
STATEMENT OF WORK

PURPOSE STATEMENT

The purpose of this Contract is to promote recovery and resilience to individuals with a serious mental illness (SMI) or a serious emotional disturbance (SED) and to provide services that are in alignment with North Sound BHO's Strategic Priorities and in accordance with federal and state MHBG requirements.

1. STATEMENT OF WORK SUN COMMUNITY RECOVERY HOUSING

Priority Population

This project will serve Individuals who are homeless with a Serious Mental Illness (SMI), discharging from psychiatric inpatient facilities/institutions and jail/prison settings. Individuals discharging from Western State Hospital are given the highest priority.

Program Activities

Individuals residing at the Sun House Emergency Shelter will receive housing case management and support in their recovery. Services provided to individuals residing at the house will include, but not be limited to, the following:

- a. A safe and private room;
- b. Nutritious meals and snacks;
- c. Bathing and laundry facilities; and
- d. Medication monitoring.

Staff will provide support and referrals to individuals to promote recovery. Ensuring appointments are made and kept, facilitate arrangements for transportation to appointments and implement goals on an individual's support plan. Staff shall advocate for the residents by setting up phone calls and meetings with people important to the individual's well-being and success, staff are available to residents for conversation and guidance, to provide modeling and intervention in negotiating social skills to encourage and support therapeutic family and social relationships.

Staff teach cooking, hygiene and independent living skills and ensure that individual basic needs are met for hygiene, food and warmth. Staff members intervene appropriately and without judgment to individuals who are intoxicated or under the influence of street drugs. Staff members are trained to recognize methamphetamine-induced psychosis, heroin-induced behavioral changes, and symptoms of intoxication. Mental Health symptoms are evaluated throughout the day and documented to establish a baseline so staff members know when an individual is experiencing an increase in symptoms that requires intervention.

Cultural preferences of individuals residing at the house are documented and cultural sensitivity training is provided to staff on a regular basis and as needed. Needs and preferences of an individual are documented in the support plan. Contractor shall serve 11 unduplicated individuals and provide a 24/7/365 service.

2. STATEMENT OF WORK COMMUNITY OUTREACH AND RECOVERY SUPPORT (CORS)

The CORS team will serve as a specialty outreach group focused on individuals in the community who are experiencing chronic homelessness or unstable housing as a result of their mental illness. Through recovery support outreach and a targeted approach, the CORS team will provide assistance in accessing stable housing, healthcare, food, vocational training and other necessities.

The CORS team will be based at the Compass Health Whatcom Main Clinic on McLeod Avenue in Bellingham, however, the majority of the work will be performed in the community at sites serving the homeless or in housing programs. Services will be predominately provided at Light House Mission and Francis Place with community outreach occurring at other sites serving homeless or newly housed individuals as needed. CORS staff will facilitate support and connection to appropriate service areas including psychiatric services, outpatient therapy, Crisis Triage, Crisis Prevention and Intervention Team (CPIT), etc. Services provided will include screening, assessments, treatment planning and treatment delivery, case management, and recovery support. Peer support activities will include the use of EBPs such as Motivational Interviewing, Illness Management and Recovery (IMR), and Wellness Recovery Action Planning (WRAP).

Community Outreach and Recovery Support Clinicians and Peers will be available to partner with IOP team members, Projects for Assistance in Transition from Homelessness (PATH) and Outpatient Clinicians to provide peer support with specific client needs as approved and directed by the CORS supervisor. The CORS Team will provide flexible supports to ensure intensive services are as responsive and accessible as possible.