



Pre-meeting Advisory Board

May 2, 2006

Presentation

12:15 pm

Changes to Eligibility Requirements

By

Randy Burge

With

DSHS/DDD

“All Aboard”

Advisory Board, Consumers and all other Advocates

Secure Detox Open House

To visit North Cascades Secure Detox
Facility

May 5, 2006

We will be attending an Open House of the North Cascades Secure Detox Facility on May 5, 2006. There will be **no bus transportation**; however, if you wish to carpool, please let either Margaret Rojas or Rebecca Pate know as soon as possible. They can be reached at 360-416-7013 or 1-800-684-3555 with respective extensions of 226/233.

Departure and return times will be made known later.

We are looking forward to spending some time with Consumers, Advocates and all others in our North Sound Region.

Any questions please contact Margaret Rojas (360-416-7013 x226)

MEMORANDUM

DATE: April 19, 2006
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: May 11, 2006 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the May 11, 2006, NSMHA Board of Directors Meeting.

Consent Agenda

None known at this time.

Action Items

None known at this time.

Introduction Items

None known at this time.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room**

117 North First St., Suite 8

Mt. Vernon, WA 98273

May 2, 2006

1:00 PM

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the March 2006 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be June 6, 2006 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

April 4, 2006

- Present:** Mary Good, Russ Sapienza, Tom Richardson, Jim Sizemore, Laurel Britt, Marie Jubie, Charles Albertson, Andrew Davis, James Mead, Patricia Whitcomb, Catherine Ellis, Jim King and Joan Lubbe
- Absent:**
- Excused:** Jack Bilsborough, Chris Walsh and Marianne Elgart
- Staff:** Chuck Benjamin, Wendy Klamp, Greg Long, Diana Striplin, Margaret Rojas and Rebecca Pate
- Guests:** Barbara LaBrash, Chuck Davis and Sue Boyle

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Albertson	Chair Albertson convened the meeting at 1:15 p.m. and welcomed those present. Jill San Jule gave the pre-meeting presentation on the Transformation Grant.	Informational
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REVISIONS TO THE AGENDA

Chair Albertson	Charles asked for any revisions to the agenda and Marie asked to add the International Standards for Clubhouse Programs (ISCP) and James wished to speak on the interviewing process for the Transformation Grant under new business.	Informational
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APPROVAL OF MINUTES

Chair Albertson	On page 3 Tom wished to change “Tom expressed opposition” delete the phrase. The March 2006 minutes of the Advisory Board meeting were reviewed. A motion was made to approve the minutes with corrections, seconded and motion carried .	Motion carried
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COMMENTS FROM THE PUBLIC

Tom Richardson Andrew Davis	Tom mentioned that as he becomes more informed of disaster services he is concerned about access to medications during a disaster. He said he met individuals while working in Florida that had been without medication for more than three weeks. He said this is perhaps a red flag we should raise to the appropriate authorities. A suggestion was made to allow two month’s supply prescription be filled. Andrew said that perhaps you could check with your doctor for an additional supply of medication. Chuck said that disaster planning is currently being addressed and Diana said a meeting was held to develop a statewide plan to address this issue. Diana asked if this should be statewide or nation wide? Diana said this should be a key issue in disaster planning. Most of the	Informational
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members expressed the need to take care of yourself and family to ensure they would have what they need during a disaster. Some discussion followed.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Albertson Charles said the retreat was held with great success. Informational
Several ideas were discussed:

- What is the purpose of the Advisory Board?
- What is the job description of the Advisory Board?
- How the Advisory Board members can utilize community resources to make a difference.
- What does it mean to be an Advocate?
- Personal challenges in doing the job of an Advisory Board member.
- Keeping the hope and vision a personal priority.
- Challenges and solutions

Advocacy was one thing in the forefront and sharing of information with the public and the Advisory Board. A summary of the retreat was distributed for all to review. Charles stated Marie shared a lot of good ideas about advocacy. Other members shared a lot of good ideas at the retreat.

Charles shared his personal vision. He would like to see Advisory Board members take an active role in getting involved with your respective community organizations and find out how they work and how we can provide more interfacing to spread the word to a greater area. Charles said NSMHA Advisory Board could use some of their money/resources to develop mental health programs with churches and other civic organizations in the communities, such as Hope House. Charles encouraged all members to go out in their respective communities and explore the possibilities of putting mental health awareness back in the communities.

MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin Chuck said there is a lot transpiring within the region, Informational
Jill San Jule some being the Transformation Grant. This past
Sue Boyle legislative session the state provided more “state only”
James Mead funds to match federal dollars. NSMHA will be getting
\$4.3 million more in Medicaid, \$1.68 million more in
“state only” funding and around \$500,000 more for
PACT Pilot Program. There was funding for one
program in the North Sound Region.

The involuntary substance abuse commitment and secure detox program will begin April 17. This is a partnership between the five (5) counties and NSMHA. When it came to contracting, the Mental Health Division contracted with the RSN and Department of Alcohol and Substance Abuse (DASA) contracted with Skagit County for the secure detox facility. NSMHA is very excited about the project and is one of two pilots awarded. Pierce County is already up and running with NSMHA not being far behind.

The final External Quality Review Oversight (EQRO) report for 2005 has been received. NSMHA did very well but there are still areas in need of improvement. Perhaps at a future meeting, Wendy Klamp could do a presentation on the EQRO report so the Advisory Board could have a broader understanding.

From the Requests for Qualifications (RFQ) process mental health providers cannot provide certain mental health access services (i.e., access line). The access line is in transition to Volunteers of America (VOA) and will begin fully in May 1. VOA already performs the duty of NSMHA's 24-hour crisis triage line. NSMHA is excited about the venture and feels that better access will be available with improvements being made through VOA.

Fairfax is asking for more money from western Washington RSNs or they will stop providing adolescent ITA services, which will create a crisis not just in the North Sound but all of Washington state. NSMHA is in discussions with other children's service providers on how to proceed with some wraparound services. NSMHA is also discussing the issue with King County for a possible joint venture. The only drawback to partnering with King County would be the location of facility where services would be provided. Chuck said discussions are underway to utilize a Compass Health facility in Snohomish County for children's services. Some discussion followed.

Chuck said the Planning Committee, which is a standing committee of the Board of Directors, is forming a children's subcommittee to discuss children's services in the North Sound. Pat Whitcomb expressed interest in participating on this committee. Another subcommittee is looking very closely at how contracting was done in the past, how it will be done in the future and what our options are now. Some discussion followed.

The legislative session has charged the western Washington RSNs to come up with a solution on how to allocate bed utilization at Western State Hospital (WSH). If an agreement cannot be reached, then the legislature has charged the MHD to come up the allocation. WSH opened another ward, which addressed the closing of Pierce Hospital and may open as an Adult Treatment Residential Center (ATRC) with less beds and acuity of care with no medical care. The legislation is developing two new wards at WSH. NSMHA has asked if the new wards would be part of the distribution of the beds and NSMHA is awaiting an answer. Chuck said the real issue is adequate housing to get people out of the hospital and keep them out. Chuck said the state needed to come through with housing.

Jill San Jule expressed concern of looking into alternatives that are less expensive. She suggested a “warm line”, which is manned by consumers who can provide support. Some discussion followed.

Sue Boyle mentioned requirements for Adult Family Homes (AFH). She stated she attempted to open an AFH when she moved here from California and found out that Washington state wanted AFH run like nursing homes so she did not pursue the issue. James Mead said his experiences with AFH is that AFH would not tolerate certain behavior and requested consumers be moved and no other place was available. Some discussion followed.

Quality Management Oversight Committee (QMOC) is a standing Board of Directors (BOD) committee that would review the policies disagreement brought forward by Associated Provider Network (APN). These policy disagreements will go before QMOC on April 26 for 8-4. The policy issues will be discussed between APN and NSMHA with QMOC making their recommendations to the BOD as to whether to modify any of the policies.

Chuck stated that May is mental health month and Margaret is working on ideas of things to do for the month. Everett Community College is having a Mental Health day May 1.

The Tribal Conference is May 3-4 and brochures are among your handouts.

Finance Committee Report

Mary Good
Chuck Benjamin

Mary presented the expenditures for the Advisory Board review and stated that all expenses appeared Informational

straightforward. A motion was made to move the expenditures forward to the BOD for approval, seconded and **motion carried.**

Motion carried

A recommendation was made to support five (5) individuals to attend the Tribal Conference. Chuck Benjamin mentioned that NSMHA Advisory Board has its own budget to educate and train Advisory Board members and consumers in the region. The money has also been used for site visits and to send consumers to conferences, such as, the Behavioral Health Conference in June. A motion was made to send five (5) individuals to Tribal Conference, seconded and **motion carried.**

Motion carried

Executive Committee/Agenda Committee

Chair Albertson

The committee decided on a six (6) month trial basis to allow San Juan and Island County to participate in meetings via telephone but physically attend three (3) meetings per year. Both counties expressed appreciation.

Informational

Site visits were discussed at the following:

- Delta Rehab festival
- Island County CH facility, Cookie Creations and Alchemy
- Old Rainbow Center prior to destruction and Tom Richardson agreed.
- North Cascades Secure Detox facility

It was discussed attending the “Therapeutic Medications” meeting April 19 at Sea Tac Marriott.

A motion was made to accept the report, seconded and **motion carried.**

Motion carried

QMOC Report

Mary Good

Chair Gary Williams convened the meeting at 12:33 and Rochelle Clogston and Donna Konicki, new QMOC members representing APN, were welcomed to the committee.

Informational

Announcements:

- Chuck Davis noted consumers have reported clinicians have made some crass comments to them.
- Deborah Moskowitz noted Ombuds are moving to a new location, information will be sent out later on new address but phone numbers will remain unchanged – 309 South Third Street, Mount Vernon, Washington 98273.

- NAMI Skagit is having a training session for peer mentors contact Susan Ramaglia if interested at 360-588-8229 or ramaglia@comcast.net.
- Greg Long noted the Triage facility in Whatcom is coming along well.
- Wendy noted Snohomish County passed their desk audit successfully.
- Wendy stated the RSN received their report from EQRO and had improved in many areas since last audit.
- The RSN will be hiring an adult care advocate and a child care advocate.

Comments from the Chair:

Gary brought up the issue of NSMHA policies previously approved by QMOC, which APN feels, are beyond State and Fed. Requirements and has requested to eliminate or change. Gary suggested the group look at the APN request, look at information from NSMHA, and make decisions on whether policies should be changed or are justified. The committee decided to have a special all-day meeting to accomplish this. The April QMOC meeting day will be extended from 9-4. One other person from APN and one other person from NSMHA will attend to answer questions on the 17 or so contested policies.

Membership Recruitment:

Wendy noted there are several who are interested in filling QMOC's open consumer slot. Advisory Board will review applications. Charles Albertson filled the position.

UM Dashboard:

Terry presented the monthly dashboard and proposed to present the dashboard to the committee quarterly instead of monthly. The dashboard will still be included in the packet and will be available online.

QM Department Report:

Wendy noted work is being done in transitioning the Access line to VOA. This is coming along smoothly and Wendy thanked VOA and Compass Health for their work to keep the same phone number.

Terry noted clinical record reviews were done last month at bridgeways and will be done next week at Sea Mar.

Integrated Report:

Diana went through the latest integrated report with the group. A motion was made and carried to approve

the QM Plan and Integrated report to go on to the Board of Directors.

Utilization Review Corrective Action Plans:

Sandy passed out copy of this tool and described the Utilization Review (UR) process, asking the committee to give any feedback. A motion was made and carried to approve the plan.

Adjourn:

The meeting was adjourned at 2:30 p.m.

A motion was made to accept the report, seconded and **motion carried.**

Motion carried

4th Biennial Integrated Report – July-December 2005

Diana Striplin

Diana gave a comprehensive report for the committee. It is a living record of what occurs within the region. This report is for the last six (6) months of 2005.

Informational

Diana said **highlights** are:

- Requests for Qualifications (RFQ) requirements being implemented
- Care of high need children and adults – hiring two care coordinators – one for adults and one for children overseeing the of care of high need consumers
- Customer Service
- Improvement of quality services through complaint, grievance and appeal processes (i.e., medication management policy, natural supports, trauma services development, etc.)
- Three pilot projects have been developed
 - One in Snohomish
 - One in Whatcom
 - One in Skagit
- Critical Incidents data collection

Performance/Quality Improvement projects within the region are:

- Looking at all consumer deaths age 50 and younger over one year period, which are not the result of homicide/suicide.
- Chart review of these consumers to see how integrated health care/mental health care is for these consumers.
- Form a hypothesis about what reviewing the chart taught us and how we can improve care.
- How do we reduce seclusion and restraints at the E&Ts?
- How to capture data.

NEW BUSINESS

Marie Jubie
James Mead
Chuck Benjamin

Informational

Marie brought forth the International Standards for Clubhouses Programs (ISCP). Marie said that these standards do not appear to be implemented at a certain new clubhouse. James said when this was mentioned at the Snohomish County Mental Health Advisory Board the response was that these were recommendations for a clubhouse, so all recommendations do not have to be followed. James strongly feels that if mental health money is to be given and we are to have a strong clubhouse it should follow the ISCP. Marie said in order to have a clubhouse under International Charter for Clubhouse Development (ICCD) these standards have to be performed. Tom said he would not fully agree with what Marie stated that a clubhouse should not be started without meeting all the guidelines because Rainbow Center was started without even looking at the standards and is now seeking certification. Tom stressed that the members/leadership play a vital role in ensuring that the clubhouse is a success and the guidelines are followed. Marie said there are other issues present. Chuck Benjamin said there is no criterion in the current contract but would be in the new contract provided by MHD. He is concerned about providers not meeting the new contract language then there would be no funding. Chuck asked, “How much money will they have put into this process and then they will not be able to provide the service.” Tom stated he is concerned about the criteria being developed by MHD and missing the main points. James said he and Mary attended two meetings where two ladies go around certifying clubhouses and they are certified by the ICCD. James stated he hopes someone would get with them to identify what they look for and/or to certify a clubhouse. Chuck mentioned the state is providing a workshop on how to develop a clubhouse. Chuck said that Compass Health is on notice that the ICCD model would be followed with the new contract.

James mentioned he has been assigned the five (5) northern counties for interviews on the Transformation Grant via telephone. What James needs are representatives from all counties for the interview process. James would like representation from all areas (i.e., Native American, minorities, young adults, middle adults, older adults, children, etc.) consisting of three or four interviews per county. The interviews would be one hour in length and the participant has to be a consumer.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	Island County is hiring a coordinator for the jail services. She is highly qualified, has experience and a PhD. She is excited about the new job and looking forward to the work.	Informational
San Juan	Catherine Ellis attended her first meeting and did not have anything to report.	Informational
Skagit	They are hiring two new positions for jail transition case manager and financial coordinator. They have begun their jail transition program. They held their first crisis intervention training with eight law enforcement officers from around the county with huge success. There will be other training scheduled for May and September. The Triage Center is still in the permitting process.	Informational
Snohomish	Marie said they are working on getting the sales tax passed and James said it does not look good. They discussed the clubhouse issue. James said the Marysville Chief of Police has resigned and is moving forward. He was a strong advocate in Snohomish.	Informational
Whatcom	Tom said the Triage Center walls are up and it is moving ahead. It was mentioned that perhaps a public open house could be held once project is complete and that Rainbow Center could organize this event. Tom said it is going to be a positive asset to the community and Whatcom is looking forward to getting this project up and running.	Informational

COUNTY COORDINATOR REPORT

No representative, Barbara LaBrash had to leave before we reached this point of the meeting. Informational

COMMENTS FROM PUBLIC

No other comments were made. Informational

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

None mentioned. Informational

ADJOURNMENT

Chair Albertson Chair adjourned the meeting at 3:25 pm.