



Pre-meeting Advisory Board

February 13, 2007

Presentation

12:15 pm

Fraud and Abuse

By: Charles R. Benjamin
Executive Director/Compliance Officer
North Sound Mental Health Administration

MEMORANDUM

DATE: February 7, 2007
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: February 8, 2007 Board of Director's Agenda

Please find for your review and comment the following that has been/will be discussed with the Board of Directors and brought forth at the February 8, 2007, NSMHA Board of Directors Meeting.

Consent Agenda

Introduction Items Reviewed by the BOD

To introduce for review the Program for Assertive Treatment (PACT) contract NSMHA-COMPASS HEALTH-PACT-07-09 with maximum funding of \$2,866,465.

To introduce for review NSMHA-APN-FBG-06-07, AMENDMENT 2, this Amendment allows the APN to provide the second part of the Criterion, Goal and Objective in Island, San Juan, Skagit and Whatcom Counties and defines the hourly rates per agency for the FBG Grant. There is no fiscal impact to this Amendment.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
February 13, 2007, 1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the January 2007 Meeting Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
 - Legislative Sub-Committee Report
7. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
8. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
9. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
10. County Coordinator Report
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
 - b. Recognition of Jim King
13. Adjournment

NOTE: The next Advisory Board meeting will be March 6, 2007, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

January 9, 2007

1:00 to 3:00

Present: Mary Good, Laurel Britt, James Mead, Andrew Davis, Charles Albertson, Marie Jubie, Russ Sapienza, Joan Lubbe and Chris Walsh
Absent: Tom Richardson, Jack Bilsborough, Jim King and Catherine Ellis
Staff: Chuck Benjamin, Margaret Rojas, Greg Long and Rebecca Pate
Guests: Larry Van Dyke and Kathy Donohue

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Mead	The Chair called the meeting to order at 1:10 p.m. There was a pre-meeting presentation by Larry Van Dyke from the Secure Detox Center.	Informational
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REVISIONS TO THE AGENDA

Chair Mead	The Chair asked if there were any revisions to the agenda. James added the selection of a legislative advisory committee and he will be asking for volunteers. No other changes were mentioned.	Informational
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APPROVAL OF MINUTES

Chair Mead	The minutes from the December meeting were reviewed. Russ mentioned to correct spelling of JoAnne’s last name in the Finance Committee section from “Elgin to Elkins” and Charles Albertson said the “A” in Joanne should be capitalized. A motion was made to approve the minutes with changes. Motion was seconded and motion was approved.	Informational Motion carried
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COMMENTS FROM THE PUBLIC

Chair Mead	The Chair asked if there were any comments from the public. There were no public comments.	Informational
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COMMENTS AND CORRESPONDENCE FROM THE CHAIR

Chair Mead	The Chair had no comments or correspondence to pass along; however, he did thank the Board for voting for new officers. James Mead was elected Chair and Andrew Davis was elected Vice-Chair.	Informational
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NEW BUSINESS

Andrew Davis	Andrew made a motion for the NSMHA Advisory Board to pay the mileage expenses for trip to Olympia by Charles, Marie and Andrew on February 1 for a housing rally. Motion was seconded and motion carried.	Informational Motion carried
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Chris said he did not remember ever having to approve and expenditure of this type before and asked if there was a reason it had to be approved. Chuck Benjamin stated the individuals would be going on behalf of the Advisory Board; therefore, the Advisory Board should pay the mileage expense so it had to be approved. He said another reason is that some people make trips to

Olympia without getting permission from the Advisory Board then their expenses are not covered by the Advisory Board. Chuck stated the Finance Committee could not fully approve the expenditure they could just make recommendations; therefore, the full Board has to approve the expenditure.

MONTHLY COMMITTEE REPORTS

Executive Director's Report

Chuck Benjamin

Chuck said it is a new year and he wants our focus to be on NSMHA's "Vision of Hope – Path to Recovery". Chuck stated NSMHA has released a Request for Proposal (RFP) for the Program for Assertive Community Treatment (PACT) program. There were two different bidders – one was Lake Whatcom Residential Treatment Center of Whatcom County and a consortium from Snohomish County consisting of Compass Health, *bridgeways* and Sunrise Services. A team evaluated the proposals, which consisted of voting members, one NSMHA non-voting facilitator, one Skagit County Human Services individual, one Western State Hospital liaison, one from Division of Vocational Rehabilitation, two consumers, three advocates and two non-voting County Coordinators. The recommendation by the evaluating team was for Snohomish County PACT proposal be funded. The Planning Committee met last week and accepted the recommendation of the proposal by the evaluation team. Chuck stated both proposals were good with each having their own strengths and weaknesses but all met the basic requirements. He said the Snohomish County presentation was a lot more coordinated and thought out. Chuck said it would be going to the Board of Directors next week. Chuck said if NSMHA Advisory Board would like to accept a motion should be made.

Informational

Chuck said a Request for Qualifications (RFQ) would be released this month as recommended by the Advisory Board and adopted by the Board of Directors for outpatient services. The following requirements will be included in the RFQ:

- Outpatient and Medication services
- Supported Employment
- Integrated Dual Disorder Treatment
- Clubhouse
- Peer Support
- High Intensity Services
- Parent to parent, and
- Mental Health Services in residential settings

Chuck believes this is an exciting project and it is a

new direction in how NSMHA contracts and fund for services. He believes consumers will benefit from this. He anticipates more consumers being in service and consumers will average more hours of service. Consumers will receive the appropriate level of care. To accomplish this there will be a new clinical assessment tool used called “locus”, which will better measure the acuity of illness and subjugate the appropriate level of care the consumer should receive. Chuck stated for consumers already in services when it is time for their re-assessment the locus tool will be used and any new consumer coming into services this tool will be used. However, keep in mind this does not become effective until July 1, 2007. Chris Walsh asked if this program was researched. Chuck stated this was an outcome of the contracting subcommittee from the Planning Committee that Jim King chaired. This would open it up to any licensed community mental health agency.

Marie expressed concern about Compass Health maintaining 95% status. Chuck stated there would be a lot of oversight involved with this PACT program. Chuck stated it is like a pilot even though it is not called a pilot. They will be looking at the success of the PACT programs so that they can get more money from the legislature and have more PACT programs in the state of Washington. Chuck stated one of the main measurers is to decrease the use of the State Hospital. Chris asked who would be auditing the program. Chuck stated NSMHA would be auditing the program but the state would hire an independent auditor to come in, which would be an extra fee for PACT, to audit. Greg said one requirement would be for the consortium to establish an Advisory Board and have one consumer on the Peer Counselor team. Greg stated the PACT provider will have to establish the ongoing advisory committee.

Chuck stated NSMHA and King County are still looking for a location for the children’s E&T facility. If a facility cannot be located, NSMHA and King County would get together and develop a proposal on what we actually have for the state, including the \$1.5 million dollars of renovation and go to the state for additional start up funding. Chuck stated the current monies are invested until a conclusion can be accomplished. Chris asked if Luther Children’s Crisis Center could be used and Chuck said no because an ITA facility had to be locked. Chris asked if Compass Health still has the children’s center and Greg said the facility closed down about two years ago but the building is currently being used for office space. Chris stated layoffs at Compass Health were stated to be large and Chuck said numbers NSMHA receives does not indicate a huge decrease in staff. Greg said he

could provide numbers, if desired. Chris asked if the numbers are remaining the same because of acquisition of other counties versus only being in Snohomish County before. Some discussion followed. Chris asked for numbers and Greg said he would get the numbers.

Chuck said upcoming events are NAMI day on January 15 and Mental Health Division System Transformation Initiative Forum on January 16.

Rebecca mentioned to the Chair that a motion needed to be made regarding the PACT program mentioned in the beginning of Chuck's report. Charles made a motion to accept the recommendation of the Snohomish County PACT proposal. Chris seconded and the motion carried.

Motion carried

Finance Committee

Mary Good

Mary said the committee met and all expenditures appeared normal. Mary made a motion to forward the expenditures on to the Board of Directors for approval. Motion was seconded and motion carried. The purchase of an educational DVD was mentioned. Marie made a motion to purchase the DVD. Russ seconded and motion carried with one abstention and one opposed.

Informational

Motion carried

Motion carried

Executive Committee/Agenda Committee

Marie Jubie

She said a dinner would be held February 5 for the legislative forum and a sign up sheet was distributed. Chris asked what legislators would be present and Chuck stated that all legislators have been invited to attend. Chuck said in the past NSMHA has had the legislators meet us here in the region but it is more effective if you hold a breakfast or dinner to go along with the meeting. Marie stated this was a new event for the Advisory Board. Marie mentioned and discussed the McClarty decision and Marie's representative introduced HB1022 concerning this and Marie asked all to be aware.

Informational

Chuck said the Advisory Board needed to decide what issues we wanted to present to the legislators. It has already been decided that we do not want more than four (4).

Marie said in jails smoking has been prohibited, which has caused other problems for our consumers. Charles suggested a committee should be established to discuss the legislation. Andrew Davis, Charles Albertson, Marie Jubie and James Mead volunteered to serve on this committee.

Marie mentioned that January 15 & 16 were the dates

for the NAMI Day and the Transformation System Forum and Margaret was going to fax down any registrations received today.

QMOC Report

Mary Good There was not a QMOC report due to the December meeting being canceled. Informational

ITEMS BROUGHT TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin The PACT recommendation will be going to the Board of Directors. Informational

Jail Services contracts have unspent dollars because of the different times of getting everything started that have to roll over. The new Jail Services contracts for the counties are going before the Board of Directors for approval. The only difference from the previous contracts is the rollover money. Chuck said the programs are showing some good results. A motion was made and seconded to approve rollover monies for jail services. Some discussion followed. James said the Washington State Mental Health Transformation Project committee will be monitoring this for the next four (4) and collecting data to see how it is proceeding. A vote was called and the motion carried.

Motion carried

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island Is not currently represented.

San Juan No one was present.

Skagit Mary said they met and discussed items to be worked on this coming year. Joan and Mary said they are looking forward to the new year with excitement. They have new members and a new chair. Joan Lubbe stated Jim King is leaving the NSMHA Advisory Board but not the county Board. Joan said there is an opening for a member on the NSMHA Advisory Board and alternate if anyone from Skagit is interested in serving. Mary distributed a copy of the items Skagit County Advisory Board will be working on this year. Mary said they will be working on employment. Mary stated that Susan Ramaglia or Jere LaFollette will probably serve on the NSMHA Advisory Board from Skagit County but a decision has not been made. Informational

Snohomish James said they met last night. There was talk of drug testing kids for clean and sober housing. Snohomish has a good contract for \$2.50 per child with costs normally running \$10. Election of officers was held. James was elected president and Marie was elected Vice-President. A report was given on Involuntary Treatment Act Services. He mentioned that 3,028 people went through the ITA with 1,764 on a face-to-face. There were 700 initial detainees given Less Restrictive. James said there was a lack of resources but they have gotten some single bed certifications. Single bed certifications are where they can certify one Informational

bed at a hospital if there is an overflow. The \$200 filing fees for ITA’s has been mandated by the legislature so the Snohomish County Executives are picking up this cost. Snohomish County is going to hire more Designated Crisis Responders (DCR). The NSMHA Advisory Board report was the annual Christmas party. Nancy Jones informed the Snohomish County Advisory Board that Western State Hospital (WSH) has 139 allotted beds with 129 filled. There are two liaisons working with WSH. Greg Long talked about capitated fee for services. Snohomish County requested the Executive Director visit their Advisory Board.

Whatcom

Andrew said they visited the new Triage Center on December 11 and it opened yesterday. Russ said new applications were taken at the center. January 8 elections were held and Tom Richardson was elected Chair. Talked about the PACT contracts being with Snohomish County rather than Lake Whatcom Center, which some members were upset about. Margaret Rojas gave the Executive Director report. They talked about how the North Sound has one of the best detailed grievance reporting records. The detainment at the Secure Detox Center was discussed and how at first they voluntarily took clients unless the client tries to leave then it became an involuntary detainment. Whatcom received a \$1.8 million grant for homeless housing. It was decided to keep meetings at The Health Education Center rather than the Health Department.

Informational

COUNTY COORDINATOR REPORT

No one present.

Informational

COMMENTS FROM THE PUBLIC

None mentioned

OTHER BUSINESS

Chair Mead

Chris said the last meeting it was mentioned to actively solicit members to the NSMHA Advisory Board with projects and alternatives mentioned. Chris asked if any progress had been made regarding this. James said the Snohomish County Advisory Board discussed it at their meeting last night with Greg Long mentioning that Island County has three (3) vacancies, San Juan has one (1) vacancy, Skagit has no vacancies, Snohomish has four (4) vacancies and Whatcom has one (1) vacancy. James stated that one individual from Snohomish County volunteered last night and Jill will be sending a letter to the North Sound.

Informational

Chuck said part of the recruitment for San Juan and Island would be to allow online conferencing attendance where whatever the Advisory Board sees on overhead they will be able to view on their computer and they would be able to hear what is said and the

attending Advisory Board would be able to hear what they say. James said that was discussed and approved. Margaret said Catherine Ellis from San Juan intends to stay on the board.

Chuck said it is the responsibility of the individual counties to do their own recruitment. Chuck said he meets and discusses the need for members with the County Coordinators.

Charles suggested the Chair appoint someone to go out to the individual counties and advise them of what is involved in serving on the NSMHA Advisory Board. Chris said at one point there was supposed to be a newsletter going out to the counties concerning issues discussed and actions taken by the NSMHA Advisory Board. Chris said this newsletter occurred twice and then disappeared. Chuck said this should be started up again because it helps individuals serving on the NSMHA Advisory Board to report back to their local Advisory Boards. Greg said Snohomish County Board mentioned serving on this Board was the time the meeting was held. Chris said he would be happy to serve on the committee for training individuals about the NSMHA Advisory Board and what its functions are and how it works. Charles Albertson volunteered and Chuck Benjamin said that he and Margaret Rojas would assist. James said the Board, as a whole, would be available for assistance.

Restart
newsletter/memo

Marie said Snohomish County Division of Aging supplies nice name tags and she would like to have some furnished for members of the NSMHA Advisory Board. A motion was made to purchase name tags for members of the Board, seconded and the motion carried. Chris suggested the county represented be included on the name tags.

Motion carried

Mary suggested getting shirts with the Vision of Hope Paths to Recovery logo created. James asked for volunteers to work with Mary on the shirts.

James mentioned creation of business cards for Board members. Chuck stated that some had been created at one time and he would look into the matter.

James said there was a recognition award to be presented to Jim King but he was not present. NSMHA will try and have him present at the next meeting.

James presented Charles Albertson with a certificate of appreciation for his service as Chair of the Advisory Board from January through December 2006.

Russ mentioned the date for the next meeting on the

agenda was not on a Tuesday; therefore, was incorrect. James said the next meeting has been changed to February 13 instead due to being at the legislative dinner the night before the next regularly scheduled meeting.

James requested the legislative committee stay after the meeting to discuss issues.

Greg provided information concerning the “locus” tool, which is the new critical assessment tool.

ADJOURNMENT

Chair

The meeting was adjourned at 2:30 p.m.

Informational

The next meeting will be held on Tuesday, February 13, 2007, at 1:00 p.m.

Note the date change for the next meeting.