



Pre-meeting Advisory Board

April 10, 2007

Presentation

12:15 pm

**View and Discuss the Video
"Eternal High"**

"A Teenager's Experience with Depression and Suicide that will Change Your Life"

**By: Aquarius Health Care Media
Programs to Educate, Motivate and Inspire**

MEMORANDUM

DATE: March 26, 2007
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: April 12, 2007 Board of Director's Agenda

Please find for your review and comment the following that has been/will be discussed with the Board of Directors and brought forth at the April 12, 2007, NSMHA Board of Directors Meeting.

Consent Agenda

Action Items Not Yet Reviewed by the BOD

Introduction Items Not Yet Reviewed by the BOD

To introduce for review NSMHA-PARKER & DENNISON Associates, Ltd.-PSC-07 – for LOCUS/CALOCUS training to commence on June 11-13, 2007. The contract includes consultation/training professional fees and travel related expenses for a maximum consideration of \$8,945.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
April 10, 2007
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February 2007 Meeting Minutes, Chair – 5 minutes
4. Comments from the Public –5 minutes
5. County Coordinator Report
6. Correspondence and Comments from the Chair – 5 minutes
 - a. Wrap Training
7. New Business:
8. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
 - i. LOCUS/CALOCUS PSC Contract
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be May 1, 2007, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

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**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

February 13, 2007

1:00 to 3:00

Present: James Mead, Marie Jubie, Laurel Britt, Andrew Davis, Joan Lubbe and Chris Walsh
Absent: Mary Good, Russ Sapienza and Margaret Rojas
Staff: Chuck Benjamin and Rebecca Pate
Guests:

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Mead	The Chair called the meeting to order at 1:00 p.m. and stated due to lack of a quorum no voting could be done. A quorum was reached with the arrival of Chris Walsh at 1:12. There was a pre-meeting presentation by Chuck Benjamin on Fraud and Abuse.	Informational
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REVISIONS TO THE AGENDA

Chair Mead	The Chair asked if there were any revisions to the agenda and none were mentioned.	Informational
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APPROVAL OF MINUTES

Chair Mead	The minutes from the January meeting were reviewed. A motion was made to approve the minutes as written, seconded and motion carried. This was done after the arrival of Chris Walsh at 1:12 when a quorum was obtained.	Informational Motion carried
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COMMENTS FROM THE PUBLIC

Chair Mead	None present.	Informational
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COMMENTS AND CORRESPONDENCE FROM THE CHAIR

Chair Mead	Nothing at this time.	
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NEW BUSINESS

Chair Mead	<p>Legislative subcommittee made up of Andrew, Russ, Marie, James, Mary Good and Margaret Rojas (advisor) along with Chuck attended the legislative dinner on February 5. James said 15 people responded they would be present but only Representative Al O'Brien and Senator Cody's aide attended. James said it was a busy time in Olympia.</p> <p>On Tuesday, February 6, members went to the Capitol and spoke with representatives and were well received. He stated 8-10 House issues and 6 Senate issues were discussed. He acknowledged the representatives seemed very receptive to what the members had to say.</p> <p>The group was informed this session would be very busy with approximately 5,000 bills passed through the legislature due to the excess monies found and deciding how it will be dispersed. Some of the bills involve Mental Health care, children's issues, jail issues, training of case officers and medication issues.</p>	Informational
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James said they spoke with representatives about the loan of approximately \$250,000 to 300,000 on the Evaluation and Treatment Center (E&T) in Mukilteo. James mentioned to representatives the legislature had passed that all Regional Support Networks would have an E&T and gave them the money outright. James and others said it would not be right that our Region has to pay off this loan on a building over 20 years old and falling apart. James said they asked the representatives to forgive the loan and each representative they spoke with agreed the loan should be forgiven.

James stated there is a need to get police departments throughout the region trained on working with a mental health team. James said he discussed an existing program in Vancouver with Mr. Delgado, who was a police officer in Clarke County but is retired. James mentioned there is a mental health team available for all shifts of law enforcement in Clarke County and its existence has decreased arrests of mental health clients significantly and Mr. Delgado is seeking a program like this for all of Washington.

James mentioned the 1/10 of 1 percent tax, which states the counties may set that aside, was discussed and acknowledged that two of our five counties have passed this. So if any new legislation comes up, he suggested we put “shall” instead “may” in the language.

James advocated the two days were well spent.

James said one important bill up for legislative session is the Crisis Designated Mental Health Professional (CDMHP) bill where, when warranted, a two-person team would be sent out on the call to aid in stabilizing a situation until the police arrive.

MONTHLY COMMITTEE REPORTS

Executive Director’s Report

Chuck Benjamin

Chuck gave a PowerPoint presentation on the Requests for Qualifications (RFQ). The Bidders Conference was held last Friday with three new providers present. Consejo from King County, InterFaith from Whatcom and Pioneer Center North from Skagit. There is no guarantee these new providers will participate/submit a proposal. Chuck announced Letters of Interest have to be received no later than February 16. The North Sound Mental Health Administration (NSMHA) has no idea how many proposals might be submitted; however, a proposal cannot be submitted without a Letter of Interest, which would be for Outpatient Services. Chuck noted NSMHA is in the process of establishing the RFQ Evaluation Committee to rate the proposals. Chuck said the RFQ have been broken into four major groups:

Informational

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- ❖ Outpatient and Medication Services for Adults and Children
- ❖ Supported Employment, Clubhouses and Drop-In Centers
- ❖ Children’s High Intensity Treatment
- ❖ Adult High Intensity Treatment, which includes dual diagnosis treatment and Residential Services

NSMHA is very interested in having four consumers on each group and it does not matter if it is the same four people or not. Participants must attend April 2 & 4 meetings and be able to set aside April 3 to review proposals they received on April 2. James Mead has committed to all four groups. For the Outpatient group we also have – Marie and Andrew. Joan Lubbe asked to participate on the Adult High Intensity.

Chuck will work with Rebecca to seek the interests of other Advisory Board members. There can only be four participants for each category. James said April 3 is the scoring for the RFQ; therefore, the Executive Committee recommended moving the April meeting to April 10.

April meeting moved from the 3rd to the 10th

Chuck said the legislature is in a quandary because the Governor’s budget included all the monies; therefore, if the legislature decides to fund anything they would then have to decide what of the Governor’s budget would not be funded. Chuck mentioned the Governor set aside the \$266 million but accounted for the remainder of the extra funds.

Chuck emphasized the legislature is really focusing on mental health and children’s issues.

Finance Committee

Marie Jubie

Marie gave the report in Mary’s absence. The expenditures were reviewed and approved to bring before the full Advisory Board for forwarding to the Board of Directors for approval. A motion was made to approve the expenditures to go before the Board of Directors for approval, motion was seconded and motion carried.

Informational

Motion carried

Marie mentioned the T-shirt issue that was brought forward by Mary before and it will be researched with information brought back to the Advisory Board for possible purchase.

Marie passed around a mock sheet for members to make their choice of how they would like their business cards to read.

The liability issue regarding Dangerously Mentally Ill Offenders (DMIO) was mentioned. It was made known that insurance rates would increase substantially should it become the responsibility of the RSNs instead of with the State, as it is presently. Chris Walsh

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had an issue regarding this that he will submit to Chuck as input when he conducts meetings.

Executive Committee/Agenda Committee

James Mead

James said the committee decided to sponsor 12 scholarships for the Tribal Conference. James Mead, Marie Jubie, Mary Good, Russ Sapienza, Charles Albertson, Laurel Britt, Andrew Davis, Joan Lubbe, Chris Walsh, Jaye Koropp and Wendy Clarke have requested scholarships. A motion was made to accept the recommendation of sponsoring 12 scholarships, motion seconded and motion carried.

Informational

Motion carried

James reviewed the recommendation of the Executive Committee representation. James would serve as Chair, Andrew would be Vice-Chair and two Executive positions would be elected by the full Board and Past Chair would be automatic position. It was mentioned this would entail a five-year commitment for the committee. James said if this was changed to a one-year term that would then put the commitment to four years. At the end of the term, the Vice-Chair would move up to the Chair position, Chair would move down to the past Chair position, Executive Committee position #1 would go to Vice-Chair, Executive Committee position #2 would go to position #1 and then a vote would be held for all of it. It was mentioned the commitment might not be able to be fulfilled unless the various counties adjusted their By-Laws. Chuck suggested that if the Vice-Chair had to leave the rest of the committee would move up and so forth and an election would be held for position #2. Chris made a motion that wording for this proposal be written for the By-Laws and brought back before the Advisory Board for approval, motion seconded and motion carried.

Motion carried

A motion was made to move the April meeting from the 3rd to the 10th, motion was seconded and motion carried.

Motion carried

Chuck mentioned the Board of Directors would not meet in March due to attending a National Association of Counties Conference in Washington, D.C. He asked if the Advisory Board would like to cancel their March meeting and James asked the Advisory Board what they desired. Chuck suggested if they wished the Advisory Board could call the March 6 meeting an “All Aboard”. They could meet at NSMHA at 10:00 and tour Rainbow Center and have lunch there. Then continue in the afternoon with another site visit to the new Triage Center. A motion was made to conduct a site visit on March 6 to Rainbow Center and the Triage Center in Bellingham, motion seconded and motion carried.

Motion carried

**Quality Management Oversight Committee
(QMOC) Report**

Laurel Britt

Laurel gave the QMOC report in Mary's absence.

Informational

1. The committee reviewed the agenda and added discussion concerning residential council. This was discussed; a motion was made, seconded and passed to establish a group to work on issues regarding residential council. The group will report back to the committee at the February meeting.
2. The November minutes were approved.
3. Debra informed the committee of the selection made regarding the 100-slot Program for Assertive Community Treatment (PACT) program. Training for this will begin February 2 and conclude by the first of June and clients will begin to be served. The program will be limited to 4-6 people over age 18 per month.
4. Debra informed the committee that the Board of Directors approved the fee-for-service delivery model. Recruitment, advertising and mass mail out will begin February 2nd.
5. Debra mentioned that providers started using the GAIN-SS (the name of the tool the state has adopted to assess consumers for Co-Occurring Disorders referrals and treatment) beginning January 1 per State requirements.
6. Debra acknowledged NSMHA's receipt of External Quality Review Organization (EQRO) questions and NSMHA sent responses. She acknowledged that site reviews had also been conducted at Compass and Catholic Community Services by EQRO.
7. There were no comments from the Chair.
8. The Policy Subcommittee report was given.
9. Debra indicated that review of Exhibit N will be postponed as it needed to go through Quality Management Committee (QMC) first and they met the day after QMOC.
10. Angela Fraser-Holtz discussed the Early and Periodic Screening Diagnosis and Treatment (EPSDT) with the committee. She mentioned that Julie de Losada and she may do training of physicians. Gary Williams mentioned the Teen Screen program in Whatcom and suggested physician training be done in conjunction with the Teen Screen program. Gary also suggested having regional medical director Dr. Keith Brown be involved in the training.
11. Sandy gave a report on the Integrated Crisis Response System (ICRS) service policies. The committee discussed in particular Policy 1704.00. A motion was made and seconded to pass the policy; however, discussion followed

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with issues raised. It was agreed to table the motion until ICRS reviewed the policy further.

12. Charissa discussed Performance Improvement Project (PIP) #4 – Restraint and Seclusion.
13. Debra informed the committee that NSMHA is looking into resources on training provider staff on the LOCUS (is the patented name of leveling system of care to be used in the new clinical design beginning 10/1/07) model and distributed an informative sheet on this. It was requested that an overview of the LOCUS tool be provided and Debra said she would bring one to the next meeting.
14. The meeting was adjourned at 2:25 and the next meeting will be February 28, 2007.

Chris Walsh requested that all acronyms be defined so members would know what was being addressed.

ITEMS BROUGHT TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin	The Program for Assertive Community Treatment (PACT) contract went before the Board of Directors last Thursday. The Advisory Board was aware of it but did not see it to make a recommendation due to changing their meeting date. No action was needed.	Informational
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COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	None present.	Informational
San Juan	None present.	Informational
Skagit	Joan said they met and discussed several issues among them hiring a new mental health person. She said two had applied but were not accepted and more applications would be requested. She had nothing further to report.	Informational

Snohomish	Marie said they had their Advisory Board, as well as, their joint Advisory workgroup meetings. She mentioned that Snohomish County has 12 Human Services representatives that meet. They discussed the legislative agenda and the Council on Aging will be going to Olympia on February 14, 2007. Marie has been working on a program to end homelessness and the County has some tweaking they want to do on this program. House Bill 1322 or Senate Bill 5340 relating to disability in the state of Washington are two bills Marie said she is looking at closely. They discussed Washington Medicaid Integrated Partnership (WMIP) and mentioned it was not doing well. Marie said at first people were allowed to opt out but now they are not allowed to opt out and if they go to Western State Hospital (WSH) the Regional Support Network has to pay for their stay.	Informational
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Chuck stated that Department of Social and Health Services (DSHS) did a presentation to the Human Services and Corrections Committee on WMIP and found things wrong. However, in the same report

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DSHS made excuses for why they were not right. Marie stated she receives complaints from people about Molina/WMIP. Chuck mentioned that DSHS informed the committee that consumers are not happy or not getting the kind of service expected. Chris expressed his disillusionment with Molina and the WMIP program. Chuck announced that Molina have their own Ombuds.

Marie said Jill Dace gave a Jail Services report stating that consumers in jail are now assisted with getting/keeping their Medicaid. The report stated the consumers are monitored briefly after release from jail.

Marie said a total of 405 unduplicated clients were served since last May with a total of 441 admissions. Marie stated it started May 6. Marie acknowledged that there are less recidivism rates. Marie said 119 are involved through NSMHA. In the past, 180 have been involved. The team involved with this project consists of the Community Service Office (CSO), County Human Services, County Corrections, State Department of Corrections (both Community Corrections and Special Offenders Unit), Social Security Administration and agencies providing direct client services under the Jail Transition Services Project, Public Defense and the Prosecuting Attorney's Office.

Whatcom

Andrew said they made committee appointments and committees within Whatcom County will remain the same. The nominating committee will decide whether Charles Albertson or Janice Norheim will be appointed for the one remaining open position on the Board. Andrew mentioned Greg gave the Directors report. The Family Assessment and Stabilization Team (FAST) program was discussed and Whatcom County Board is interested in having the FAST Program in Whatcom County. A discussion was held to open a Drop-In Center in Bellingham to enhance the Clubhouse. Andrew noted that Russ gave a report on the trip the legislative committee made to Olympia. The Teen Screen program in Whatcom County will no longer be licensed under NAMI but will be licensed under the various school boards where they perform their work. The Triage Center has been open for one month and doing well.

Informational

Chris Walsh commended Whatcom County on the work/services it provides. Chris said they surpass other counties within our region with the monies they are given. Andrew stated he would relate this to the Board at the next meeting.

Chuck said NSMHA is in discussions now with Children's Administration to go into a partnership to create a Family Assessment and Stabilization Team (FAST) pilot in this region.

COUNTY COORDINATOR REPORT

None present.

Informational

James mentioned the importance of the Advisory Board in regards to decisions/recommendations made to the Board of Directors. He stated that County Coordinator representation should be represented at the Advisory Board meeting. Chris said the County Coordinators should be present to provide input to the Advisory Board on items they have discussed at their meetings and to hear what business is conducted and what decisions/recommendations are made to go before the Board of Directors. Joan said Advisory Board representatives should encourage each of their respective county coordinators to attend the Advisory Board.

COMMENTS FROM THE PUBLIC

None made.

OTHER BUSINESS

Chuck Benjamin
Marie Jubie

Chuck said the Advisory Board wanted a plaque and the Planning Committee wanted a certificate of appreciation made for Jim King. These have been done but not given to Jim because his busy schedule has not allowed him the opportunity to attend an Advisory Board meeting.

Informational

Marie mentioned that they are fighting for an awning for Bailey Center that would provide protection for consumers when they go out to smoke and provide some privacy for consumers. She said Bailey Center would be open from 10-3 five days a week with some food provided.

Chuck said negotiations have been conducted with the Mental Health Division (MHD) regarding the Request for Qualifications (RFQ). The RFQ contract will start October 1 instead of July 1 due to the delay of the new contract from MHD.

ADJOURNMENT

Chair

The meeting was adjourned at 2:30 p.m.

Informational

A site visit will be done for the March 6 meeting to Rainbow Center and Whatcom County Triage Center. The Advisory Board will meet at NSMHA at 10:00.

March meeting will be a site visit to Rainbow Center and the new Triage Facility.

The next meeting will be held on Tuesday, April 10, 2007, at 1:00 p.m. Please note the change.

Change of April Meeting date