

Memorandum

Date: October 19, 2004
From: Sharri Dempsey
To: Advisory Board Members
Re: Informational and Action

Enclosed items:

- DSHS/Attorney General Letter/Regarding MHD/NSMHA contract.
- Sam Magill Contract
- CECS Manual (Mailed Separately)
- NSMHA 2005 Budget

For other items from October 5, 2004, Advisory Board Meeting, such as:

- MHD Contract
- Interlocal Agreement, Mental Health Block Grant, between NSMHA and DSHS #0469-59965
- Interlocal Agreement (PATH) Transition of Homeless #0469-56334
- NSMHA-APN-ECS-GMU-03, Amendment 3

Please feel free to contact me here at the NSMHA for the above information.

sharrid@nsrsn.org or 360-416-7013 #226 or Rebecca Pate 360-416-7013 #233

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
November 2, 2004
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the October 2004 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Unfinished Business
 - a. Executive Director's Report - Chuck Benjamin – 15 minutes
 - 2005 NSMHA Budget Presentation
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items

13. Adjournment

NOTE: The next Advisory Board meeting will be December 7, 2004 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD
October 5, 2004

- Present:** Jack Bilborough, Tom Richardson, Marie Jubie, Mary Good, Bruce Radtke, Chris Walsh, Patricia Whitcomb, Patricia Little, Jim King, John Patchamatla
- Absent:**
- Excused:** Joan Lubbe, Chuck Albertson
- Staff:** Sharri Dempsey, Shirley Conger, Deirdre Ridgway, Wendy Klamp, Chuck Davis, Greg Long, Dennis Regan, Rebecca Pate
- Guests:** Laurel Britt, Gary Williams, Ann Gresham, Tom Sebastian, Jacqueline C. Abell, Sharon Roy

MINUTES

TOPIC	DISCUSSION	ACTION
CALL TO ORDER, INTRODUCTIONS		
Chair Jubie	Chair Jubie convened the meeting at 1 p.m. and welcomed those present. Introductions were made. The pre-meeting presentation was NAMI Peer-to-Peer training within the Region.	Informational
REVISIONS TO THE AGENDA		
Chair Jubie	None	None
APPROVAL OF MINUTES		
Chair Jubie	The September 2004 minutes of the Advisory Board meeting were reviewed and passed with a change to the date of the minutes. Motion made to approve, seconded, and motion carried.	Motion carried
COMMENTS FROM THE PUBLIC		
Chris Walsh	Chris recently had a bad experience with the mental health system in Snohomish County and stated there was a lack of professionalism within the organization. This incident dealt with the E&T resulting in an investigation of Chris' facility. Chris felt the situation was handled poorly with unfortunate circumstances. Greg asked Chris to	Informational

provide details to North Sound Mental Health Administration's Quality Management Department for follow up. Chuck Davis asked Chris to provide the Ombuds with necessary information should Ombuds need to get involved.

Tom Richardson

Tom mentioned this is Mental Health Awareness week and asked all to take advantage of any opportunity to educate the public about mental illness. Whatcom County is holding a candidates' forum on mental health issues on Friday, October 8, from 7-9 at 3333 Squalicum Parkway (St. Luke's Community Education Center).

Informational

Tom has noticed that non-Medicaid consumers are being cut off of services due to new regulations and wants to know the following:

- Are workload increases with Ombuds due to these changes? Chuck Davis stated this would be seen within his Ombuds presentation.
- Tom said he would like to see the impact of this new way of operation on consumers.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Jubie

Marie mentioned watching a program on CBC called "The Nature of Things". It was a story on mental health about selling fitness through prescribed drugs and dealt with Paxil and Zoloft and the addictiveness of these drugs. This program talked about the consequences of taking certain drugs. Marie said doctors should consider the desires of the consumers and consumers should have a choice concerning the drugs they take.

Informational

Marie attended a community living complex conference with several people from the North Sound Region in attendance. Marie left this conference to attend Washington Partners in Crisis Conference (WPIC). This Washington Partners in Crisis Conference is made up of non-traditional advocates (i.e., law enforcement, judges, prosecuting attorneys, jail officials, etc.)

Marie has attended several meetings of the taskforce and feels this is a positive step toward

improvement.

There will be an “All Aboard”, October 20, to tour the Compass, Alder Commons and The Tulalip Tribe Behavior Health Programs.

There will be a “Special Use Permit Hearing” on Skagit County’s New Behavioral Crisis Triage Center on October 12 at 6 pm at the Mount Vernon Police/Municipal Court Campus.

MONTHLY COMMITTEE REPORTS

	Executive Director’s Report	
Greg Long	<p>Greg stated that 13 consumers attended the Crisis Conference from the North Sound Region. Greg said the Region is going through some tough times due to funding cuts and this is a time when all of us need to focus on our “Vision of Hope” and work together for improvements. The North Sound Mental Health Administration has hired some new staff members, one being Dennis Regan in the Information System Department. If anyone has any requests for reports, go to the website and make your request.</p> <p>The North Sound Mental Health Administration is currently working on the 2004-2005 Budget and will present it to the Board of Directors on October 14. The Advisory Board’s Mental Health Summit is happening Friday, October 15, at the Skagit Resort.</p> <p>The Washington Medicaid Integration Project (WMIP) is proceeding in Snohomish County and the Department of Social and Health Services (DSHS) has submitted a report on the progress with the impact on services. The program is scheduled to begin January 1, 2005, without mental health included. The North Sound Mental Health Administration is going through many transitions due to the changes. There has been an increase of complaints to Ombuds and more information will be provided, as it becomes known.</p>	Informational
Tom Richardson	<p>Tom said that <i>bridgeways</i> and Lake Whatcom are the two biggest facilities making transition changes.</p>	

He requested the North Sound Mental Health Administration follow up and track on how these facilities are doing with the transitions. Greg stated that some methods of tracking are already in place to survey satisfaction of consumers. Greg said the North Sound Mental Health Administration would track as many ways as possible. A discussion, question and answer period followed.

Mary Good **Finance Committee Report**
The committee met this morning and Mary made a motion to forward the August Advisory Board expenditures to the Board of Directors, seconded and motion carried. Motion carried

The committee also discussed their budget for 2005.

Tom Richardson **Executive Committee/Agenda Committee**
Tom said October 15 is the Advisory Board's Summit at the Skagit Resort. Upcoming "All Aboard" trips and conferences were discussed for inclusion in the 2005 budget. He said today's pre-meeting was poorly attended and encouraged all to make the effort to attend these in the future. The pre-meeting begins at 12:15. Greg said that the North Sound Region is extremely fortunate to have several very active NAMI groups. Informational

Mary Good **QMOC Report**
Mary stated that the following issues were discussed at the meeting: Informational

- Quality Management Department report was given and the External Quality Review Organization (EQRO) conducted their audit and gave a positive verbal exit report.
- Terry McDonough gave his report on Peer Review.
- Greg Long informed Quality Management Oversight Committee (QMOC) of some of the impacts that are occurring due to fund changes.
- Pam Benjamin from Whatcom Counseling and Psychiatric Clinic (WCPC) talked to the committee

about “Quality in Action” at agencies.

- Terry McDonough gave a report on Utilization Management covering January through August 2004.
- A draft of Clinical Eligibility and Care Standards Manual was given out and feedback was requested.
- Gary Williams recognized Andy Byrne for his outstanding service during his tenure as Chair of the committee and Andy was given a clock and engraved plaque.

Semi- Annual Ombuds Report

Chuck Davis

Chuck gave a detailed PowerPoint Presentation. This report showed some of the impacts due to the new changes. A question, answer and discussion period followed. Chuck was thanked for his report.

Informational

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda

Board of Directors October Action Items

Greg Long

Greg requested the Advisory Board make a motion to present the following to the Board of Directors at their October 14 meeting:

Informational

- 1st Biennial Quarter 2004 Integrated Quality Management Report approved by Quality Management Oversight Committee;
- The Mental Health Division Contract #0369-23150, Amendment 1 – this replaces the Statement of Work, Special Terms and Conditions and Exhibits in their entirety, retroactive 8/1/03;
- The Interlocal Agreement #0469-56334 Transition from Homeless (PATH) contract between North

Sound Mental Health Administration and Department of Social and Health Services;

- The Interlocal Agreement #0469-59965 Mental Health Block Grant Services contract between North Sound Mental Health Administration and Department of Social and Health Services; and
- The North Sound Mental Health Administration’s contract #NSMHA-APN-ECS-GMU-03, Amendment 3 – this will replace the current Exhibits A and B with the new Exhibits A and B. The purpose is to transfer two GMU beds from Whatcom to Snohomish County.

Some discussion, questions and answers on these items followed.

Tom Richardson	Tom Richardson stated that the process of presenting items is flawed and should be addressed differently. He stated he trusts the North Sound Mental Health Administration with issues being brought forward but feels the Advisory Board should be given time prior to the meeting to review. Jim King agreed.	Informational
John Patchamatla	John requested hard copies of all information so he could make informative arguments/comments when attending Snohomish County Council and County Executive meetings.	Informational
Gary Williams	Gary suggested that an Advisory Board member be appointed to read the information, like the legislators appoint someone on their caucus to read legislation and make recommendations.	Informational
Deirdre Ridgway	Deirdre stated the Advisory Board would get detailed information in the future.	Informational/Action
Chris Walsh	Chris made a motion to present the October action items to the Board of Directors, seconded and motion carried.	Motion carried

Board of Directors October Action Items Previously Reviewed by the Advisory Board

Greg Long None.

Board of Directors October Introduction Item

Greg Long Greg said the North Sound Mental Health Administration's 2004-2005 Budget is being prepared and will be introduced to the Board on October 14. Informational

UNFINISHED BUSINESS

None. Informational

NEW BUSINESS

None. Informational

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island Patricia Whitcomb expressed concerns about county millage money being used as match funds. Counties are extremely concerned that these monies will be used only for Medicaid eligible. The counties have expressed that they do not want their millage monies tied up this way. Greg stated that the County Coordinators have expressed that they do not want the millage monies counted as match. This will allow flexibility in services for non-Medicaid consumers; however, it creates a huge reduction of funding for services to Medicaid consumers in the Region. Patricia Little said that Senator Mary Margaret Haugen would be at her home to discuss mental health issues on October 17 if anyone is interested in attending contact Patricia. Informational

San Juan None present.

Skagit The External Quality Review Organization (EQRO) Audit was discussed. The millage issues were discussed. There was a request for some stabilization aids for children and whether services would be covered under the Medicaid contract. The triage event occurring on October 12 at the Triage Center was discussed. Informational

Snohomish Granite Falls will be holding a CCS meeting. Snohomish County did not have a quorum. Nancy Jones discussed a mental health board. The Washington Medicaid Integration Project was Informational

discussed. The Tribes are going to be asked to attend Snohomish County Advisory Board meeting to discuss plans. Wendy Klamp came and discussed the External Quality Review Audit. Snohomish County was informed that the Centers for Medicaid and Medicare Services would be conducting an audit at North Sound Mental Health Administration December 13-17. On November 10, Pathways to Employment meeting will be held in Lynnwood at the Embassy Suites.

Whatcom

Bruce Radtke said Whatcom did not have a quorum. The Whatcom Residential Center transition was discussed and is being broken down into two (2) entities:

Informational

- Community Mental Health Center with high intensity services
- A housing program involving a landlord/tenant relationship

Tom Richardson said there was a discussion concerning millage funds and stated that Whatcom has a jail construction initiative on the ballot in the next election. This initiative includes a triage center and rooms for Peer Outreach to meet with inmates in preparation for their release/obtaining services while in jail. Whatcom County is supportive and hopes the initiative passes because it will release some other funds to be used in other service areas. The 2005 budget was discussed with a major shift of county funding to cover programs that otherwise would have been discontinued for non-Medicaid consumers.

COUNTY COORDINATOR REPORT

Gary Williams

Gary said the County Coordinators have been focusing on two significant issues:

Informational

- Counties relationship around crisis services and quality review processes.
- Role of counties in funding non-Medicaid programs.

COMMENTS FROM PUBLIC

None.

Informational

OTHER BUSINESS

Greg Long Greg asked all to mark their calendars for the Informational
Recovery Conference scheduled January 12 with
the Board of Directors retreat immediately
following.

Mary Good Mary mentioned nominations for Chair and Vice Informational
Chair will be taken next month.

ADJOURNMENT

Chair Jubie Chair Jubie adjourned the meeting at 3:30 pm.

MEMORANDUM

DATE: October 19, 2004
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: December 9, 2004 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the December 9, 2004 NSMHA Board of Directors Meeting.

All items referred to below are accessible on the NSMHA website by visiting:
<http://www.nrsn.org/Boards/A Board Packet.htm>

Consent Agenda

Action Items Not Yet Reviewed by the Advisory Board

Motion #04-054 – To approve the North Sound Mental Health Administration's budget for 2005.

Motion #04-055 – To approve the North Sound Mental Health Administration's Clinical Eligibility and Care Standards Manual (mailed separately after QMOC).

Motion #04-056 – To approve the contract between North Sound Mental Health Administration and Sam Magill, Inc., contract #NSMHA-MAGILL-PSC-05.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team