1) related to end of individual's inpatient psychiatric hospital stay; (2) occurs when
18 an eligible individual has completed an episode of care (or active service) and is no longer
19 receiving services (e.g., closed).
20

21 Diversion means to redirect an individual from being placed in a restrictive setting (i.e., Jail,
22 inpatient services) to clinically appropriate less restrictive alternative (LRA).
23

24 Early Periodic Screening Diagnosis and Treatment (EPSDT) means EPSDT program under Title XIX
25 of the Social Security Act as amended.
26

27 Emergent Care means services provided for a person that, if not provided, would likely result in
28 the need for crisis intervention or hospital evaluation due to concerns of potential danger to
29 self, others, or grave disability according to RCW 71.05.
30

31 Enrollee means a Medicaid recipient who is currently enrolled in a PIHP.
32

33 Fair Hearing means a grievance hearing before the Washington State Office of Administrative
34 Hearings.
35

36 Family means those the individual defines as family or those appointed/assigned (e.g., parents,
37 foster parents, guardians, siblings, caregivers, spouses, domestic partners and significant
38 others).
39

40 Fraud means an intentional deception or misrepresentation made by a person with the
41 knowledge the deception could result in some unauthorized benefit to self or some other
42 person. It includes any act that constitutes fraud under applicable Federal or State law.
43

44 Full-Time Equivalent (FTE) is the term used to define number of full-time staff. One FTE shall be
45 defined as 40 hours' work per week.

1 Geographic Area is NSMHA Service Area consisting of the following geographic areas:
2

- 3 1. Island County
 - 4 2. San Juan County
 - 5 3. Skagit County
 - 6 4. Snohomish County
 - 7 5. Whatcom County
- 8

9 Grievance means an expression of dissatisfaction about any matter other than an action.
10 Possible subjects for Grievances include, but are not limited to: the quality of care or services
11 provided and aspects of interpersonal relationships, such as, rudeness of a provider or employee
12 or failure to respect the Enrollee's rights (42 CFR 438.400(b)).
13

14 Group Treatment Services means a set of face-to-face activities provided by one or more
15 provider staff to two or more attending members designed to help an individual attain goals as
16 prescribed in the individual's treatment plan. These group activities shall be consistent with the
17 age and cultural framework of the individuals participating and may include family members or
18 others who play necessary roles in the lives of the group members.
19

20 Health Insurance Portability and Accountability Act (HIPAA) means HIPAA of 1996, codified in 42
21 USC §1320(d) et.seq. and CFR Parts 160, 162 and 164.
22

23 Individual with lived experience means a person who has applied for, is eligible for, or who has
24 received mental health services.
25

26 Individual Choice means the individual/child/family's guaranteed opportunity to choose freely
27 among treatment options and support services (based on identified needs) and to be full
28 partners in the treatment process. "Choice" supports the notion that to the degree possible,
29 individuals/child/families need to play a key role in designing their own service/support
30 "packages", including involvement of natural supports and culturally specific services.
31

32 Individual Voice means indicators of ownership in and involvement with planning his/her own
33 supports and services. In Individualized Plans, voice is best indicated by self-identified goals.
34

35 Involuntary Treatment includes all services and administrative functions required for the
36 evaluation for involuntary detention or involuntary treatment of individuals in accordance with
37 RCW 71.05, 71.24.300 and 71.34.
38

39 Management Information System (MIS) is a system that provides information needed to
40 manage organizations effectively.
41

42 Medicaid Funds means funds provided by CMS Authority under the Title XIX program.
43

1 Medicaid Waiver is a waiver granted by the Secretary of DSHS to requirements of 42 USC 1396a
2 for the purpose of permitting DSHS Mental Health Division (MHD) to operate a capitated
3 managed care system to provide services to enrolled recipients of the Medicaid program.
4 Under 42 USC 1396n, the Secretary is authorized to grant such waivers to the extent he/she
5 finds proposed improvements or specified practices in the provision of services under Medicaid
6 to be cost-effective, efficient and consistent with objectives of the Medicaid program.
7

8 Medical Necessity or Medically Necessary means a term for describing a requested service
9 which is reasonably calculated to prevent, diagnose, correct, cure, alleviate, or prevent the
10 worsening of conditions in the recipient that endanger life, cause suffering or pain, result in
11 illness or infirmity, threaten to cause or aggravate a handicap, or cause physical deformity or
12 malfunction, and there is no other equally effective, more conservative or substantially less
13 costly course of treatment available or suitable for the person requesting service. "Course of
14 treatment" may include mere observation or, where appropriate, no treatment at all.
15

16 Mental Disorder as defined in RCW 71.34.020(12) for children and RCW 71.05.020(2) for adults.
17

18 Mental Health Care Provider (MHCP) means the individual with primary responsibility for
19 implementing an individualized plan for mental health rehabilitation services. Minimum
20 qualifications are B.A. level in a related field or A.A. level with two years' experience in the
21 mental health or related fields.
22

23 Outcome means the results of a service period of treatment. The extents to which services are
24 provided to individuals experiencing emotional and behavioral disorders have a positive or
25 negative effect on their well-being, circumstances and capacity for self-management and
26 recovery.
27

28 Performance Indicator(s) means system level information on the types of service to individuals,
29 the duration and intensity of services, staffing patterns and fiscal viability.
30

31 PIHP means an entity that provides or arranges for:
32

- 33 1. Mental health services to enrollees under contract with the state on the basis of
34 prepaid capitation payments or other payment arrangements that don't use state plan
35 payment rates;
- 36 2. Provides, arranges for, or otherwise has responsibility for the provision of any
37 inpatient hospital or institutional services for its enrollees; or
- 38 3. Does not have a comprehensive risk contract.
39

40 Quality Assurance means a focus on compliance to minimum requirements (e.g., rules,
41 regulations and contract terms), as well as, reasonably expected levels of performance, quality
42 and practice.
43

1 Quality Improvement means a focus on activities to improve performance above minimum
2 standards/reasonably expected levels of performance, quality and practice.
3

4 Quality Management/Strategy means an overarching system and/or process whereby quality
5 assurance and quality improvement activities are incorporated and infused into all aspects of an
6 organization's or system's operations.
7

8 Recovery means the processes by which people are able to live, work, learn and participate fully
9 in their communities.
10

11 Rehabilitation means to restore to customary activity through education, skill building and
12 therapy. Increase independence and ability to participate in life meaning activities.

13 Request for Service means the point in time when services are sought or applied for through a
14 telephone call, walk-in, or written request for services from an enrollee or the person
15 authorized to consent to treatment for that enrollee. For purposes of this Contract, an EPSDT
16 referral is only a Request for Service when the enrollee or the person authorized to consent to
17 treatment for that enrollee has confirmed that they are requesting service.
18

19 Reserve Accounts means an allocation of fund balance at the Regional Support Network (RSN)
20 set aside for a specific purpose by the RSN governing board or local legislative authority.
21

- 22 1. Operating Reserve – Funds designated from mental health revenue sources that are
23 set aside into an operating reserve account by official action of the RSN’s governing
24 body. Operating reserve funds may only be set aside to maintain adequate cash flow
25 for the provision of mental health services.
- 26 2. Inpatient-Risk Reserve – Funds designated from mental health revenue sources to pay
27 for future inpatient hospital claims and funds designated from mental health revenue
28 sources that are set aside into a risk reserve account by official action of the RSN’s
29 governing body. Risk reserve funds may only be set aside for use in the event costs of
30 providing service exceed the revenue the RSN receives.
31

32 Residential Services are defined in WAC 388-865, NSMHA Standards of Care and Clinical
33 Eligibility Manual and NSMHA Policies and Procedures.
34

35 Resilience means the personal and community qualities that enable individuals to rebound from
36 adversity, trauma, tragedy, threats, or other stresses and live productive lives.
37

38 Risk means the possibility Contractor may incur a loss because the cost of providing services
39 may exceed the premium payments made by NSMHA to Contractor for services covered under
40 this Agreement (42 CFR 434.2).
41

42 Routine Care means a setting where evaluation and mental health services are provided to
43 individuals on a regular basis. These services are intended to stabilize, sustain and facilitate
44 individual recovery within his/her living situation and do not meet the definition of urgent or
45 emergent care.
46

1 Routine Services means non-emergent and non-urgent services are offered within 14 calendar
2 days to individuals authorized to receive services as defined in the Access to Care Standards.
3 Routine services are designed to alleviate symptoms, stabilize, sustain and facilitate progress
4 toward mental health.
5

6 Screening means initial face-to-face or telephonic interview to assess immediate mental health
7 needs of a client for referral/treatment (per Health Care Procedural Coding System [HCPCS]).
8 Depending upon level of need, a full multi-axial assessment frequently follows screening.
9

10 Service Area means the geographic area covered by this Agreement for which the PIHP is
11 responsible.
12

13 Special Population Evaluation means an evaluation by a specialist as defined by WAC 388-865-
14 0425, which considers age and cultural variables specific to the individual being evaluated and
15 other culturally and age competent evaluation methods. This evaluation shall provide
16 information relevant to an individual's continuation in appropriate treatment and assist in
17 treatment planning.
18

19 Subcontract means any written agreement between Contractor and subcontractor or between
20 Contractor, subcontractor and another subcontractor to provide services or activities otherwise
21 performed under this Agreement.
22

23 Subcontractor means an individual or entity performing all or part of the services under this
24 Agreement under a separate contract with Contractor or its subcontractors.
25

26 Title 42 is the CFR Public Health Service.
27

28 Title XIX is grants with states for Medical Assistance Program.
29

30 Title XIX Eligible Month means a calendar month in which an individual is eligible for the Title
31 XIX program for any part of the month.
32

33 Transition Youth means anyone age 17-21.
34

35 Underserved means persons who are minorities, children, elderly, disabled and low-income (see
36 WAC 388-865-0150).
37

38 Urgent Care means a service to be provided to persons approaching a mental health crisis. If
39 services are not received within 24 hours of the request, the person's situation is likely to
40 deteriorate to the point that emergent care is necessary.
41

42 Utilization Management Services means to provide independent utilization management
43 process that monitors provider network to ensure services provided are sufficient, but not
44 excessive, which are predicated on the individual needs of the recipient with respect to that
45 person's age, culture, language and abilities.
46

1 **B. PURPOSE**

2 Contractor must provide adequate staffing and appropriate treatment services as outlined
3 below and in compliance with laws and regulations governing the operation of an Evaluation
4 and Treatment (E&T) Center. The framework for identifying specific E&T Services and
5 performance obligations are included in this Agreement.
6

7 **1. EVALUATION AND TREATMENT SERVICES**

8 Contractor shall furnish the necessary personnel and services and do all things necessary
9 for the performance of the work set forth herein in accordance with NSMHA Policy
10 #1555.00 – Freestanding E&T Facilities.
11

12 **2. COMPLIANCE WITH SPECIFIC LAWS AND REGULATIONS**

13 All services provided under this Agreement shall be in accordance with the following,
14 where applicable. Where there is conflict between WAC 388-865 and 246-337 or any
15 successors or additional State or Federal regulations, the more restrictive standard shall
16 apply.
17

- 18 a. RCW 71.05 and 71.24,
 - 19 b. WAC 388-865 and 246-337.
- 20

21 **3. INVOLUNTARY TREATMENT ACT (ITA) COORDINATION**

22 Contractor shall provide support and timely information to the Mental Health Professional
23 (MHP) and Prosecutor’s Office in the form of consultation, testimony, records and reports
24 at ITA proceedings for specific individuals. Contractor shall provide the MHP, Prosecutors
25 Office and Court with prior notice of release of detained persons. Contractor specifically
26 understands all information and records in connection with performance of services
27 pursuant to the adult ITA, RCW 71.05 and the Community Mental Health Act, RCW 71.24,
28 are strictly confidential and may only be released in accordance with the exceptions
29 provided by state and federal law.
30

31 **4. LOCATION OF SERVICES**

32 Services provided under this contract shall be made available at: State of Washington
33 owned facility located at 7825 North Sound Drive, Sedro Woolley, Washington 98284.
34

35 **5. RESIDENTIAL TREATMENT FACILITY (RTF)**

36 The site and RTF located in Sedro–Woolley, Washington shall be owned by the State of
37 Washington and shall be and remain the property of the State of Washington. The
38 Telecare North Sound RTF shall be operated as a certified RTF for the governmental
39 purposes of the Washington State ITA, RCW 71.05. The Telecare North Sound RTF shall be
40 utilized by Skagit residents, residents of the North Sound Region and other State residents
41 in accordance with State law and terms in NSMHA Agreements.
42

43 Services, at a minimum, shall include evaluation, stabilization and treatment provided by
44 or under the direction of licensed psychiatrists, nurses and other MHPs. Discharge
45 planning involving the individual, family, significant others shall begin at admission, so as
46 to ensure continuity of mental health care. Nursing care includes but, is not limited to,

1 performing routine blood draws, monitoring vital signs, providing injections, administering
2 medications, observing behaviors and presentation of symptoms of mental illness.
3

4 **6. SERVICES**

5 Contractor shall provide a 16 bed E&T program at the Telecare North Sound RTF to adults
6 with mental illness held under a 72-hour involuntary detention and/or 14-day
7 commitment in accordance with the Washington State ITA, RCW 71.05 and NSMHA
8 policies.
9

10 These services will be provided in an environment using a trauma informed care approach
11 designed to support safety and confidentiality for individuals 18 years and older who pose
12 an actual or imminent danger to self, others, or property due to a mental illness.
13 Contractor will be able to demonstrate a universal principle and commitment to non-
14 violence and the creation of a trauma-informed culture.
15

16 a. Eligibility

17 The E&T program shall serve adults with mental illness who are residents primarily
18 from the North Sound Region.

19 b. Admission Criteria

20 Individuals must meet admission criteria per NSMHA policy #1577.00 – E&T
21 Facilities Refusal and Review Process, including medical clearance and required
22 diagnostic tests to be eligible for admission.

23 c. Ineligible for admission:

- 24
- 25 i. Sexually violent offenders being detained pursuant to RCW 71.09 or high-risk
26 sex offenders classified by the local law enforcement agencies will not be
27 served by the E&T. Level III individuals are the highest risk and shall be
28 excluded from the E&T. Level I and II individuals shall be considered on a
29 case-by-case basis prior to admission. The DMHP, in consultation with E&T
30 staff, shall make the determination regarding Level I and II individuals as to
31 the level of danger and appropriateness for admission.
- 32 ii. Any individual with any pending (not dismissed or otherwise disposed) felony
33 charge shall be excluded from admission. Individuals released on a
34 Temporary Release (TR) may be considered for admission on a case-by-case
35 basis after consultation with the DMHP.
- 36 iii. Any DMHP within NSMHA Service Area, in consultation with E&T staff and in
37 adherence with established admission criteria will review pending detentions
38 for medical care needs, safety and security to ensure appropriate admissions.
39 This shall be done in collaboration with E&T staff which may require basic
40 medical clearance and/or consultation with a physician prior to accepting an
41 admission. If medical care, safety, or security needs cannot be met by the
42 E&T per the E&T licensed independent practitioner, the individual will be
43 detained at an appropriate facility elsewhere.

1 Aside from the limitations above, the E&T will have a no decline policy for
2 any referrals from any DMHP within NSMHA Service Area provided the
3 individual being referred meets the criteria for admission.
4

5 d. Facilities Certification and Maintenance Services

6 The RTF shall be certified as an RTF (Inpatient Component) by DSHS, DBHR and any
7 other state required facility certification or licensure.

8 e. Contractor shall provide services in the RTF, which will be certified as an RTF and
9 operated in accordance with the standards of WAC 388-865 and 246-337. It will be
10 Contractor's responsibility to establish certification or licensure. Contractor shall
11 comply with and meet all state and local health, fire and safety codes and
12 regulations. Contractor shall be responsible for all routine maintenance and minor
13 repairs as specified in the Lease Agreement, Attachment X.

14 f. Program Components

15 Services shall be in accordance with WAC 388-865 and 246-337 and RCW 71.05 and
16 71.24.

- 17 i. A 24-hour per day, 7 days per week, 365 days per year, including all legal
18 holidays, 16 bed unit.
- 19 ii. Evaluation, treatment and recovery support provided by or under the
20 direction of licensed psychiatrists, nurses and other MHPs, as well as, Peer
21 Support staff and discharge planners.
- 22 iii. ITA services.
- 23 iv. Discharge planning involving the individual, family and significant others to
24 ensure continuity of care and services and provide adequate support in
25 making the transition from crisis to wellness.
- 26 v. Meet Washington State Licensing and certification standards for operating an
27 E&T.
- 28 vi. Ensure services will meet the requirements delineated in WAC 388-865 and
29 246-337 or its successors and be based on the best- and promising-practices
30 of recovery published by Substance Abuse and Mental Health Services
31 Administration (SAMHSA).
- 32 vii. Utilize a recovery-oriented model of care and team approach that focuses on
33 individual's personal needs, as well as, strengths, talents and capabilities that
34 can be utilized to achieve wellness post discharge.
- 35 viii. Support training and supervision of Peer Support and paraprofessional staff.
- 36 ix. Directly provide all medically necessary rehabilitation services.
- 37 x. Individuals will be detained initially for a 72-hour period by a DMHP and, if
38 indicated, will be committed by a Superior Court Judge or Commissioner for a
39 14-day period, including any subsequent period pending 90-day judicial
40 proceedings. Individuals shall also be detained pursuant to RCW 71.05 on a
41 non-emergency basis when ordered by Superior Court. Other admissions will
42 occur when patients are revoked from an LR Court Order or Conditional
43 Release (CR) under RCW 71.05.340 and WAC 388-865.
44

- 1 xi. Pre-Admission Screening: All individuals referred for admission will be
- 2 screened according to NSMHA policy. All referrals will be documented
- 3 including name, date, referral source and disposition.
- 4 xii. Evaluation: Each admitted individual shall be provided with an intake
- 5 assessment in accordance with WAC requirements. E&T components shall
- 6 include physical examination, psychosocial assessment and mental status
- 7 examination. Treatment services shall include:
- 8

9 An individual treatment and discharge plan as required by WAC 388-865 and
10 246-337. If individuals are enrolled in outpatient services, the therapist, case
11 manager, or other appropriate professional will be contacted upon admission
12 and involved in the development of the discharge plan. If outpatient services
13 are not being provided by a NSMHA contracted provider, the E&T will ensure
14 that discharge planning occurs in accordance with NSMHA policy. If
15 individuals are eligible for NSMHA outpatient services, an intake assessment
16 will occur prior to discharge so that outpatient services may begin within five
17 (5) business days of discharge.

- 18
- 19 xiii. A structured, daily program of activities and services.
 - 20
 - 21 a) Mental health treatment, including individual, group and family
 - 22 therapy to be available at a minimum of five (5) hours per day.
 - 23 b) Related ancillary services and activities, to include socialization and
 - 24 recreational activities and exercise.
 - 25
- 26 xiv. Medications, medication evaluation and monitoring and health education.
- 27 xv. Mental health related laboratory services, as required.
- 28 xvi. Routine medical service within the limits of medical resources available on
- 29 the involuntary unit to include nursing assessments as needed and defined in
- 30 NSMHA policy. Individuals requiring medical treatment in excess of what is
- 31 available at the E&T will be transferred to an appropriate hospital for
- 32 treatment.
- 33 xvii. Services to address the needs of those individuals with mental illness who
- 34 have special needs, such as, the hearing impaired, cultural and linguistic,
- 35 developmentally disabled, head injury, elderly and those with alcohol and
- 36 substance abuse problems.
- 37 xviii. The capability of detaining persons dangerous to themselves and others with
- 38 use of calming spaces and following WAC procedures.
- 39 xix. The right to the least restrictive alternative (LRA) to maintain health and
- 40 safety when detaining persons dangerous to themselves or others as
- 41 established in NSMHA policies and in accordance with WAC requirements.

- 1 xx. Individuals shall be discharged from the E&T with appropriate transportation
- 2 arrangements provided.
- 3 xxi. Any individual who is allowed to convert to a voluntary status during the
- 4 involuntary admission shall legally consent to and follow all conditions
- 5 applied to involuntary individuals.
- 6 xxii. Individuals converting to voluntary status shall have the right to request
- 7 discharge at any time and if discharged will have transportation
- 8 arrangements provided.
- 9

10 g. Court Evaluation and Testimony

11 Court may be held within the E&T. When Superior Court judicial proceedings
12 occur, these proceedings shall have priority over all other uses of the
13 conference/hearing room. Contractor shall provide the following for Court
14 Evaluation and Testimony:

- 15
- 16 i. Legal documents in a timely manner pertaining to the involuntary detention
- 17 of individuals as required by NSMHA counties' Superior Court systems.
- 18 ii. As requested, records and court testimony at probable cause hearings or
- 19 trials by other professional staff employed at the E&T. These records and
- 20 testimony shall be provided, as needed, pertaining to the individual's mental
- 21 health status during detention at the E&T.
- 22 iii. Support to the DMHPs, County Prosecutor's office, and State Attorney
- 23 General's office in the form of consultation, live and telephonic testimony,
- 24 records and reports, where required, at ITA proceedings for specific
- 25 individuals. When necessary for judicial proceedings, Contractor shall
- 26 promptly supply a certified copy of all medical and psychological records and
- 27 make available, if necessary, a records custodian capable of testifying in order
- 28 to introduce medical and psychological records per RCW 5.45.020 and the
- 29 civil rules of Washington State Superior Court.
- 30 iv. Accompany and provide support for individuals during court proceedings
- 31 away from facility.
- 32 v. Arrange for transportation.
- 33 vi. Contractor shall collaborate and facilitate the evaluation and expert witness
- 34 testimony for court purposes by a licensed physician, psychiatrist, or licensed
- 35 psychologist arranged and provided by the Skagit County Involuntary
- 36 Treatment Team. Treating physician records and testimony shall be provided
- 37 when necessary per RCW 71.05.
- 38 vii. Initial screening and evaluation (and court testimony as needed) for court
- 39 hearings will be done by the Skagit DMHP staff. Coordination of probable
- 40 cause hearings will occur through the Skagit County Involuntary Treatment
- 41 Team. A court hearing room is located in the E&T where court hearings and
- 42 non-jury trials shall occur.
- 43

1 h. Personnel

2 Contractor shall provide staffing in the number, quality and appropriate
3 backgrounds and licensure needed to ensure compliance with state law.
4

5 Contractor shall designate a person to be the individual in charge of the E&T for
6 the following purposes and responsibilities:
7

- 8 i. All decisions concerning medical or psychiatric treatment.
- 9 ii. Physician with responsibility for treatment.
- 10 iii. Explanation of rights to refuse medical treatment 24 hours prior to hearings
11 and documentation of such.
- 12 iv. Compliance with rights notifications to persons admitted and ensuring rights
13 afforded under statute and law to persons admitted.
- 14 v. All transfers and/or referrals to appropriate facilities for drug/alcohol or
15 medical treatment after admission.
- 16 vi. Temporary releases under RCW 71.05. When transported off site, individuals
17 are to be in the custody and care of an E&T staff and/or other mental health
18 agency staff at all times. This includes residential facility screening visits by
19 individuals who are ready for discharge and are considering placement at
20 such facilities or for medical appointments. At no time shall individuals be
21 given temporary passes from the facility.
- 22 vii. To complete requirements that LRAs be considered and provide research of
23 LRAs to involuntary hospitalization and discharge planning.
- 24 viii. Determining and coordinating with the DMHP CRs and/or releases to LRA to
25 inpatient treatment.
- 26 ix. Unconditional releases, including transportation and other assistance to
27 released individuals.
- 28 x. Notification under RCW 71.05.

29
30 i. Training and Education of Staff

31 An employee trained in cardiopulmonary resuscitation and emergency first-aid will
32 be present at all times.
33

- 34 i. Contractor shall establish a training plan for each staff, including temporary
35 and/or on-call staff. Training shall include a planned documented orientation
36 for each new employee and an ongoing program of in-service training for all
37 staff designed to maintain and update competencies needed to perform
38 assigned duties.
- 39 ii. Orientation and in-service education plans shall be maintained and
40 attendance documented in each employee's personnel record.
- 41 iii. Training for all staff shall meet WAC 388-865, 877, 877A and 246-337
42 requirements. At a minimum, all staff will receive mandatory training in the
43 following:
44

- a) Managing assaultive behavior and limited use of seclusion and restraints per WAC and medical/ethical standards.
- b) Nursing assessment review requirements for all licensed nurses.
- c) Individual civil rights and ITA due process procedures.
- d) Confidentiality of records/information.
- e) Notification requirements.

j. DMHP

Skagit DMHPs will be responsible for the following in comport with NSMHA Policy and Procedure:

- i. Screening decisions concerning whether a person should be excluded from the facility as a Level III sex offender, an offender with mental illness, or in need of medical treatment at another facility prior to admission.
- ii. Decisions on initial detention, provisional acceptance and admission at the E&T.
- iii. Decisions on commencement of 14-day petitions under RCW 71.05 with concurrence of Contractor.
- iv. Decisions on commencement of 90-day petitions under RCW 71.05 with the concurrence of Contractor.

k. Peer Counselors

Contractor shall hire the staffing sufficient to provide adequate coverage of peer support services at the E&T. Peer Counselors shall be integrated into the treatment team. Utilizing peer supports, individuals receiving services from the E&T will have an opportunity to learn alongside employees that have similar life experiences and are recovering from mental illness and/or have a history of trauma.

The E&T is an environment for individuals to discover their strengths and be supported in their transition into wellness. Within the context of mutually responsible relationships, and with the help, support and experiential knowledge of peer support staff, individuals can achieve wellness.

Contractor shall provide support, training and supervision of Peer Counselors.

Peer Counselors shall provide services that comport with WAC 388-865-877, 877A and include the following, as indicated:

- i. Participate in the admission/welcoming process;
- ii. Promote recovery, wellness and healthy lifestyle;
- iii. Reduce identifiable behavioral health and physical health risks;
- iv. Support the individual in building skills that enable whole health improvement;

- v. Providing health support and coaching interventions about daily health choices;
- vi. Participate in discharge planning;
- vii. Provide follow-up within three (3) days of discharge;
- viii. Conduct groups; and
- ix. Provide individual support on the development of a Wellness Recovery Action Plan (WRAP).

I. Discharge Planning

Contractor shall begin discharge planning within 24-hours of admission.

Engagement shall begin immediately with the identification of natural supports, community mental health provider, PCP and other resources beneficial to the individual's recovery. The discharge plan shall be strength-based, person-centered and goal driven.

Contractor shall ensure the following elements are addressed in the discharge plan:

- i. Safe housing;
- ii. Coordination with supports, natural, familial and community providers;
- iii. Risk assessment;
- iv. WRAP; and
- v. Scheduled appointments.

m. Restraint Monitoring/Usage

Contractor shall assess the usage of restraints and work with Recovery Innovations or any subsequent consultant NSMHA and Contractor decide upon, to explore the development of a culture in the E&T that is "no force" and trauma-informed.

1 **C. COMPLIANCE STANDARDS**

2 Contractor shall be responsible for:

- 3
- 4 1. Establishing and maintaining good standing in certification or licensure. The RTF shall be
5 certified as an E&T (Involuntary Component) by DSHS/DBHR and any other state required
6 certification or licensure. Contractor shall comply with and meet all state and local health,
7 fire and safety codes and regulations.
- 8 2. Having clinical records in accordance with WAC requirements and NSMHA policy.
- 9 3. Complying with all notification requirements of RCW 71.05 and in developing procedures to
10 trigger adequate notification to identified persons and law enforcement to include
11 appropriate records disclosure.
- 12 4. Establishing and maintaining ongoing working relationships with all elements of NSMHA
13 involuntary/voluntary mental health treatment/crisis system for the purpose of facilitating
14 the admission and discharge of individuals, problem solving and systems development
15 activities. In addition, Contractor shall be involved in the following Skagit County
16 Community efforts:
- 17
- 18 a. Participation on the Skagit County Local Oversight Committee, and NSMHA
19 Integrated Crisis Response Services (ICRS).
- 20 b. Collaboration with local law enforcement, Police Departments, Skagit County
21 Sheriff's and local Fire Department.
- 22
- 23 5. Identifying and tracking individuals with a high utilization of E&T services and work with
24 NSMHA on interventions to reduce usage and identify LRAs.
- 25 6. Maintaining service agreements with DSHS, hospitals, DDA, law enforcement, outpatient
26 mental health providers and other community supports. Such agreements shall be updated
27 on an annual basis.
- 28

1 **D. PERFORMANCE STANDARDS**

2
3 **1. GENERAL OPERATING STANDARDS**

4 Contractor shall deliver recovery-oriented services which are non-stigmatizing, person-
5 centered and a harm reduction philosophy that will not re-traumatize the individual.
6

7 Contractor shall individually tailor services to each individual that address their
8 preferences and identified goals. The approach shall enable individuals to build healthy
9 relationships, encourage active involvement in their recovery, teach skills to make
10 improvements in functioning and better manage symptoms.
11

12 Contractor shall include NSMHA Performance Measures and Performance Improvement
13 Projects (PIP) in their Quality Management/Improvement Plan and submit reports in
14 accordance with Attachment IV.
15

16 Contractor must ensure plans or reports required by this Agreement, included in
17 Attachment IV - Deliverables, are provided to NSMHA in compliance with the timelines
18 and formats indicated.
19

20 Contractor shall participate in NSMHA and DBHR offered training, consultation and
21 program development when requested.
22

23 Contractor shall collaboratively participate in NSMHA’s regional coordination meetings,
24 which currently include NSMHA ICRS and Inpatient Committee meetings and its
25 subcommittees and workgroups as necessary.
26

27 Contractor shall encourage Dignity and Respect in the services provided at the E&T.
28

29 Contractor must ensure staff is familiar with the SAMHSA 10 Components of Recovery as
30 outlined in Attachment VII.
31

32 Contractor shall first obtain written consent from an individual in the event his/her picture
33 or personal story will be used.
34

35 **2. PERSON-CENTERED PLANNING**

36 Individualized treatment planning shall be developed in collaboration with the individual
37 and the family or guardian, if any, when appropriate. The individual’s participation in the
38 development of the plan must be documented.
39

40 **3. CO-OCCURRING DISORDER SCREENING AND ASSESSMENT**

41 Contractor must maintain the implementation of the integrated, comprehensive screening
42 and assessment process for chemical dependency (CD) and mental disorders as required
43 by RCW 70.96C. Failure to maintain the screening and assessment process will result in
44 remedial actions up to and including financial penalties as described in the Remedial
45 Actions section of this Agreement.
46

47 DBHR provided Global Appraisal of Individual Needs – Short Screener (GAIN-SS) during:

- a. All new intakes.
- b. The provision of each crisis episode of care including ITA investigations services, except when:
 - i. Service results in a referral for an intake assessment.
 - ii. Service results in an involuntary detention under RCW 71.05 or 71.34.
 - iii. Contact is by telephone only.
 - iv. Professional conducting the crisis intervention or ITA investigation has information the individual completed a GAIN-SS screening within the previous 12 months.

4. CROSS-SYSTEM WORKING RELATIONSHIPS

Contractor must comply with NSMHA’s working agreements with allied systems, including Western State Hospital (WSH), Aging and Long-Term Support Administration (AL TSA), Healthy Options Plans, Department of Vocational Rehabilitation (DVR) and the Criminal Justice System. The working agreements are intended to enable coordination of services and appropriate care for participants.

Contractor shall comply with published directives from DBHR when NSMHA, Contractor, or their subcontractors are unable to resolve local disputes with other service systems (Healthy Options, other DSHS administrations as provided by DBHR) regarding service or cost responsibilities.

5. INDIVIDUAL AND FAMILY VOICE

Contractor must ensure all individuals have voice in developing individualized treatment plans, advance directives and crisis plans. At a minimum, treatment goals must be written in the words of the individual and documentation must be included in the clinical record describing how the individual sees their progress. Contractor must be able to demonstrate how this requirement is implemented and monitored.

6. COMPLAINT, GRIEVANCE, APPEAL and FAIR HEARING PROCEDURES

Contractor must implement complaint, grievance, appeal and fair hearing processes that are in conformance with NSMHA policies and procedures.

Contractor and its subcontractors shall abide by NSMHA complaint, grievance, appeal and fair hearing determinations. Contractor shall be responsible for paying 100% of all Medical Director and/or Attorney fees incurred by NSMHA when an individual goes directly to a fair hearing without utilizing NSMHA's grievance processes and when the ruling favors the individual, in accordance with NSMHA policies and procedures. In addition, Contractor shall:

- a. Implement a Grievance process that complies with 42 CFR §438.400 or any successors;

- b. Coordinate with NSMHA grievance process and Ombuds Services;
- c. Provide assistance to clients filing a grievance;
- d. Incorporate concerns from grievances into Contractor's services without identifying individual clients; and
- e. Submit grievance data to NSMHA in accordance with Attachment IV.

7. LOCAL RESPONSIVENESS AND COMMUNICATIONS

Contractor shall cooperate with NSMHA and the counties in the Service Area to provide a locally responsive delivery system. Contractor shall provide individuals referral sources, information and education about the referral process, service availability, service population, common symptoms of mental illness and shall post and make known individual rights and responsibilities including complaint, grievance, appeal and fair hearing procedures and the availability of North Sound Regional Ombuds services.

Contractor will maintain written policies and procedures in accordance with NSMHA policies on enrollee communications and ensure the provision of enrollee information complies with all requirements of 42 CFR §438.100, §438.6 (i)(30), or any successors and is provided in the following prevalent language: Spanish. Information on how to access the translated information must be provided prior to conducting the intake evaluation.

Contractor shall have written policy and procedures that comply with NSMHA's policies on consumer rights and address the following:

- a. Individual mental health rights applicable to non-Medicaid individuals as defined in WAC 388-865-0561, 0566, 0570, 0585, 877-0600, RCW 71.05.370, and 42 CFR §438.100 or their successors.
- b. Information about benefits and authorization requirements.
- c. Oral interpretation services provided free of charge to the individual.
- d. Information those written materials are available when requested in alternate formats. These materials must be available and easily understood by individuals.

Upon an enrollee's request:

- a. Identification of individual MHCP who are not accepting new enrollees.
- b. BHA licensure, certification and accreditation status.
- c. Information including, but is not limited to: education, licensure and Board certification and/or re-certification of MHPs and MHCPs.

8. CRITICAL INCIDENTS

Contractor and its subcontractors shall comply with NSMHA's Critical Incident Reporting Policy and Procedure and any successor regarding critical incidents.

1 **9. STAFF COMPETENCY AND TRAINING**

2 Contractor shall comply with NSMHA credentialing policies and procedures and shall
3 ensure all staff is qualified for the position they hold and have, at a minimum, the
4 education, experience and skills to perform their job requirements, per WAC 388-877-
5 0500, including any required licenses or certifications.

6
7 Contractor shall require a criminal history background check pursuant to RCW 43.43.830;
8 832; 834 and 43.20A.710 be completed for all current employees, volunteers and
9 subcontractors and a criminal history background check shall be initiated for all
10 prospective employees, volunteers and subcontractors who may have unsupervised
11 access to children, people with developmental disabilities, or vulnerable adults.
12

1 **E. CONTRACTOR RESPONSIBILITIES**

2 Contractor shall have responsibility for the performance of the following duties and
3 responsibilities. Contractor shall include Advisory Committee input into planning, access and
4 evaluation of services. Contractor shall be held fully responsible for the contractual obligations
5 and performance of this Agreement. In the performance of these functions, Contractor shall
6 maintain written documentation that verifies each specific responsibility under this section has
7 been performed.

8
9 Contractor shall demonstrate its performance of this function by the maintenance of written
10 records showing routine review and discussion of capacity issues by Contractor.

11
12 **1. FINANCIAL MANAGEMENT SERVICES**

13 In accordance with the general terms and conditions of this Agreement, Contractor shall
14 pay subcontractors monthly for contracted services meeting Contractor rational funding
15 formula. Contractor shall demonstrate its performance of this function by maintenance of
16 written records showing routine review and discussion of financial management issues by
17 Contractor members and staff.

18
19 **2. RESOURCE AND UTILIZATION MANAGEMENT ACTIVITIES**

20 Contractor shall conduct resource and utilization management activities as requested by
21 NSMHA to support NSMHA's resource and utilization management programs, after review
22 and discussion between Contractor and NSMHA to ensure such activities are reasonable
23 and cost-effective. Such activities will include planning and reporting in a manner that will
24 allow NSMHA to ensure its resource and over- and under-utilization management
25 obligations are met.

26
27 **3. DELIVERABLES, PLANS AND REPORTS**

28 Contractor must ensure plans or reports required by this Agreement, including those
29 outlined in Attachment IV, Deliverables, are provided to NSMHA in compliance with the
30 timelines and/or formats indicated.

31
32 Contractor shall send the following data by e-mail to NSMHA:

- 33
34 a. Daily number of admissions and discharges;
35 b. Midnight census (median);
36 c. Daily number of calming space (seclusion) and restraint events;
37 d. Monthly report on declined referrals with rationale, if the decline is due to medical
38 care, safety or security, the name of the E&T licensed independent practitioner
39 who declined the referral must be noted;
40 e. Monthly narrative on restraint events outside of normal range;
41 f. Monthly count and type of groups and number of participants;
42 g. Quarterly tracking of individuals with high utilization of E&T services; and
43 h. Number of readmissions within 30 days of discharge.
44

1 **4. MANAGEMENT INFORMATION SYSTEM**

2 Contractor shall ensure the existence and operation of an information system that is
3 compatible with NSMHA’s Consumer Information System (CIS) and has the capability to
4 transmit data timely and accurately. Contractor shall develop and maintain an
5 information system in comport with Exhibit C and Attachment XI, incorporated herein.

6
7 NSMHA will require Contractor to provide a Business Continuity and Disaster Recovery
8 Plan (BCDRP) that ensures timely reinstatement of the CIS following total loss of the primary
9 system or a substantial loss of functionality. Contractor must submit to NSMHA the most
10 recent version of the BCDRP within 30 calendar days of execution of this agreement and
11 within 30 calendar days of Contractor updating their BCDRP.

12
13 **5. NSMHA AND DBHR REVIEW ACTIVITIES**

14 Contractor shall ensure remedial actions required as a result of NSMHA/DBHR review
15 activities, as discussed in the Oversight, Remedies and Termination section, are reported
16 and acted upon by its members. This shall be demonstrated by written records
17 maintained by Contractor.

18
19 **6. BUSINESS ASSOCIATES AGREEMENT BETWEEN NSMHA AND CONTRACTOR**

20 Contractor shall abide by the provisions of NSMHA and Contractor Business Associates
21 Agreement, Attachment V.

1 **F. FINANCIAL TERMS AND CONDITIONS**

2
3 **1. GENERAL FISCAL ASSURANCES**

4 Contractor shall comply with all applicable laws and standards, including Generally
5 Accepted Accounting Principles and maintain, at a minimum, a financial management
6 system that is a viable, single, integrated system with sufficient sophistication and
7 capability to effectively and efficiently process, track and manage all fiscal matters and
8 transactions.
9

10 **2. FINANCIAL ACCOUNTING REQUIREMENTS**

11 Contractor shall:

- 12
- 13 a. Establish and maintain operating reserves at prudent levels sufficient to ensure
14 Contractor has the ability to pay for all expenses incurred during this Agreement
15 period, including those whose disposition occurs after the Agreement has been
16 terminated and to cover the risk of financial loss resulting in the event cost of
17 providing services pursuant to this Agreement exceeds the revenues derived
18 therefrom.
 - 19 b. Ensure all funds, including interest earned, provided pursuant to this Agreement
20 are used to support the services outlined in this Agreement.
 - 21 c. Produce annual audited financial statements and make such reports available to
22 NSMHA upon request.
23

24 **3. FINANCIAL REPORTING**

25 Contractor shall provide the following reports to NSMHA:

- 26
- 27 a. Within 15 days from the effective date of this Agreement, a program-specific
28 budget demonstrating to NSMHA's reasonable satisfaction, compliance with direct
29 service and indirect cost requirements.
 - 30 b. Report Contractor and subcontract revenue and expenditure information to
31 NSMHA on a biannual basis. Reports must comply with the provisions in the
32 Budget, Accounting and Reporting System (BARS) Supplemental Instructions for
33 Mental Health Services promulgated by the Washington State Auditor's Office.
34 Reports are due within 30 days of the quarter end (quarters ending in December
35 and June of each year).
 - 36 c. Contractor shall participate in DBHR Unit Cost Surveys and actuarial studies, when
37 required by DBHR, in accordance with Attachment III.
38

39 **4. RULES COMPLIANCE**

40 Contractor shall:

- 41
- 42 a. Ensure Medicaid enrollees are not held liable for any of the following:
43
 - 44 i. Insolvent community psychiatric hospitals with which the PIHP has directly
45 contracted. PIHPs are specifically exempt from the requirements of 42 CFR
46 §438 regarding solvency.

- 1 ii. Covered mental health services, including those purchased on behalf of the
- 2 enrollee.
- 3 iii. Covered mental health services provided to the enrollee for which:
- 4
- 5 a) The state does not pay Contractor.
- 6 b) Contractor does not pay MHCP or CMHA that furnishes the services
- 7 under a contract, referral, or other arrangement, to the extent those
- 8 payments are in excess of the amount the enrollee would owe if
- 9 Contractor provided the services directly.
- 10
- 11 b. Submit the amount spent throughout the Service Area on specific items at the
- 12 request of NSMHA, CMS, the legislature, or DSHS in the timeframe specified.
- 13 c. Limit administration costs incurred by Contractor and all subcontractors to no
- 14 more than 15% of the consideration provided under this contract in any state fiscal
- 15 year. Indirect costs include overhead and operating income not to exceed 15% of
- 16 allowable direct costs. Administration costs must be measured on a state fiscal
- 17 year basis according to the reported information submitted by Contractor in their
- 18 Revenue Certification, Attachment VIII, and reviewed by NSMHA.
- 19

20 **5. LIABILITY FOR PAYMENT AND THE PURSUIT OF THIRD PARTY REVENUE**

21 Contractor shall be responsible for developing financial processes enabling them to

22 reasonably ensure all third-party resources available to individuals are identified and

23 pursued in accordance with the reasonable collection practices, which Contractor applies

24 to all other payers for services covered under this Agreement. NSMHA shall actively

25 provide Contractor support in the pursuit of third-party payments for all services including

26 crisis services.

27

28 Contractor shall maintain necessary records to document all third-party resources and

29 report to NSMHA on a biennial quarterly basis or upon the reasonable request of NSMHA,

30 amount of such third-party resources collected for all service recipients during the

31 quarter, by source of payment.

32

33 **6. FINANCIAL PROVISIONS - REIMBURSEMENT REQUIREMENTS**

34 The consideration to be paid by NSMHA for the work to be provided by Contractor

35 pursuant to this Agreement shall consist of the available amount from primary funding

36 sources as described in this Agreement and Attachment IX.

37

- 38 a. Contractor shall be paid monthly on a capacity basis in accordance with
- 39 Attachment IX.
- 40 b. Contractor shall submit a program budget annually, in accordance with Attachment
- 41 IV.
- 42 c. Contractor shall submit encounter data per the MIS section.
- 43

44 The consideration by NSMHA to Contractor pursuant to this Agreement shall be paid

45 monthly within 15 working days of NSMHA's receipt of payment by DSHS/DBHR.

46

1 **7. FRAUD AND ABUSE**

2 Contractor shall develop and implement administrative and management procedures
3 designed to guard against fraud and abuse including:
4

- 5 a. Mandatory compliance plan;
- 6 b. Designation of a compliance officer or compliance committee accountable to
7 Contractor;
- 8 c. Effective ongoing training and education for compliance officer and Contractor;
- 9 d. Effective lines of communication between compliance officer, employees and
10 other providers in Contractor network;
- 11 e. Enforcement of standards through well-publicized disciplinary guidelines;
- 12 f. Provision of internal monitoring and auditing;
- 13 g. Provision for prompt response to detected offenses for development of corrective
14 action initiatives;
- 15 h. Participation by Contractor in Medicaid fraud and abuse training conducted by the
16 Washington State Attorney General’s Medicaid Fraud Unit; and
- 17 i. Written policies, procedures and standards of conduct articulating Contractor’s
18 commitment to comply with all applicable Federal and State standards.
19

20 Report fraud/abuse information to NSMHA as soon as it is discovered including: source of the
21 complaint, party complained against, nature of fraud or abuse complaint, approximate dollars
22 involved and legal and administrative disposition of the case.
23

24 Complaints and reports should be directed to NSMHA’s Compliance Officer listed below.
25

26 Compliance Officer
27 117 N 1st St., Ste. 8
28 Mt. Vernon, WA 98273
29 360.416.7013
30 1.800.684.3555
31 compliance_officer@nsmha.org
32

1 **G. OVERSIGHT, REMEDIES AND TERMINATION**

2
3 **1. OVERSIGHT AUTHORITY**

4 NSMHA, DSHS, Office of the State Auditor, the Department of Health and Human Services
5 (DHHS), CMS, the Comptroller General, or any of their duly-authorized representatives
6 (e.g., External Quality Review Organizations/Monitoring Authority), have the authority to
7 conduct announced and unannounced: a) surveys; b) audits; c) reviews of compliance
8 with fidelity standards, as well as, licensing and certification requirements and compliance
9 with this Agreement; d) audits regarding the quality, appropriateness and timeliness of
10 mental health services of Contractor; and e) audits and inspections of financial records of
11 Contractor. Contractor shall notify NSMHA when an entity other than NSMHA performs
12 any audit described above related to any activity contained in this Agreement.
13

14 In addition, NSMHA will conduct reviews in accordance with its oversight of resource,
15 utilization and quality management, as well as, ensuring Contractor has the clinical,
16 administrative and fiscal structures to enable them to perform in accordance with the
17 terms of the contract. Such reviews may include, but are not limited to, encounter data
18 validation, utilization reviews, clinical record reviews and reviews of administrative
19 structures, fiscal management and contract compliance. Reviews may include desk
20 reviews, requiring Contractor to submit requested information. NSMHA will also review
21 activities delegated under this contract to Contractor.
22

23 Contractor shall cooperate with and allow access to North Sound Regional Ombuds in
24 order to conduct surveys and review activities in accordance with the terms of this
25 contract and Attachment VI. Contractor shall cooperate with NSMHA in resolving any
26 disputes arising in the provision of Ombuds services.
27

28 Findings as a result of NSMHA conducted reviews may result in remedial action as outlined
29 below. Federal and State agencies may impose remedial action or financial penalties
30 either directly upon Contractor or through NSMHA. Contractor shall comply with the
31 terms of such remedial action and be responsible for the payment of financial penalties.
32

33 **2. REMEDIAL ACTION**

34 NSMHA may require Contractor to plan and execute corrective action. Corrective Action
35 Plans (CAP) developed by Contractor must be submitted for approval to NSMHA within 30
36 calendar days of notification. CAPs must be provided in a format acceptable to NSMHA.
37 NSMHA may extend or reduce the time allowed for corrective action depending upon the
38 nature of the situation as determined by NSMHA.
39

40 a. CAPs must include:

- 41
- 42 i. Brief description of the finding.
 - 43 ii. Specific actions to be taken, timetable, description of the monitoring to be
44 performed, steps taken and responsible individuals that will reflect the
45 resolution of the situation.
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- b. CAPs may:
 - Require modification of any policies or procedures by Contractor relating to the fulfillment of its obligations pursuant to this Agreement.
- c. CAPs are subject to approval by NSMHA, which may:
 - i. Accept the plan as submitted;
 - ii. Accept the plan with specified modifications;
 - iii. Request a modified plan; or
 - iv. Reject the plan.
- d. Contractor agrees NSMHA may initiate remedial action with or without a CAP as outlined in subsection below if NSMHA determines any of the following situations exist:
 - i. Problem exists that poses a threat to the health or safety of any person or poses a threat of property damage / incident has occurred that resulted in injury or death to any person / resulted in damage to property;
 - ii. Contractor has failed to perform any of the mental health services required in this Agreement, including delegated functions, which include failure to maintain the required capacity as specified by NSMHA to ensure individuals receive medically necessary services, *except*, no remedial action pursuant to subsection (e) hereof shall be taken if such failure to maintain required capacity is due to any interruption in, or depletion of, available amount of money to Contractor as described in this contract for purposes of performing services to enrollees as described in Section B of this contract; however, in such an instance, NSMHA may terminate all or part of this contract on as little as 30 days written notice.
 - iii. Contractor has failed to develop, produce/deliver to NSMHA any of the statements, reports, data, data corrections, accountings, claims/documentation described herein, in compliance with all the provisions of this Agreement;
 - iv. Contractor has failed to perform any administrative function required under this Agreement, including delegated functions. For the purposes of this section, "administrative function" is defined as any obligation other than the actual provision of mental health services;
 - v. Contractor has failed to implement corrective action required by the state and within NSMHA prescribed timeframes.
- e. NSMHA may impose any of the following remedial actions in response to findings of situations as outlined above:

- i. Withhold one percent of the next monthly payment and each monthly payment thereafter until the corrective action has achieved resolution. NSMHA, at its sole discretion, may return a portion or all of any payments withheld once satisfactory resolution has been achieved;
- ii. Compound withholdings identified above by an additional one-half of one percent for each successive month during which the remedial situation has not been resolved;
- iii. Revoke delegation of any function delegated under this contract;
- iv. Termination for Default, as outlined in this Agreement.

3. ADDITIONAL FINANCIAL PENALTIES – DBHR IMPOSED SANCTIONS

Financial penalties imposed by DBHR or other regulatory agency due to the action or inaction of Contractor may be paid by NSMHA on behalf of Contractor and amount will be withheld from NSMHA’s payments to Contractor.

4. TERMINATION DUE TO CHANGE IN FUNDING

In the event funding from the State is reduced, or limited in any way after the effective date of this Agreement and prior to its normal completion, either party may terminate this Agreement subject to re-negotiations.

5. TERMINATION FOR CONVENIENCE

Except, as otherwise provided in this Agreement, NSMHA may terminate this Agreement in whole or in part for convenience by giving Contractor at least 30 calendar days’ written notice. Contractor may terminate this Agreement for convenience by giving NSMHA at least 30 calendar days’ written notice addressed to NSMHA contact person (or to his/her successor) listed on the last page of this Agreement.

6. TERMINATION FOR DEFAULT

NSMHA’s Program Manager may terminate this Agreement for default, in whole or in part, by written notice to Contractor if NSMHA or DSHS has a reasonable basis to believe Contractor has or have:

- a. Failed to meet or maintain any requirement for contracting with DSHS.
- b. Failed to perform under any provision of this Agreement.
- c. Violated any law, regulation, rule, or ordinance applicable to the services provided under this Agreement; and/or
- d. Otherwise breached any provision or condition of this Agreement.

Before NSMHA’s Program Manager may terminate this Agreement for default, in whole or in part, NSMHA shall provide Contractor with written notice of Contractor and subcontractor’s non-compliance with this Agreement which notice shall provide Contractor a reasonable time period to correct its/their non-compliance. If Contractor has or have not corrected its/their non-compliance within the period of time specified in the written notice of non-compliance, NSMHA’s Program Manager may terminate this

1 Agreement in whole or in part for default without such written notice and without
2 opportunity for correction if NSMHA/DSHS has a reasonable basis to believe:

- 3
- 4 a. Contractor has violated any law, regulation, rule or ordinance applicable to services
5 provided under this agreement, or
 - 6 b. Continuance of this Agreement with Contractor poses a material risk of injury or
7 harm to any person.
- 8

9 Contractor may terminate this Agreement in whole or in part, by written notice to
10 NSMHA, if Contractor has a reasonable basis to believe NSMHA has:

- 11
- 12 a. Failed to meet or maintain any requirement for contracting with Contractor;
 - 13 b. Failed to perform under any provision of this Agreement;
 - 14 c. Violated any law, regulation, rule, or ordinance applicable to work performed
15 under this Agreement; and/or
 - 16 d. Otherwise breached any provision or condition of this Agreement.
- 17

18 **7. TERMINATION PROCEDURE**

19 The following provisions shall survive and be binding on the parties in the event this
20 Agreement is terminated:

- 21
- 22 a. Contractor and any applicable subcontractors shall cease to perform any services
23 required by this Agreement as of the effective date of termination and shall comply
24 with all reasonable instructions contained in the notice of termination which are
25 related to the transfer of clients, distribution of property and termination of
26 services. Each party shall be responsible only for its performance in accordance
27 with the terms of this Agreement rendered prior to the effective date of
28 termination. Contractor and any applicable subcontractors shall assist in the
29 orderly transfer/transition of the individuals served under this Agreement.
30 Contractor and any applicable subcontractors shall promptly supply all information
31 necessary for the reimbursement of any outstanding Medicaid claims.
 - 32 b. Contractor and any applicable subcontractors shall immediately deliver to
33 NSMHA's Program Manager or to his/her successor, all DSHS and NSMHA assets
34 (property) in Contractor and any applicable subcontractors' possession and any
35 property produced under this Agreement. Contractor and any applicable
36 subcontractors' grants NSMHA and DSHS the right to enter upon Contractor and
37 any applicable subcontractors' premises for the sole purpose of recovering any
38 NSMHA or DSHS property Contractor and any applicable subcontractors' fail to
39 return within 10 working days of termination of this Agreement. Upon failure to
40 return NSMHA/DSHS property within 10 working days of the termination of this
41 Agreement, Contractor and any applicable subcontractors' shall be charged with all
42 reasonable costs of recovery, including transportation and attorney's fees.
43 Contractor and any applicable subcontractors' shall protect and preserve any

1 property of NSMHA/DSHS in the possession of Contractor and any applicable
2 subcontractors' pending return to NSMHA/DSHS.
3 c. NSMHA shall be liable for and shall pay for only those services authorized and
4 provided through the date of termination. NSMHA may pay an amount agreed to
5 by the parties for partially completed work and services, if work products are
6 useful to or usable by NSMHA.

1 **H. GENERAL TERMS AND CONDITIONS FOR CONTRACTOR/BHAs/SUBCONTRACTORS**

2
3 **1. BACKGROUND**

4 NSMHA is an entity formed by inter-local agreement between Island, San Juan, Skagit,
5 Snohomish and Whatcom Counties (Service Area) each a county authority recognized by
6 the Secretary of DSHS (Secretary). These counties entered into an inter-local agreement
7 to allow NSMHA to contract with the Secretary pursuant to RCW 71.24.025(13), to operate
8 a single managed system of services for persons with mental illness living in the Service
9 Area. NSMHA is party to an inter-agency agreement with the Secretary, pursuant to which
10 NSMHA has agreed to provide integrated community support, crisis response and
11 inpatient management services to people needing such services in its Service Area.
12 NSMHA, through this Agreement, is subcontracting with Contractor for the provision of
13 specific mental health services as required by the agreement with the Secretary.
14 Contractor, by signing this Agreement, attests they are willing and able to provide such
15 services in the Service Area.
16

17 **2. MUTUAL COMMITMENTS**

18 The parties to this Agreement are mutually committed to the development of an efficient,
19 cost effective, integrated, person-centered, age specific recovery and resilience model
20 approach to the delivery of quality community mental health services. To that end, the
21 parties are mutually committed to maximizing the availability of resources to provide
22 needed mental health services in the Service Area, maximizing the portion of those
23 resources used for the provision of direct services and minimizing duplication of effort.
24

25 **3. ASSIGNMENT**

26 Except as otherwise provided within this Agreement, this Agreement may not be assigned,
27 delegated, or transferred by Contractor without the express written consent of NSMHA
28 and any attempt to transfer or assign this Agreement without such consent shall be void.
29 The terms “assigned”, “delegated”, or “transferred” shall include change of business
30 structure to a limited liability company of any Contractor and CBHA.
31

32 **4. AUTHORITY**

33 Concurrent with the execution of this Agreement, Contractor shall furnish NSMHA with a
34 copy of the explicit written authorization of their governing bodies to enter into this
35 Agreement and accept the financial risk and responsibility to carry out all terms of this
36 Agreement including the ability to pay for all expenses incurred during the contract
37 period. Likewise, concurrent with the execution of this Agreement, NSMHA shall furnish
38 Contractor with a written copy of the motion, resolution, or ordinance passed by NSMHA’s
39 Board of Directors authorizing NSMHA to execute this Agreement.
40

1 **5. COMPLIANCE WITH APPLICABLE LAWS, REGULATIONS AND OPERATIONAL POLICIES**

2 Contractor and their subcontractors shall comply with all applicable federal and state
3 statutes, regulations and operational policies whether or not a specific citation is
4 identified in various sections of this Agreement and all amendments thereto that are in
5 effect when the Agreement is signed or that come into effect during the term of the
6 Agreement which may include, but are not limited to, the following:
7

- 8 a. Title XIX and Title XXI of the Social Security Act and Title 42 CFR.
9 b. All applicable Office of the Insurance Commissioner (OIC) statutes and regulations.
10 c. All local, State and Federal professional and facility licensing and certification
11 requirements/standards applying to services performed under the terms of this
12 Agreement.
13 d. All applicable standards, orders, or requirements issued under Section 306 of the
14 Clean Air Act (42 US 1857(h)), Section 508 of the Clean Water Act (33 US 1368),
15 Executive Order 11738 and Environmental Protection Agency (EPA) regulations (40
16 CFR Part 15), which prohibit the use of facilities included on the EPA List of
17 Violating Facilities. Any violations shall be reported to DSHS, DHHS, and EPA.
18 e. Any applicable mandatory standards and policies relating to energy efficiency,
19 which are contained in the State Energy Conservation Plan, issued in compliance
20 with the Federal Energy Policy and Conservation Act.
21 f. Those specified for laboratory services in the Clinical Laboratory Improvement
22 Amendments (CLIA).
23 g. Those specified in Title 18 RCW for professional licensing.
24 h. Reporting of abuse as required by RCW 26.44.030.
25 i. Industrial insurance coverage as required by Title 51 RCW.
26 j. RCW 38.52, 70.02, 71.05, 71.24, and 71.34.
27 k. WAC 388-865, 388-877 and 877A.
28 l. 42 CFR 438, including 438.58 (conflict of interest) and 438.106 (physician incentive
29 plans).
30 m. The State of Washington Medicaid State Plan and the 1915(b) Medicaid Mental
31 Health Waiver or their successors, which documents are incorporated by
32 reference.
33 n. DBHR Quality Strategy.
34 o. The State of Washington mental health system mission statement, value statement
35 and the guiding principles for the system, attached hereto as Exhibit D.
36 p. The State Medicaid Manual (SMM), Office of Management and Budget (OMB)
37 Circulars, BARS Manual and BARS Supplemental Mental Health Instructions.
38 q. Any applicable federal and state laws pertaining to Medicaid enrollee or individual
39 rights. Contractor shall ensure their staff takes those rights into account when
40 furnishing services to individuals.
41 r. DSHS Administrative policies, to the extent they are applicable to this contract,
42 which are attached as Exhibits F, G and H.
43 s. 42 USC 1320a-7 and 1320a-7b (Section 1128 and 1128 (b) of the Social Security
44 Act), which prohibits making payments directly or indirectly to physicians or other

1 providers as an inducement to reduce or limit mental health services provided to
2 individuals.

- 3 t. Any policies and procedures developed by DSHS/Health Care Authority for
4 compliance with WAC 182-519-0110, which governs spenddown of client assets.
- 5 u. Contractor must comply with 42-USC 1396u-2 and must not knowingly have a
6 director, officer, partner, or person with a beneficial ownership of more than 5% of
7 Contractor or subcontractor's equity or an employee, Contractor, or consultant
8 who is significant or material to the provision of services under this Agreement,
9 who has been or is affiliated with someone who has been, debarred, suspended, or
10 otherwise excluded by any federal agency.
- 11 v. Federal and State non-discrimination laws and regulations.
- 12 w. HIPAA, 45 CFR parts 160-164.
- 13 x. DBHR-CIS Data Dictionary and its successors.

14
15 If Contractor is in violation of a federal law or regulation and Federal Financial
16 Participation is recouped, Contractor shall reimburse the federal amount to NSMHA within
17 20 days of recoupment.

18
19 Upon notification from DSHS, NSMHA shall notify Contractor in writing of
20 changes/modifications in CMS policies and DSHS/DBHR contract requirement changes.

21
22 **6. COMPLIANCE WITH NSMHA OPERATIONAL POLICIES**

23 Contractor shall comply with all NSMHA operational policies that pertain to the delivery of
24 services under this Agreement that are in effect when the Agreement is signed or that
25 come into effect during the term of the Agreement. NSMHA policies shall not exceed that
26 required to implement Federal and state requirements or to continuous quality
27 improvement efforts determined by the Integrated Quality Management Process as
28 approved by the Board of Directors. All proposed new policies shall specifically reference
29 the Federal or state requirements they are implementing and shall be limited only to such
30 requirements. NSMHA shall notify Contractor of any proposed change in Federal or state
31 requirements affecting this agreement immediately upon NSMHA receiving knowledge of
32 such change. Such policies shall include:

- 33
34 a. NSMHA Core Values and Principles, attached hereto as Attachment I provide a
35 framework of principles for the regional system and Contractor shall take these
36 principles into account when providing services under this Agreement.
- 37 b. Contractor must recognize the unique social/legal status of Indian nations as
38 required by both the Supremacy and the Indian Commerce Clauses of the United
39 States Constitution; federal treaties; executive orders; Indian Citizens Act of 1924
40 statutes; and state and federal court decisions; or any Memorandum of Agreement
41 or Understanding signed by the State of Washington and a federally recognized
42 tribe of recognized organization; shall maintain compliance with Exhibit G, DSHS
43 Admin. Policy No. 7.01 American Indian Policy, or any successor, pursuant to the
44 Centennial Accord between the Washington State government and the

1 Washington Tribes; and maintain compliance with NSMHA 7.01 Plan, or any
2 successor (Attachment II).

- 3 c. NSMHA’s Quality Strategy Plan.
- 4 d. NSMHA clinical policies and procedures, including crisis services policies.
- 5 e. NSMHA medical records documentation and data reporting policies and
6 procedures.
- 7 f. NSMHA quality management policies and procedures.
- 8 g. NSMHA individual rights policies and procedures, including complaint, grievance,
9 fair hearing and appeal policies.
- 10 h. Any other policies designated by NSMHA as applicable to Contractor.

11
12 Along with all NSMHA stakeholders, Contractor will be included in the process for
13 developing relevant operational policies and procedures. NSMHA’s policies and
14 procedures are posted on NSMHA’s website. NSMHA shall notify Contractor of new and
15 revised policies through its numbered memoranda. Training will be provided on policies
16 that impact providers, upon request.

17
18 In the event there is disagreement between NSMHA and Contractor in an operational
19 committee regarding a proposed new policy or modification to a current policy, the
20 following process will apply. NSMHA will provide a summary of the regulatory
21 requirement or other rationale for the proposed policy or policy modification. Contractor
22 will provide an analysis of its objection to the proposed policy or policy modification
23 within 30 days from the receipt of NSMHA’s summary. If the objection is primarily due to
24 increased cost, Contractor will provide substantiation of the additional costs and, if
25 possible, an alternative to achieving the policy goal in a less costly manner. The proposed
26 policy or policy modification will be discussed at the next meeting of the Provider Chief
27 Executive Officers/Executive Directors. If resolution is not obtained, the proposed policy
28 or policy modification will be discussed at the next QMOC meeting. If resolution is not
29 obtained, the proposed policy or policy modification will be discussed at the next
30 NSMHA’s Board of Director’s meeting.

31
32 NSMHA will make best efforts to maintain currency of policies with applicable federal or
33 state law, regulation or policy. In the event of a conflict, federal or state laws, regulations
34 or policies supersede NSMHA policies and procedures.

35
36 **7. CONFIDENTIALITY OF PERSONAL INFORMATION**

37 Contractor shall protect all Personal Information, records, and data from unauthorized
38 disclosure in accordance with 42 CFR §431.300 through §431.307, RCWs 70.02, 71.05,
39 71.34, and for individuals receiving substance abuse services, in accordance with 42 CFR
40 Part 2 and RCW 70.96A. The CONTRACTOR shall have a process in place to ensure that all
41 components of its provider network and system understand and comply with
42 confidentiality requirements for publicly funded mental health services. Pursuant to 42
43 CFR §431.301 and §431.302, personal information concerning applicants and recipients

1 may be disclosed for purposes directly connected with the administration of this
2 Agreement and the State Medicaid Plan. Such purposes include, but are not limited to:

- 3 a. Establishing eligibility.
- 4 b. Determining the amount of medical assistance.
- 5 c. Providing services for recipients.
- 6 d. Conducting or assisting in investigation, prosecution, or civil or criminal proceeding
7 related to the administration of the plan.
- 8 e. Assuring compliance with Federal and State laws, regulations, with terms and
9 requirements of this Agreement.
- 10 f. Improving quality.

11
12 Contractor shall comply with all confidentiality requirements of the Health Insurance
13 Portability and Accountability Act (45 CFR 160 and 164).

14
15 CONTRACTOR shall have a process in place to ensure that all components of its Behavioral
16 Health Agency (BHA) and system understand and comply with confidentiality
17 requirements for publicly funded mental health services.

18 Contractor shall ensure that access to the information is restricted to persons or agency
19 representatives who are subject to standards of confidentiality that are comparable to
20 those of NSMHA and DSHS.

21
22 The parties acknowledge that coordination, planning, screening, and referral require the
23 sharing of information among the various treatment providers. Disclosure of information
24 to verify eligibility, determine the amount of assistance, and to provide medically
25 necessary mental health services are all "purposes directly connected with the
26 administration of the Agreement", and are all appropriate justifications for sharing
27 information.

28
29 Contractor shall assure that all staff and subcontractors providing services under this
30 Agreement receive annual training on confidentiality policies and procedures. In addition,
31 Contractor shall assure that all staff and subcontractors providing services under this
32 Agreement sign an annual Oath of Confidentiality statement. Signed copies of the Oath of
33 Confidentiality shall be kept in Contractor and subcontractor's personnel files.

34 35 **8. CONTRACT PERFORMANCE/ENFORCEMENT**

36 NSMHA shall be vested with the rights of a third party beneficiary, including the "cut
37 through" right to enforce performance should Contractor be unwilling or unable to
38 enforce action on the part of its subcontractor(s). In the event that Contractor dissolves or
39 otherwise discontinues operations, NSMHA may, at its sole option, assume the right to
40 enforce the terms and conditions of this Agreement directly with subcontractor.

41 Contractor shall include this clause in their contracts with their subcontractors. In the
42 event of the dissolution of Contractor, NSMHA's rights in indemnification shall survive.

1 **9. COOPERATION**

2 The parties to this Agreement shall cooperate in good faith to effectuate the terms and
3 conditions of this Agreement.
4

5 **10. DEBARMENT CERTIFICATION**

6 Contractor certifies that they are not presently debarred, suspended, proposed for
7 debarment, declared ineligible, or voluntarily excluded from participating in this
8 Agreement by any federal or state department or agency. If requested by DSHS or
9 NSMHA, Contractor shall complete a Certification Regarding Debarment, Suspension,
10 Ineligibility, and Voluntary Exclusion. Any Certification Regarding Debarment, Suspension,
11 Ineligibility, and Voluntary Exclusion pertaining to this Agreement shall be incorporated
12 into this Agreement by reference.
13

14 **11. EXCLUDED PARTIES**

15 Contractor is prohibited from paying with funds received under this Contract for goods
16 and services furnished, ordered or prescribed by excluded individuals and entities (Social
17 Security Act (SSA) section 1903(i)(2) of the Act; 42 CFR 455.104, 42 CFR 455.106, and 42
18 CFR 1001.1901(b)). Contractor shall:
19

20 Monitor for excluded individuals and entities as outlined in Exhibit E and by:

- 21 a. Screening Contractor and subcontractor’s employees and individuals and entities
22 with an ownership or control interest for excluded individuals and entities prior to
23 entering into a contractual or other relationship where the individual or entity
24 would benefit directly or indirectly from funds received under this Contract.
- 25 b. Screening monthly newly added Contractor and subcontractor’s employees and
26 individuals and entities with an ownership or control interest for excluded
27 individuals and entities that would benefit directly or indirectly from funds
28 received under this Contract.
- 29 c. Screening monthly Contractor and subcontractor’s employees and individuals and
30 entities with an ownership or control interest that would benefit from funds
31 received under this Contract for newly added excluded individuals and entities.
32
33

34 Report to NSMHA:

- 35 a. Any excluded individuals and entities discovered in the screening within 10
36 business days.
- 37 b. Any payments made by Contractor that directly or indirectly benefit excluded
38 individuals and entities and the recovery of such payments.
- 39 c. Any actions taken by Contractor to terminate relationships with Contractor and
40 subcontractor’s employees and individuals with an ownership or control interest
41 discovered in the screening.
- 42 d. Any Contractor and subcontractor’s employees and individuals with an ownership
43 or control interest convicted of any criminal or civil offense described in SSA
44 section 1128. within 10 business days of Contractor becoming aware of the
45 conviction.
- 46 e. Any subcontractor terminated for cause within 10 business days of the effective
47

1 date of termination to include full details of the reason for termination.

- 2 f. Any Contractor and subcontractor's individuals and entities with an ownership or
3 control interest (Attachment XII).

4
5 Contractor must provide a list with details of ownership and control no later than August
6 15, 2015, and keep that list up-to-date thereafter.

7
8 Contractor will not make any payments for goods or services that directly or indirectly
9 benefit any excluded individual or entity. Contractor will immediately recover any
10 payments for goods and services that benefit excluded individuals and entities that it
11 discovers.

12
13 Contractor will immediately terminate any employment, contractual, and control
14 relationships with an excluded individual and entity that it discovers.

15
16 Civil monetary penalties may be imposed against Contractor if it employs or enters into a
17 contract with an excluded individual or entity to provide goods or services to enrollees.
18 (SSA section 1128A (a) (6) and 42 CFR 1003.102(a) (2))

19
20 An individual or entity is considered to have an ownership or control interest if they have
21 direct or indirect ownership of 5 percent or more, or are a managing employee (e.g., a
22 general manager, business manager, administrator, or director) who exercises operational
23 or managerial control, or who directly or indirectly conducts day-to-day operations (SSA
24 section 1126(b), 42 CFR 455.104(a), and 42 CFR 1001.1001(a)(1)).

25
26 In addition, if NSMHA/DSHS notifies Contractor that an individual or entity is excluded
27 from participation by DSHS in RSN's, Contractor shall terminate all beneficial, employment
28 and contractual, and control relationships with the excluded individual or entity
29 immediately (WAC 388-/877-0500).

30
31 The list of excluded individuals will be found at:

32 <http://www.oig.hhs.gov/fraud/exclusions.asp>

33
34 SSA section 1128 will be found at:

35 http://www.ssa.gov/OP_Home/ssact/title11/1128.htm

36
37 **12. DECLARATION THAT CLIENTS UNDER THE MEDICAID AND OTHER MENTAL HEALTH
38 PROGRAMS ARE NOT THIRD-PARTY BENEFICIARIES UNDER THIS CONTRACT**

39 Although NSMHA, Contractor, and subcontractors mutually recognize that services under
40 this Agreement may be provided by Contractor and subcontractors to clients under the
41 Medicaid program, RCW 71.05 and 71.34, and the Community Mental Health Services Act,
42 RCW 71.24, it is not the intention of either NSMHA or Contractor, that such individuals, or
43 any other persons, occupy the position of intended third-party beneficiaries of the
44 obligations assumed by either party to this Agreement.

1 **13. EXECUTION, AMENDMENT, AND WAIVER**

2 This Agreement shall be binding on all parties only upon signature by authorized
3 representatives of each party. This Agreement, or any provision, may be amended during
4 the contract period, if circumstances warrant, by a written amendment executed by all
5 relevant parties. Only NSMHA Program Administrator or NSMHA Program Administrator's
6 designee has authority to waive any provision of this Agreement on behalf of NSMHA.
7

8 **14. HEADINGS AND CAPTIONS**

9 The headings and captions used in this Agreement are for reference and convenience only,
10 and in no way define, limit, or decide the scope or intent of any provisions or sections of
11 this Agreement.
12

13 **15. INDEMNIFICATION**

14 Contractor shall be responsible for and shall indemnify and hold NSMHA harmless
15 (including all costs and attorney fees) from all claims for personal injury, property damage
16 and disclosure of confidential information, including claims against NSMHA for the
17 negligent hiring, retention and/or supervision of the Contractor and from the imposition
18 of governmental fines or penalties resulting from the acts or omissions of Contractor
19 related to the performance of this contract. NSMHA shall be responsible and shall
20 indemnify and hold Contractor harmless (including all costs and attorney fees) from all
21 claims for personal injury, property damage and disclosure of confidential information and
22 from the imposition of governmental fines or penalties resulting from the acts or
23 omissions of NSMHA. Except to the extent caused by the gross negligence and/or willful
24 misconduct of NSMHA, Contractor, shall indemnify and hold NSMHA harmless from any
25 claims made by non-participating BHAs related to the provision of services under this
26 Agreement.
27

28 **16. INDEPENDENT CONTRACTOR FOR NSMHA**

29 The parties intend that an independent Contractor relationship be created by this
30 contract. Contractor acknowledges that Contractor is not officers, employees, or agents of
31 NSMHA. Contractor shall not hold Contractor or any of Contractors' employees out as,
32 nor claim status as, officers, employees, or agents of NSMHA. Contractor shall not claim
33 for Contractor or Contractor's employees any rights, privileges, or benefits, which would
34 accrue to an employee of NSMHA. Contractor shall indemnify and hold NSMHA harmless
35 from all obligations to pay or withhold Federal or State taxes or contributions on behalf of
36 Contractor or Contractor's employees unless specified in this Agreement.
37

38 **17. INSURANCE**

39 NSMHA certifies it is a member of Washington Government Risk Pool for all exposure to
40 tort liability, general liability, property damage liability, and vehicle liability, if applicable,
41 as provided by RCW 43.19.
42

1 Contractor shall maintain Commercial General Liability Insurance (CGL). If Contractor is
2 not a member of a risk pool, Contractor shall carry CGL to include coverage for bodily
3 injury, property damage, and contractual liability, with the following minimum limits: Each
4 Occurrence - \$1,000,000; General Aggregate - \$2,000,000; shall include liability arising out
5 of premises, operations, independent Contractor's, personal injury, advertising injury, and
6 liability assumed under an insured contract.
7

8 In addition, Contractor shall provide Professional Liability insurance for all activities and
9 services under this Agreement in the amount of \$2,000,000.
10

11 Contractor shall provide evidence of such insurance to NSMHA within 15 days of execution
12 of this Agreement and 15 days post renewal date thereafter. All non-risk pool policies
13 shall name NSMHA as a covered entity under said policy(s).
14

15 **18. INTEGRATION**

16 This Agreement, including Exhibits and Attachments contains all the terms and conditions
17 agreed upon by the parties. No other understandings, oral or otherwise, regarding the
18 subject matter of this Agreement shall be deemed to exist or to bind any of the parties
19 hereto.
20

21 **19. MAINTENANCE OF RECORDS**

22 During the term of this Agreement and for six (6) years following termination or expiration
23 of this Agreement, if any audit, claim, litigation, or other legal action involving the records
24 is started before expiration of the six year period, the records shall be maintained until
25 completion and resolution of all issues arising there from or until the end of the six year
26 period, whichever is later. Contractor shall maintain records sufficient to:
27

- 28 a. Maintain the content of all Medical Records in a manner consistent with utilization
29 control requirements of 42 CFR 456, 42 CFR 434.34 (a), 42 CFR 456.111, and 42 CFR
30 456.211.
- 31 b. Document performance of all acts required by law, regulation, or this Agreement.
- 32 c. Substantiate Contractor statement of their organizations' structures, tax status,
33 capabilities, and performance.
- 34 d. Demonstrate accounting procedures, practices, and records, which sufficiently and
35 properly document Contractor invoices to NSMHA and all expenditures made by
36 Contractor to perform as required by this Agreement.
- 37 e. Contractor shall cooperate in all reviews, including but not limited to, surveys, and
38 research conducted by NSMHA, DSHS or other Washington State Departments.
- 39 f. Evaluations shall be done by inspection or other means to measure quality,
40 appropriateness, and timeliness of services performed under this Agreement, and
41 to determine whether Contractor are providing service to individuals in
42 accordance with the requirements set forth in this Agreement and applicable state
43 and federal regulations as existing or hereafter amended.
44

1 **20. NO WAIVER OF RIGHTS**

2 A failure by either party to exercise its rights under this Agreement shall not preclude that
3 party from subsequent exercise of such rights and shall not constitute a waiver of any
4 other rights under this Agreement unless stated to be such in a writing signed by an
5 authorized representative of the party and attached to the original Agreement.
6

7 Waiver of any breach of any provision of this Agreement shall not be deemed to be a
8 waiver of any subsequent breach and shall not be construed to be a modification of the
9 terms and conditions of this Agreement.
10

11 **21. ONGOING SERVICES**

12 Contractor shall ensure that in the event of labor disputes or job actions, including work
13 slowdowns, so called "sick outs", or other activities, within its service CMHA network,
14 uninterrupted services shall be available as required by the terms of this Agreement.
15

16 **22. ORDER OF PRECEDENCE**

17 In the event of an inconsistency in the terms of this Agreement, or any inconsistency
18 between the terms of this Agreement and any applicable statute, rule or contract, unless
19 otherwise provided herein, the conflict shall be resolved by giving precedence in the
20 following order, to:
21

- 22 a. State statutes and regulations concerning the operation of the community mental
23 health programs.
- 24 b. Other applicable Federal, State, or local law.
- 25 c. NSMHA-DSHS agreement, or its successors, that covers the provision of the mental
26 health services covered under this Agreement, which shall include any exhibit,
27 document, or material incorporated by reference.
- 28 d. This Agreement.
29

30 **23. OVERPAYMENTS**

31 In the event Contractor fail to comply with any of the terms and conditions of this
32 Agreement and that failure results in an overpayment, NSMHA may recover the amount
33 due DSHS, CMS or other federal or state agency, subject to dispute resolution as set forth
34 in the contract. In the case of overpayment, Contractor shall cooperate in the recoupment
35 process and return to NSMHA the amount due upon demand.
36

37 **24. OWNERSHIP OF MATERIALS**

38 Materials created by Contractor and paid for by NSMHA as a part of this Agreement shall
39 be owned by NSMHA and shall be, "works for hire" as defined by the U.S. Copyright Act of
40 1976. This material includes but is not limited to: books, computer programs, documents,
41 films, pamphlets, reports, sound reproductions, studies, surveys, tapes, and/or training
42 materials. Material which Contractor uses to perform this Agreement, but which is not
43 created for or paid for by NSMHA, is owned by Contractor; however, NSMHA and DSHS
44 shall have a perpetual license to use this material for DSHS internal purposes at no charge
45 to DSHS.
46

1 **25. PERFORMANCE**

2 Contractor shall furnish the necessary personnel, materials, and/or mental health services
3 and otherwise do all things for, or incidental to, the performance of the work set forth
4 here and as attached. Unless specifically stated, Contractor is responsible for performing
5 or ensuring all fiscal and program responsibilities required in this contract. No subcontract
6 will terminate the legal responsibility of Contractor to perform the terms of this
7 Agreement.
8

9 **26. RESOLUTION OF DISPUTES**

10 The parties wish to provide for prompt, efficient, final, and binding resolution of disputes
11 and controversies that may arise under this Agreement and therefore establish this
12 dispute resolution procedure. All claims, disputes, and other matters in question between
13 the parties arising out of, or relating to, this Agreement shall be resolved exclusively by the
14 following dispute resolution procedure unless the parties mutually agree in writing
15 otherwise:
16

- 17 a. The parties shall use their best efforts to resolve issues prior to giving written
18 Notice of Dispute.
- 19 b. Within 10 working days of receipt of the written Notice of Dispute, the parties (or a
20 designated representative) shall together or, if both parties agree, with a mediator
21 meet, confer, and attempt to resolve the claim.
- 22 c. The terms of the resolution of all claims concluded in meetings shall be
23 memorialized in writing and signed by each party.
24

25 **Arbitration:** If the claim is not resolved within 30 days, the parties shall proceed to
26 arbitration as follows:
27

- 28 a. Demand for arbitration shall be made in writing to the other party. The parties
29 shall select one person as arbitrator.
- 30 b. If there is a delay of more than 10 days in the naming of the arbitrator, either party
31 can ask the presiding judge of Skagit County to name the arbitrator.
- 32 c. The prevailing party shall be entitled to recover from the other party all costs and
33 expenses, including reasonable attorney fees. The arbitrators shall determine
34 which party, if any, is the prevailing party.
- 35 d. The parties agree that the arbitrators' decision shall be binding, final and
36 appealable to Skagit County Superior Court only as provided in Chapter 7.04A
37 RCW.
- 38 e. Unless the parties agree in writing otherwise, the unresolved claims in each notice
39 of dispute shall be considered at an arbitration session, which shall occur in Skagit
40 County no later than 30 days after the close of the meeting described in paragraph
41 (b) above.
- 42 f. The Provisions of this section shall, with respect to any controversy or claim,
43 survive the termination or expiration of this Agreement.
- 44 g. Nothing contained in this Agreement shall be deemed to give the arbitrator the
45 power to change any of the terms and conditions of this Agreement in any way.

- 1 h. The prevailing party in any action to compel arbitration or to enforce an arbitration
2 award shall be awarded its costs, including attorney fees. Venue for any such
3 action is exclusively Skagit County Superior Court.
- 4 i. This Agreement shall be governed by laws of the State of Washington, both as to
5 interpretation and performance.
6

7 **27. SEVERABILITY AND CONFORMITY**

8 The provisions of this Agreement are severable. If any provision of this Agreement,
9 including any provision of any document incorporated by reference, is held invalid by any
10 court, that invalidity shall not affect the other provisions of this Agreement and the invalid
11 provision shall be considered modified to conform to existing law.
12

13 **28. SUBCONTRACTS**

14 Contractor shall subcontract services to be provided under this Agreement subject to the
15 following requirements.
16

- 17 a. Contractor shall provide NSMHA with copies of subcontracts pursuant to the
18 provisions in this agreement.
- 19 b. Contractor shall be responsible for the acts and omissions of any subcontractor.
- 20 c. Contractor must ensure that the subcontractor neither employs any person nor
21 contracts with any person or Community Mental Health Agency (CMHA) excluded
22 from participation in federal health care programs under either 42 USC 1320a-7
23 (§§1128 or 1128A Social Security Act) or debarred or suspended per this
24 Agreement's General Terms and Conditions.
- 25 d. Contractor shall require subcontractors to comply with all applicable federal and
26 state laws, regulations, and operational policies as specified in this Agreement.
- 27 e. Subcontracts for the provision of mental health services must require
28 subcontractors to provide individuals access to translated information and
29 interpreter services.
- 30 f. Contractor shall require subcontractors to comply with all applicable NSMHA
31 operational policies as specified in this Agreement.
- 32 g. Contractor shall ensure a process is in place to demonstrate that all third-party
33 resources are identified and pursued.
- 34 h. Contractor shall oversee, be accountable for, and monitor all functions and
35 responsibilities delegated to a subcontractor on an ongoing basis including formal
36 reviews.
- 37 i. Contractor will monitor performance of the subcontractors on an annual basis and
38 notify NSMHA of any identified deficiencies or areas for improvement requiring
39 corrective action by Contractor.
- 40 j. Contractor shall ensure that all subcontracts are in writing and that subcontracts
41 specify all duties, reports, and responsibilities delegated under this Agreement.
42 Those written subcontracts shall:
43

- i. Require subcontractors to hold all necessary licenses, certifications, and/or permits as required by law for the performance of the services to be performed under this Agreement.
- ii. Include clear means to revoke delegation, impose corrective action, or take other remedial actions if the subcontractor fails to comply with the terms of the subcontract.
- iii. Require that the subcontractor correct any areas of deficiencies in the subcontractor's performance that are identified by Contractor, NSMHA, and/or DBHR.
- iv. Require best efforts to provide written or oral notification within 15 working days of termination of a MHCP to individuals currently open for services who had received a service from the affected MHCP in the previous 60 days. Notification must be verifiable in the client medical record at the subcontractor.

29. SURVIVABILITY

The terms and conditions contained in this Agreement that by their sense and context are intended to survive the expiration of this Agreement shall so survive. Surviving terms include, but are not limited to: Order of Precedence, Contract Performance and Enforcement, Confidentiality of Client Information, Resolution of Disputes, Indemnification, Oversight Authority, Maintenance of Records and Ownership of Materials.

30. TREATMENT OF CLIENT PROPERTY

Unless otherwise provided in this Agreement, Contractor shall ensure that any adult individual receiving services from Contractor under this Agreement has unrestricted access to the individual's personal property. Contractor shall not interfere with any adult individual's ownership, possession, or use of the individual's property unless clinically indicated. Upon termination of this Agreement, Contractor shall immediately release to the individual and/or the individual's guardian or custodian all of the individual's personal property.

31. WARRANTIES

The parties' obligations are warranted and represented by each to be individually binding, for the benefit of the other party. Contractor warrant and represent that they are able to perform their obligations set forth in this Agreement and that such obligations are binding upon Contractor for the benefit of NSMHA. Contractor further warrant and represent that no Contractor Member or Affiliate will change its non-profit status during the term of this Agreement (including any renewal).

32. CONTRACT ADMINISTRATION

The Program Manager for each of the parties shall be responsible for and shall be the contact person for all communications and billings regarding the performance of this Agreement.

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The Program Manager for NSMHA is:
Joe Valentine, Executive Director
117 N. 1st Street, Suite 8
Mount Vernon, WA 98273

The Program Manager for Telecare Corporation is:
Marshall Langfeld, SVP & CFO
1080 Marina Village Parkway, Suite 100
Alameda, CA 94501

Changes shall be provided to the other party in writing within 10 working days.

1 **THIS AGREEMENT**, consisting of 51 Pages, plus all Exhibits and Attachments, is executed by the
2 persons signing below who warrant they have the authority to execute this Agreement.

3

4 **NSMHA**

TELECARE

5

6

7

8 _____
Signature Date

8 _____
Signature Date

9

10

11 Joe Valentine, Executive Director

Marshall Langfeld, SVP & CFO

12 Name/Title

Name/Title