



Pre-meeting Advisory Board

February 7, 2006

Advisory Board Retreat

12:15 pm

Teleconference Discussion

With

Liz Ilg, MSW, Consultant

MEMORANDUM

DATE: January 25, 2006
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: February 9, 2006 Board of Director's Agenda

Please find for your review the following that was discussed at the **SPECIAL** Board of Directors meeting held January 24, 2006, to approve the MHD contracts listed below.

At the present, there is nothing further to bring forward for your review.

Consent Agenda

Action Items

Action Items Not Yet Reviewed by the Advisory Board

Board of Directors January Action Items Not Yet Reviewed by the Advisory Board

Please note that these contracts had to be approved and received by MHD on or before Thursday, January 26, 2006.

Motion #06-010

To review and approve **DSHS Medicaid Contract #0569-79567, Amendment No. 2**. The state is increasing Molina's monthly Medicaid rates and decreasing the North Sounds Medicaid rate for the Washington Medicaid Integration Partnership (WMIP) clients. The reason for the change is the state miscalculated the original rates.

A motion to approve by Mr. Shelton, seconded by Ms. Sgrignoli, all in favor, **motion carried**.

Motion #06-011

To review and approve **DSHS State Mental Health Contract #0569-79682, Amendment No. 2**. The number of WMIP clients has gone down from the original state estimates. So the state will reduce the monthly WMIP deduction from \$23,818 to \$18,856. This will increase the state funds by \$4,962 per month.

Motion Mr. Shelton, seconded by Mr. Tobey, all in favor, **motion carried**.

Introduction Items

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
February 7, 2006
1:00 PM

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the January 2006 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be March 7, 2006 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD
January 3, 2006

Present: Mary Good, Andrew Davis, Laurel Britt, Marie Jubie, Russ Sapienza, Charles Albertson, Jim King, Joan Lubbe
Absent: Patricia Whitcomb, Jim Sizemore and Chris Walsh
Excused: Jack Bilsborough, Marianne Elgart, James Mead and Tom Richardson
Staff: Chuck Benjamin, Greg Long, Margaret Rojas, Wendy Klamp, and Rebecca Pate
Guests: Cecila Boyle and Chuck Davis

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Jubie	Chair Jubie convened the meeting at 1:00 p.m. and welcomed those present. Introductions were made. Margaret Rojas gave a comprehensive PowerPoint presentation at the pre-meeting on the upcoming secure detox pilot project.	Informational
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REVISIONS TO THE AGENDA

Chair Jubie Charles Albertson	Marie asked for revisions to the agenda. Charles asked that a report from the nominating committee be added.	Informational
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APPROVAL OF MINUTES

Chair Jubie	The December 2005 minutes of the Advisory Board meeting were reviewed. A motion was made to approve the minutes as written, seconded and motion carried.	Motion carried
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NOMINATION COMMITTEE REPORT

Andrew Davis Marie Jubie Margaret Rojas	Andrew stated that the nominating committee has reached a consensus and made the following recommendations:	Informational
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- ▶ Charles Albertson for Chair
- ▶ Chris Walsh for Vice-Chair.

A motion was made to accept these recommendations, seconded and motion carried.	Motion carried
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Marie thanked all for the opportunity to serve as Chair and stated that she grew and learned a lot while serving. Margaret Rojas thanked Marie for serving as Chair and	Informational
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presented her with a token of appreciation. Marie then turned the gavel over to Charles and the meeting continued.

COMMENTS FROM THE PUBLIC

Cecila Boyle
Charles Albertson

Cecila mentioned the 1/10 of one percent sales tax increase that Skagit County passed in December, which would go toward mental health and substance abuse services. She said the estimated amount would be \$2 million. She thanked Chuck Benjamin, Greg Long and Margaret Rojas for attending the meeting on the sales tax increase. She stated that recommendations would be made from the Skagit County Advisory Board as to how and where the new funds will be spent.

Informational

Cecila distributed a 501 (c) (3) report for Compass Health that can be obtained from the internet as a public document. She stated in reviewing this document, she still does not know the names of the Board of Directors for Compass Health. She mentioned that this shows where the money is being distributed and it appears that Skagit County does not receive their fair share of distribution of funds. She expressed the lack of adequate housing. She expressed concerns/fears about the new housing facility being developed by Compass in Skagit County. She fears it would only be available for Compass clients and not the community as a whole, which would not be good.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Albertson

Charles thanked all for their support and appointed Marie Jubie as the Advisory Board Legislative liaison/advocate for the next year. He appointed Andrew Davis and Marie Jubie to serve on the Executive Committee, which would also include the Chair and Vice-Chair. Charles thanked Mary Good for her service as Vice-Chair on the Advisory Board. Mary stated she would still serve in the capacity of advocate until 2007.

Informational

MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin

Chuck gave a comprehensive PowerPoint presentation on the revised NSMHA budget due to RFQ requirements. He detailed how the RFQ would affect the NSMHA and presented how those changes will take place. Chuck opened the floor for questions. Some discussion followed.

Informational

A motion was made to approve the 2006 revised budget, seconded, **motion carried** with one no vote and one abstention. It was requested to discuss this further due to lack of understanding. A re-vote was requested and the **motion carried** with one no vote.

Motion carried with further discussion requested
A re-vote was done and Motion carried

Mary Good
Greg Long
Cecila Boyle

Finance Committee Report

The committee met and discussed the expenditures. Mary requested a motion to approve the expenditures so it could move forward to the Board of Directors for approval.

Informational

The Advisory Board retreat was discussed and the Recovery Conference scheduled for January 11 was discussed.

It was recommended that the Advisory Board pay for transportation costs for individuals attending Peer Counselor training. Greg said that Peer Counseling can be performed on a full-time basis but Cecila said counselors could only work with one client for four (4) hours per day. Chuck said that NSMHA is working with the providers to ensure they can and would meet the modality requirements of the contracts, which include peer counseling. Chuck stated that NSMHA needed to continue this process and have the Planning Committee review it and come back with recommendations.

Chuck acknowledged that the Centers for Medicaid and Medicare would be back for another audit and would look at every service modality to ensure they were being provided, which is one of the criteria of their review.

A motion was made to approve the finance committee report, seconded and **motion carried** with one abstention.

Motion carried

Marie Jubie

Executive Committee/Agenda Committee

Marie stated that the minutes were approved. The Associated Provider Network refusal to sign their contract was discussed. Marie asked if the Advisory Board wanted to draft a legislative letter for those who attend the session to present. She emphasized this event is separate from the NAMI day event on Martin Luther King Day.

Informational

Marie stated that the Advisory Board retreat needed to have some members added to the current Recovery

Conference subcommittee to discuss what is needed/wanted to be covered at the retreat. The retreat is tentatively scheduled for March 15 at the Skagit Resort.

Recruiting members for the Advisory Board was discussed as a possible agenda item for the Advisory Board retreat.

The Executive Committee of the Advisory Board is invited to attend the Board of Directors retreat January 11 in the evening following the Recovery Conference and the morning of January 12.

The current Recovery Conference subcommittee members would serve on the Advisory Board retreat subcommittee.

A motion was made to approve the report, seconded and **motion carried**.

Motion carried

QMOC Report

Mary Good

The December QMOC meeting was canceled; therefore, there is no report for this month.

Informational

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin

The NSMHA will be forwarding a revised and amended contract with our attorney that deals with the Medicaid Integration Lawsuit. Also, because of the lawsuit they had to be interviewed by the state auditors. Due to this, their budget has to be increased by about \$2,000 to pay them for services rendered but the contract has to be amended before payment can be made.

Informational

A contract with Raintree will be brought forward and Chuck does not believe there is any increase in cost from the previous contract.

Board of Directors January Action Items Previously Reviewed by the Advisory Board

Chuck Benjamin

None known.

Informational

Board of Directors January Action Items Not Yet Reviewed by the Advisory Board

Chuck Benjamin

None known.

Informational

Board of Directors January Introduction Items

Chuck Benjamin

None known.

Informational

NEW BUSINESS

None. Informational

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island None represented. Informational

San Juan None represented. Informational

Skagit They have not met since the previous Advisory Board meeting. They will be meeting next week and will report at the February meeting. Informational

Snohomish Marie said there was not a meeting but she would like to discuss some other items. Informational

Marie has had discussions with Compass Health on how the PATH grant is being performed and complained nicely. Marie said it was mentioned having a clubhouse at the Bailey Center and she mentioned the International Center of Clubhouse Development (ICCD) guidelines. She said they appeared to be ignoring her until she mentioned that she had talked to Aaron Reardon about the PATH grant.

Marie attended a seminar at the Everett Events Center on Medicare Part D and was assisted on getting signed up appropriately.

Marie distributed flyers on the NAMI day event for January 16.

Marie presented a list of videotapes that Robert Bjorkland stated he would be happy to make copies of for consumers to use.

She expressed disappointment with the APN on how the contract situation was being handled, especially, after the time and effort she and James Mead spent during negotiations.

Whatcom Andrew stated that Betty Scott mentioned that a high rate of suicides have occurred in Whatcom during October and November. It was mentioned that the church of Scientology is giving misinformation on the Teen Screening program. They are claiming kids are being drugged for compliant behavior. Chuck Benjamin gave his report on the budget. There was some discussion on disaster preparedness. Whatcom is starting to stockpile psychotropic meds in strategic locations in the event of a disaster or a breakdown in the system consumers would still be able to obtain their meds. There was discussion on the Medicaid and Informational

Medicare changes. A motion passed for the Board to fund the NAMI Teen Screening Program. Whatcom County passed a program for homeless people to assist homeless mentally ill with housing. Andrew said that Gary Williams is attempting to get the 1/10 of one percent sales tax increase in Whatcom.

COUNTY COORDINATOR REPORT

None present. Informational

COMMENTS FROM PUBLIC

Margaret Rojas Margaret reminded everyone of the Recovery Conference, January 11 and said that additional sign up sheets are out front at the reception area. Informational

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

Jim King Jim King stated he would like to have APN attend and respond to the contract issue. Chuck said he would extend an invitation on behalf of the Advisory Board. Informational
Chuck Benjamin
Marie Jubie

Marie suggested that a site visit be scheduled for the Pioneer North Center when it is opened and functioning.

ADJOURNMENT

Chair Albertson Chair adjourned the meeting at 2:30 pm.