



Pre-meeting Advisory Board

March 7, 2006

Presentation

12:15 pm

Changes to Eligibility Requirements

By

DSHS/DDD

DRAFT – Not yet approved by the Advisory Board.

MEMORANDUM

DATE: March 7, 2006
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: March 9, 2006 Board of Director's Agenda

Please find for your review and comment the following that will be discussed with the Board of Directors and brought forth at the March 9, 2006, NSMHA Board of Directors Meeting.

Consent Agenda

To review and approve North Sound Mental Health Administration's claims paid from February 1, 2006 through February 28, 2006 in the amount of \$(will be available at the meeting). Payroll for the month of February in the amount of \$(will be available at the meeting and associated employer paid benefits in the amount of \$(will be available at the meeting). (Motion #06-021).

Action Items

To review and approve the NSMHA revised 2006 Budget. (Motion #06-016).

To review the draft contract for the Integrated Crisis Response Pilot. This contract will transfer money from one line item to another and fund chemical dependency case management services. (Motion #06-018).

Introduction Items

To introduce the NSMHA-VOA-Medicaid-2006, Amendment 1. This amendment is for adding the delegated Access Line function. Financial information will be available at next meeting. (Motion #06-022).

To introduce the NSMHA-VOA-SMH-2006, Amendment 1. This amendment is for adding the delegated Access Line function. Financial information will be available at the meeting. (Motion #06-023).

To introduce the NSMHA-APN-Medicaid-2006, Amendment 1. This amendment removes the delegated Access Line function. Financial information will be available at the meeting. (Motion #06-024).

To introduce the NSMHA-APN-SMH-2006, Amendment 1. This amendment removes the delegated Access Line function. Financial information will be available at the meeting. (Motion # 06-025).

To introduce that NSMHA will be contracting in April with Skagit County for ITA court services and related cost for involuntary commitment/chemical dependency pilot project. (Motion # 06-026).

To introduce the NSMHA-VOA-SMH-2006, Amendment 1. This amendment is for adding the delegated Access Line function. Financial information will be available at the meeting.

To introduce the NSMHA-APN-Medicaid-2006, Amendment 1. This amendment removes the delegated Access Line function. Financial information will be available at the meeting. (Motion #06-024).

To introduce the NSMHA-APN-SMH-2006, Amendment 1. This amendment removes the delegated Access Line function. Financial information will be available at the meeting. (Motion # 06-025).

To introduce that NSMHA will be contracting in April with Skagit County for ITA court services and related cost for involuntary commitment/chemical dependency pilot project. (Motion # 06-026).

CC: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
Conference Room
117 North First St., Suite 8
Mt. Vernon, WA 98273
March 7, 2006
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February 2006 Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
7. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
8. New Business
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be April 4, 2006 in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

February 7, 2006

Present: Mary Good, Andrew Davis, Laurel Britt, Marie Jubie, Tom Richardson, Russ Sapienza, Joan Lubbe, Marianne Elgart, James Mead, Chris Walsh, Jim Sizemore and Charles Albertson
Absent: Patricia Whitcomb, and Jim King
Excused: Jack Bilsborough
Staff: Chuck Benjamin, Margaret Rojas and Rebecca Pate
Guests: Cecila Boyle, Melody Genrich, Chuck Davis and Maile Acoba

MINUTES

TOPIC	DISCUSSION	ACTION
-------	------------	--------

CALL TO ORDER, INTRODUCTIONS

Chair Albertson	Chair Albertson convened the meeting at 1: p.m. and welcomed those present. Introductions were made. Margaret Rojas conducted a teleconference call with the prospective consultant for the Advisory Board retreat at the pre-meeting.	Informational
-----------------	--	---------------

REVISIONS TO THE AGENDA

Chair Albertson	Charles asked for revisions to the agenda. James would like to speak during public comment.	Informational
-----------------	---	---------------

APPROVAL OF MINUTES

Chair Albertson	The January 2006 minutes of the Advisory Board meeting were reviewed. A motion was made to approve the minutes as written, seconded and motion carried.	Motion carried
-----------------	--	----------------

COMMENTS FROM THE PUBLIC

James Mead Chris Walsh Charles Albertson Chuck Benjamin Maile Acoba	James expressed a high objection to Associated Provider Network (APN) agreeing to their contract during negotiations and then objecting and refusing to sign at the eleventh hour. James wants his comments forwarded to the Board of Directors. James said the representative from Compass Health (CH) said they did not have a facility for a clubhouse but made the comment that if a clubhouse was wanted they could kick consumers out and create a facility. James considered this an insult and should not have been made by a public mental health provider. James said that CH could have a clubhouse in the Bailey Center on a part-time basis. Thirdly, James talked to a representative from Division of Developmental Disabilities (DDD) and said that Margaret was working on coordinating a meeting with DDD to clarify what DDD is doing.	Informational
---	---	---------------

Tom mentioned that Whatcom County Mental Health Advisory Board passed a unanimous motion to end contracting with APN effective August 2006. This motion had nothing to do with James's comments but is the feeling of Whatcom County that a monopoly is being created and Whatcom is going to seek services from other providers. Whatcom recognizes it would create more of a burden for North Sound Mental Health Administration (NSMHA) but Tom made a motion that the Advisory Board recommend to the NSMHA governing Board to pursue activities to bring to an end the long standing presumptive contracting with APN at the end of August 2006, seconded and **motion carried** with one abstention.

Motion carried

Informational

Chris expressed two issues:

- ▶ Board of Directors retreat – he was unimpressed with the retreat due to the participants. He said there appeared to be much hostility and confusion. Chris said he came very close to resigning. He expressed embarrassment for being so naïve about the whole situation. He hopes that somewhere there would be a light at the end of the tunnel.
- ▶ He had a meeting with CH and Tom Sebastian concerning services provided at their facility. He said that services provided by CH are keeping people out of mental health services and their program is being cut 75%. Chris was told their program was not good. Tom said problems were money issues and Chris said that it was poor management issues. Staff discussed the meeting afterwards and the consensus was that they did not trust CH.

Russ expressed disagreement with Chris's opinion of the Recovery Conference but was corrected that the comments were directed to the Board of Directors retreat not the conference. Tom said he did not attend but is awaiting input on what occurred. Charles said the retreat was difficult and a lot of tension existed. The tension came from providers concerning money issues. Tom said the bottom line is the consumers not the legislature or providers. Chuck said a lot of tension existed and he felt it was around the APN contract and that consumers were not getting the services they should. Chuck said collaboration was mentioned but that cannot be one sided. Chuck said funding issues are real concerns that would need to be dealt with as we proceed. Chuck said discharges (i.e., jails, Western

State Hospital (WSH), etc.) are a very real concern. Chuck said the sad thing was that CH did not even attend the retreat. Chris said that the Snohomish County representative did not come across well. Maile elaborated that the County Coordinators have asked how they can help but some funding is separate. The County Coordinators are at a loss on how to hold providers accountable without going through Chuck. Chuck said that NSMHA cannot impact the monies but that County Coordinators can impact the services given by providers. Tom stated he is at a bit of loss to understand why this is such a problem. Whatcom County has a Senator who is an advocate for mental health. Tom stated that Aaron Reardon appeared to be on track with the issues. Tom asked, “What are the prospects for the BOD/NSMHA adopting the recommendation of ending contracting obligation with APN?” Chuck said the BOD would probably want a view of the options available before they made a decision. Chuck said the BOD needed to hear this from consumer, advocates and family members. Tom said that perhaps the other agencies that CH contract with should perhaps be approached for services. Chuck said the scope and number of other agencies might not be getting the message. Tom said this might be a result of not all counties being appropriately represented, as they should. Tom expressed that if other counties had involved representation perhaps this situation might not exist. Marie said that she has discussed CH with Snohomish County electives. Marie asked, “Would it be possible to not contract with APN?” Chuck said that would be a BOD decision. Marie said that Snohomish County is working on a resolution. Chuck said the consensus appears that dissolution with APN exists. Chuck said that after the last meeting he was directed to come up with a contingency plan.

CORRESPONDENCE AND COMMENTS FROM THE CHAIR

Chair Albertson	Charles mentioned a flyer on stigma and information on SAMSHA teleconference, Whatcom County opiate conference, and DASA get connected tool kit training were distributed by Margaret for review.	Informational
-----------------	---	---------------

MONTHLY COMMITTEE REPORTS

Executive Director’s Report

Chuck Benjamin	Chuck said that Fairfax Hospital has contacted all in Western Washington that they would be closing a wing for adolescents. Fairfax requested more funding from the RSNs and was told that funding was not available. There are discussions forthcoming with children’s facilities and Chuck welcomed Advisory Board participation at these meetings. The E&T facilities are	Informational
----------------	--	---------------

being impacted with WSH consumers due to the facility closure in Tacoma.

Chuck and Marie went to Olympia and had some discussions with representatives concerning the RFQ.

Chuck mentioned that he submitted the staff increases to the BOD and the BOD requested more information. Chuck provided a revised PowerPoint presentation as a result of BOD discussions. Chuck opened the floor for questions. Tom expressed concern with the requests and asked, “Are we compromising the integrity/quality of the work performed due to not requesting enough?” Chuck mentioned that most of the requests are very minimal and that he appreciated Tom’s concern. Tom requested the same or equivalent report be given at Whatcom County.

A motion was made to accept the report, seconded and **motion carried.**

Motion carried

Finance Committee Report

Mary Good

Mary presented the expenditures for review by the full Board and said they were normal. A motion was made to move forward to the BOD for approval, seconded and **motion carried.**

Informational

Executive Committee/Agenda Committee

Chair Albertson

The Executive Committee recommends that the Advisory Board, in turn, recommends to the Board of Directors the adoption of the process of amending the contracts between NSMHA and APN (NSMHA-APN-SMH-2006 and NSMHA-APN-MEDICAID-2006) to include prior review, analysis and recommendations by QMOC. Furthermore, the Advisory Board recognizes that the “Federal and State requirements” include active participation in “quality management”. The prescription of quality management implies the adoption of policies and procedures designed to ensure appropriate access and excellence in the delivery of mental health services. The Executive Committee brought the motion to the full board, seconded and **motion carried.**

Informational

Motion carried

Chuck gave a brief explanation that resulted in the above motion. Chuck said that all the objections centered on policies and procedures. Chuck said that Gary Williams does not want QMOC circumvented; therefore, Gary will bring to the BOD that all, new/revised policies, go before QMOC for recommendation to the BOD for approval.

The Advisory Board retreat was brought forward and a motion was made that the retreat be held Tuesday, March 14, seconded and **motion carried**.

Motion carried

Jim Sizemore asked that it be conducted early in the day and Tom Richardson suggested it be limited to six (6) hours. The retreat will be from 9-3 at the Skagit Valley Resort.

James again expressed disgust with the way APN conducted themselves concerning signing of their contract. He also expressed that standards for quality management and quality improvement should be higher for the protection of consumers.

QMOC Report

Mary Good

Mary gave the QMOC report.

Informational

The last meeting was January 25. Wendy Klamp acknowledged that NSMHA passed the RFQ. Workgroups would be developed concerning new policies written for the RFQ.

A motion was made to accept the report, seconded and **motion carried**.

Motion carried

Tom asked about the lack of participation at QMOC and Wendy said the lack of participation was on the provider side and that the consumers are well represented.

ITEMS TO BE BROUGHT FORWARD TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin

The monthly vouchers would be brought to the BOD.

Informational

Board of Directors February Action Items Previously Reviewed by the Advisory Board

Chuck Benjamin

None known.

Informational

Board of Directors February Action Items Not Yet Reviewed by the Advisory Board

Chuck Benjamin

Chuck mentioned that he received an email this morning with an amendment to a contract. He expressed regret that the Advisory Board would not be able to see this before it had to be approved as the state requires it back BOD approved by January 24th. Tom requested the Advisory Board Executive Committee be sent the amendment.

Informational

Board of Directors January Introduction Items

Chuck Benjamin

None known.

Informational

NEW BUSINESS

Andrew mentioned that he Marie went to Olympia yesterday for meetings on SB 1005 – Consumer Bill SB 5753 – Ombuds SB - Andrew believes the trip was a success and the attendees were in support of both bills. Informational

Chuck Davis gave some detail on the SB5753 and said it allows 38% for client support. Chuck said that meetings needed to be held before another bill is presented.

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island None present. Informational

San Juan None present. Informational

Skagit Skagit is trying to have 3-4 people meet 3 times a year. Informational

Snohomish James said SnoCo has set up a committee to present the tax increase to SnoCo Commissioners. It was expressed that it could be between \$8-12 million per year increase for mental health funding. Marie said that money received was discussed on how it would be expended. There was in-depth discussion concerning clubhouses. Informational

Whatcom Andrew said Tom Richardson was elected President. Several sections of the RFQ are not in compliance. There was discussion concerning a recent suicide by a WSH discharge. The Triage is expected to open December 1 and would be a 14-bed facility with 3 beds being used for seclusion. All contracts for the Triage facility are in the County process currently. Informational

Tom said that Rainbow Center received a DVR grant for employment services. The seventh annual recognition dinner was held recently with great success.

Russ said that a recent survey was conducted to identify the number of homeless consumers in Whatcom.

COUNTY COORDINATOR REPORT

Maile Acoba Tom Richardson The coordinators discussed representation at various meetings with a re-commitment to ensure attendance. The BOD retreat was discussed. Maile said that Jackie Henderson is looking for a resource in Island County for assistance. The Coordinators are working on the Jail Services to decide how data would be collected and reported to ensure a smooth transition at time of discharge. Informational

DRAFT – Not yet approved by the Advisory Board.

COMMENTS FROM PUBLIC

Informational

OTHER BUSINESS OR AGENDA ADDITIONS/CHANGES

Informational

ADJOURNMENT

Chair Albertson Chair adjourned the meeting at 3:10 pm.