



Pre-meeting Advisory Board

May 1, 2007

Presentation

12:15 pm

Complaint, Grievance Update

By: Chuck Davis, Ombuds

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
May 1, 2007
1:00 PM

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the April 2007 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Comments from the Public –5 minutes
6. Correspondence and Comments from the Chair – 5 minutes
 - a.
7. New Business:
8. Monthly Committee Reports
 - a. Executive Director's Report - Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Tom Richardson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
 - e. Ombuds Monthly Update – Chuck Davis – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Charles Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be June 5, 2007, in the NSMHA Conference Room, 117 N. First Street, Suite 8, Mount Vernon.

**North Sound Mental Health Administration
MENTAL HEALTH ADVISORY BOARD**

April 10, 2007

1:00 to 3:00

Present: Mary Good, Laurel Britt, Marie Jubie, James Mead, Russ Sapienza, Charles Albertson, Joan Lubbe and Catherine Ellis
Absent: Tom Richardson and Chris Walsh
Staff: Chuck Benjamin, Margaret Rojas and Rebecca Pate, recording.
Guests: Gary Williams and Tom Sebastian

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER, INTRODUCTIONS

Chair Mead	The Chair called the meeting to order at 1:08 p.m. There was a pre-meeting DVD show and Chuck Benjamin gave a PowerPoint presentation about the Federal Block Grant funds.	Informational
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REVISIONS TO THE AGENDA

Chair Mead	The Chair asked if there were any revisions to the agenda. Transformation Project on Mental Health.	Informational
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APPROVAL OF MINUTES

Chair Mead	The minutes from the February meeting were reviewed. On page 10 correct spelling of “Janice” to “Genice”. A motion was made to approve the minutes with changes, seconded and motion carried.	Informational
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COMMENTS FROM THE PUBLIC

Chair Mead	James passed around some information on the Mental Health Transformation Project that included statistics. The projects with a score of 15, 12, and three 10’s will be the ones the project will pursue in the beginning. James suggested everyone be aware of the other projects with lesser numbers.	Informational
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COUNTY COORDINATOR REPORT

Gary Williams	Gary said they met March 27 and they focused on status of Secure Detox with analysis of how it is progressing. They discussed the ongoing concerns with WSH and difficulties with discharges and incorporating consumers back into the community. They discussed the work stoppage which will occur April 12. The Criminal Justice System was discussed. The region has established a regional housing committee to discuss and work on issues surrounding challenges regarding housing. A walk through was done of the Whatcom County Triage Facility.	Informational
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COMMENTS AND CORRESPONDENCE FROM THE CHAIR

Chair Mead	The Wellness Recovery Action Plan (WRAP) training is ongoing and there is a sign up form in your manila file folder. (WRAP) three day training will occur April 23-25 at St. Luke’s Health Education Center in Bellingham with spaces for 23. Margaret said NSMHA is looking into offering CEU’s for professionals attending the training. It is being looked into conducting training in Snohomish, Skagit and Island.	Informational
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NEW BUSINESS

Chair Mead	None mentioned.	Informational
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MONTHLY COMMITTEE REPORTS

Executive Director’s Report

Chuck Benjamin	Chuck said the Request for Qualifications (RFQ) was released and NSMHA received proposals. The process has begun and will continue through April 18 to complete scoring and decide on recommendations to give Planning Committee, which will then make recommendations to the Advisory Board and Board of Directors.	Informational
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The Program for Assertive Case Treatment (PACT) Program is coming together with difficulty in finding staff. They have had their first Advisory Committee meeting.

The Tribal Conference 07 is May 2 & 3 at the Skagit Resort and Chuck encouraged all to attend.

The strike/walk out is scheduled for April 12 from 7:30AM to 7:30AM the following morning. NSMHA has been working with affected providers on a contingency plan. Consumers scheduled for appointments are being re-scheduled.

Chuck showed information regarding FBG funding. Chuck informed the Board that the children’s E&T is not going to happen. The Planning Committee met last Friday to decide how the \$141,000 allotted for the children’s E&T could be utilized. They came up with:

- NAMI wanted to create a Clubhouse/Drop-In Center in Skagit County (\$10,000),
- Snohomish County mental health Geriatric Service Delivery Study (\$17,500),
- Senior Services wants to perform Geriatric Depression Screening (\$15,267),
- NSMHA training for eating disorders (\$20,000),
- NSMHA wraparound training (\$20,000),

- Skagit Human Services outreach Case Manager at the new crisis center (\$8,000),
- Whatcom County outreach Case Manager at the Whatcom County Triage Facility (\$25,000),
- NWESD 189 to design and develop a program for at risk youth (\$25,233).

NSMHA is hoping for the Advisory Board to support these recommendations and the Finance Committee will present this later.

The Planning asked NSMHA to report back to them regarding expenditures of FBG funds. Fourteen projects exist with four projects doing well. By now there should have been an expenditure of 42% and the other ten are far behind. The Planning Committee recommended Dave Gossett submit a letter to the providers requesting how much of the monies have been expended, how much will be expended by October 1.

Finance Committee

Mary Good

Mary said the expenditures were straight forward and it needs to be forwarded to the Board of Directors (BOD). The Board reviewed the expenditures. The Finance Committee made a motion to approve the Planning Committee recommendations for the Federal Block Grant (FBG) funds and the Advisory Board expenditures to go forward to the BOD, seconded and motion carried.

Informational

James said the Finance Committee recommended approval five additional scholarships for the Washington Behavioral Health Conference (WBHC). A motion was made to approve the recommendation, seconded and motion carried.

Mary said San Juan had a new candidate for the Advisory Board and this individual will need and be provided with transportation to and from the Advisory Board meetings.

They discussed the purchase of T-Shirts with the NSMHA logo “Vision of Hope”. Catherine presented the information at the full Advisory Board from C&C Tees and she showed the Advisory Board samples of the work. The two proposals are close in price. Catherine said these shirts are high quality and wear extremely well. James asked if a decision could be made today. A motion was made to go with C&C Tees, seconded and motion carried with one abstention. Rebecca will send out an email requesting shirt sizes.

Executive Committee/Agenda Committee

Chair Mead

James filled in for Tom Richardson and said the committee would like two volunteers to work with Rebecca on future site visits in organizing two site visits to Western State Hospital (WSH) and perhaps Island County. Andrew and Marie volunteered to work with Rebecca.

Informational

James mentioned there are more vacancies and Margaret will draft a letter for all County Coordinators regarding recruitment for the NSMHA Advisory Board.

Web conferencing was discussed and stated it might be something available in the future. If you can attend the meeting, that is the preference.

Quality Management Oversight Committee (QMOC) Report

Mary Good

Mary did not have a brief to give. Rebecca opened the minutes and gave the report to the Advisory Board.

Informational

1. The minutes were reviewed and approved as written. Gary requested the charter be reviewed and perhaps insert language regarding a quorum requirement.
2. Debra Jaccard announced the Program for Assertive Community Treatment (PACT) program should be up and running by the first of July.
3. Debra updated QMOC regarding the Request for Qualifications (RFQ) process.
4. Rochelle Clogston announced the opening of the Behavioral Health Crisis Center in Skagit County March 29.
5. Debra reminded all of the upcoming Tribal Conference May 2-3 at Skagit Resort.
6. Debra mentioned the upcoming Wellness Recovery Action Plan (WRAP) training.
7. The Chair had no comments.
8. Debra said there were no policies from the policy subcommittee.
9. Debra reviewed the External Quality Review Organization (EQRO) final report and stated it was on the website for those who might want to view the complete report at www.nsmha.org/reports/EQRO/NS_PIHP_2006_Final_Report.
10. Diana Striplin presented the Exhibit N report to be submitted to Mental Health Division (MHD). Diana requested some recommendations be approved, which were:
 - a. A motion was made to develop a

regional database for complaints, grievances and fair hearings to track, monitor and analyze data related to complaints, grievances and fair hearings and unduplicate cases. The motion was seconded and some discussion followed. An amendment was made to the original motion that once the database is developed it be brought back to QMOC for review to ensure privacy and financial issues are met. A vote was called for regarding the amendment. It was seconded and the amendment carried. The main motion to develop the database was carried.

- b. A motion was made to accept the recommendation to further study and review dignity and respect in the region. The motion was seconded and motion carried.
- c. A motion was made to accept the recommendation to clarify continuum of care for people in the region with eating disorders and seconded. Some discussion followed. Gary Williams made an amendment for an evaluation of best practices, region responsibility and what should be developed within the region and/or out of network relating to eating disorders. A motion was made to accept the amendment, seconded and motion carried.
- d. A motion was made to accept the recommendation to develop a process to review Clinical Practice Guidelines for Adult ADHD to see that they address client concerns. The motion was seconded and motion carried.

Diana mentioned other ongoing recommendations

- 11. Julie de Losada, NSMHA Quality Specialist, and Angus McLane, with Children's Administration, updated QMOC on the Children's Policy Executive Team (CPET) process and upcoming activities.
- 12. Diana reviewed the Performance Indicators Measures with QMOC.
- 13. The meeting was adjourned at 2:30 and the next meeting will be Wednesday, April 25.

ITEMS BROUGHT TO THE BOARD OF DIRECTORS

Consent Agenda

Chuck Benjamin	Chuck mentioned the following will be brought before the Board of Directors:	Informational
	<ul style="list-style-type: none">• To introduce for review NSMHA-PARKER & DENNISON Associates, Ltd.-PSC-07 – for LOCUS/CALOCUS training to commence on June 11-13, 2007. The contract includes consultation/training professional fees and travel related expenses for a maximum consideration of \$8,945.• The FBG recommendations which were approved earlier will be presented.	

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS

Island	No representation.	
San Juan	No report.	
Skagit	The Triage Center was discussed. Joan said employment for the mentally ill was discussed and she feels not enough is being done to employ them. Joan encouraged everyone to talk to Department of Vocational Rehabilitation (DVR) about encouraging the employment of the mentally ill. Catherine said the process of going through DVR is difficult. Catherine said the schools should incorporate employment concerns in their transition process.	Informational
Snohomish	James said Washington Health was discussed. A legislative update was received. A NSMHA Advisory Board update was given. Mike Manley reported that Western State Hospital (WSH) has 149 people with 3 Molina clients. There are three liaisons working with these individuals. A Third jail transition person has been hired. The FBG contracts were discussed.	Informational
Whatcom	Russ said a meeting was held April 9 but no action was taken due to lack of quorum. Chuck Benjamin gave his report. The FAST program was discussed. Betty Scott was present and discussed the Wellness Recovery Action Plan (WRAP) training. She mentioned there is hope for state dollars to continue the program. Gary was present and mentioned the upcoming strike. It was discussed to conduct a collaboration regarding the Triage Center. Whatcom NAMI was mentioned and the next meeting is Thursday, April 12.	Informational

COMMENTS FROM THE PUBLIC

Chair Mead	No comments given.	
	Russ thanked the individuals of Skagit County responsible for the opening of the new Triage Center.	

OTHER BUSINESS

Chair Mead	None mentioned.	Informational
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ADJOURNMENT

Chair

The meeting was adjourned at 2:43 p.m.

Informational

The next meeting will be held on Tuesday, May 1,
2007, at 1:00 p.m.