



Pre-meeting Advisory Board

February 5, 2008

Presentation

12:15 pm

Office of Consumer Partnerships

Mental Health Division

By: Stephanie Lane

MEMORANDUM

DATE: January 29, 2008
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: February 14, 2008 Board of Director's Agenda

Please find for your review and comment the following that will go before the Board of Directors at the February 14, 2008, NSMHA Board of Directors Meeting.

Introduction Items for the BOD in February

To introduce for review/approval NSMHA-RAINTREE-04-05 AMENDMENT 3 for the purpose of final payment for services through December 31, 2007. The consideration for this amendment is \$22,804 for a maximum consideration on this contract of \$331,134.

Action Items for the BOD in February

None known at this time.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
January 8, 2008
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the January 2008 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Comments from the Public –5 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - i. Representative Certificates
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
 - e. Ombuds Snapshot – Chuck Davis – 15 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be March 4, 2008, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

January 8, 2008

1:00 to 3:00

Present:	Mary Good, Catherine Ellis, Russ Sapienza, Laurel Britt, Marie Jubie, James Mead, Andrew Davis, TerryAnn Gallagher, Candy Trautman, Joan Lubbe and Chris Walsh
Absent:	Tom Richardson and Charles Albertson
Staff:	Chuck Benjamin, Margaret Rojas and Rebecca Pate, recording
Guests:	Lynn & Otis Gulley and Arthur Jackson

MINUTES

<i>TOPIC</i>	DISCUSSION	<i>ACTION</i>
CALL TO ORDER, INTRODUCTIONS		
Chair Mead	The Chair called the meeting to order at 1:20 pm. Introductions were made. Charissa Fuller shared a video concerning Eating Disorders during the pre-meeting.	Informational
REVISIONS TO THE AGENDA		
Chair Mead	TerryAnn wants to make a presentation about hospital problems with cohabitation on mental health wards.	Informational
APPROVAL OF MINUTES		
Chair Mead	The December minutes were reviewed. A motion was made to approve the minutes with changes to add TerryAnn's presentation, seconded and motion carried.	Informational Motion carried
COUNTY COORDINATOR REPORT		
	None present	Informational
COMMENTS FROM THE PUBLIC		
Otis Gulley	Otis introduced his wife Lynn and gave a brief statement concerning his desire to share his recovery and be an advocate for mental health. He expressed a desire to serve on the Snohomish Advisory Board and North Sound Mental Health Administration (NSMHA) Advisory Board. He strongly feels his recovery and struggles he has overcome since birth will be an asset to the Advisory Board. He is a survivor that wishes to share his own story of recovery to help others who are hurting and manage their own lives and mental illness. In 1984 he was diagnosed with Bi-polar and Borderline Personality Disorder, which shocked him. He has struggled since 1976 to be the best man he could be. He mentioned that with the help of NSMHA, Compass Health Snohomish County, individual therapy, Department of Social and Health Services (DSHS) Social Security, Calvary Chapel of Lake Stevens, family and friends he has been able to develop learning skills and tools to manage his mental illness.	Informational

	<p>He acknowledged he owns his success and recovery because of years of training and desires to live a more productive life. He added that his focus and goals are to help those with mental health needs.</p> <p>James welcomed Otis and thanked him for his presentation. He encouraged him to apply for representation to both Advisory Boards.</p>	
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Mead	<p>James stated last month membership for Quality Management Oversight Committee (QMOC) and Planning Committee was discussed. James said if individuals wish to continue to serve on either committee they need to fill out a form and give to Margaret before leaving today. James asked if anyone else wished to serve on these committees to let him know and fill out the form. QMOC meets on the 4th Wednesday of each month and the Planning Committee meets on the 1st Friday of each month. TerryAnn and Mary expressed interest in serving on the Planning Committee and Otis expressed a desire to serve as a consumer or if appointed to the Advisory Board.</p> <p>James said last month the nominating committee made recommendations for James to serve as Chair and Andrew Davis to serve as Vice Chair. He has received no other nominations and if none are mentioned today, recommendations will be voted on. No other nominations were indicated. A motion was made to accept the nomination recommendations, seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p>
NEW BUSINESS		
	None mentioned.	Informational
MONTHLY COMMITTEE REPORTS		
Chuck Benjamin	Executive Director's Report	
Chuck Benjamin	<p>Chuck mentioned the system transformation is the hot topic to date and it is going well so far. NSMHA is managing Access to ensure new providers are getting enough people with mental illness so they have a base to serve. NSMHA will continue to manage Access until February 15th. Between now and February 15th providers have been asked to do their own marketing to get their name out to the public. If a consumer calls the Access Line, Volunteers of America (VOA) will find out where they live and VOA will provide a list of agencies within their area to choose from for services. Chuck credited Compass Health and Whatcom Counseling and Psychiatric Clinic (WCPC) for their accommodation in choosing geographic areas they would not take consumers from so the new providers</p>	Informational

	<p>could provide services for these consumers. These agencies did not have to do this but graciously volunteered to do this for the new providers. The system is headed in the right direction with preliminary results indicating there are more people in service and more hours of service are being received by people.</p> <p>The Program for Assertive Community Treatment (PACT) teams is operational. Snohomish County has been operating longer with a capacity of 100 and current enrollees are 20-21. Whatcom has been up since November 1st and are up to 10 enrollees with a capacity of 50. Snohomish enrollment should be higher and NSMHA is encouraging them to perform more assessments as their enrollment is low.</p> <p>House Bill 1088 passed in the last legislative session and geared Wraparound services to children and families. The state has let a Request for Proposal (RFP) that was due January 4th and NSMHA submitted a proposal. NSMHA is also working on a proposal for a federal grant, which is a systems change that is also geared around Wraparound services for children and families worth about \$9 million over 5 or 6 years. There is also an issue of matching money, which NSMHA will have match the first year of about \$500,000 and by the end of the period that will be up to \$2.5 million a year put into the program. NSMHA has partners who will share that expense. Children’s Administration has committed to share the expense and hopefully others will commit.</p> <p>Chuck mentioned NAMI Day January 21st and said a flyer is available with information regarding the bus trip. This is a day spent in educating legislators. Andrew said a meeting with the legislators will be between 1-1:30 pm and he has received commitments from Dale Brandland, Harriet Spaniel and Jeff Morris. Andrew asked if the Board wanted Kelly Linville present at 1 or later. Chuck suggested going with the legislator’s wishes and assist other consumers and advocates to talk with their respective representatives.</p> <p>Chuck mentioned the Board of Directors (BOD) will meet Thursday and two new members will begin service from Snohomish County.</p>	
	<p>Finance Committee</p>	
<p>Mary Good</p>	<p>Mary gave the report from the committee. She said the budget currently has \$224.15 left and expenditures are straightforward. A motion to move forward to the Board of Directors for approval, seconded and motion carried. James said the BOD passed the issue of any leftover funds rolling forward to the 2008 Advisory Board budget.</p> <p>Chuck mentioned that NSMHA will be expanding into</p>	<p>Informational</p> <p>Motion carried</p>

	the northwest corner of the building with modifications to existing spaces.	
	Executive Committee/Agenda Committee	
Chair Mead	<p>James stated the committee met and Chuck brought to the committee’s attention issues regarding Secure Detox problems with the Skagit County Prosecuting Attorney (PA). The current PA has asked for funding for an additional full-time PA. NSMHA and Skagit County Advisory Board do not believe the need is warranted. Chuck said NSMHA has never paid court costs for Skagit and Snohomish Counties. He acknowledged that NSMHA will wait and see what comes about with the letter being sent out by Skagit County. Chris asked for clarification as to why the request and Chuck said the PA is newly elected. Joan stated the Skagit County Advisory Board is going to write a letter signed by all the Board members expressing their opinion and concerns about the request. Chuck said it was good for Skagit County Advisory Board to write the letter because they are voting members of Skagit County and will be more effective than a letter from NSMHA.</p> <p>James said representatives will go down to Olympia on January 17th to testify on behalf of Secure Detox. Margaret and Larry will go down and Chuck will already be there and plans to attend the meeting.</p>	Informational
	Quality Management Oversight Committee (QMOC) Report	
Mary Good	The December QMOC meeting was canceled. There is not a report.	Informational
	Ombuds/QRT Report	
James and Chuck Benjamin	James mentioned that Chuck will only be present on a quarterly basis. James said a monthly report will be available in member folders Chuck Benjamin said due to commitments of the office and the resignation of Deborah Moskowitz Chuck Davis’s time is spread thin at the moment. James recommended the Advisory Board present Deborah Moskowitz with a certificate of appreciation on behalf of her service the north sound region, seconded and motion carried.	Informational Motion carried
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	<p>Introduction Items</p> <p>To introduce for review/approval DSHS-NSMHA-WRAP-08 for the purpose of Wellness Recovery Action Plan (WRAP) trainings in the North Sound Region. This funding is through the Mental Health Transformation Grant Project. The term of this agreement is January 16, 2008 through September 30,</p>	Informational

	<p>2008 for a maximum consideration of \$15,000.</p> <p>To introduce for review/approval NSMHA-BROWN MD-PSC-08 for the purpose of Medical Director Consultation Services to NSMHA and VOA. The term of this agreement is February 1, 2008 through December 31, 2008 for a maximum consideration of \$35,000.</p> <p>To introduce for review/approval NSMHA-MEAD-WRAP-PSC-08 for the purpose of WRAP trainings in the North Sound Region. The funding for this contract is through the Mental Health Transformation Grant Project. The term of this agreement is January 16, 2008 through September 30, 2008 for a maximum consideration of \$15,000.</p> <p>James requested a motion to approve the above mentioned items. A motion was made, seconded and motion carried for presentation to the Board of Directors.</p> <p>Action Items None mentioned.</p>	<p>Motion carried</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	Candy said a restructuring of Human Services is taking place and the changes will improve services.	Informational
San Juan	Catherine said they are working a getting the sales tax passed. A taskforce will be formed to inform the general public about what this tax will provide.	Informational
Skagit	Mary said they discussed the issue with the Prosecuting Attorney. They will be sending a letter out with all the names of members. Housing was discussed and Skagit County is working on additional housing facilities. They are looking at the old Hugo Helmer building; however, Joan said they anticipate problems with this project as with the Triage Center. Joan commended NAMI for their support on behalf of the mentally ill. Skagit has a new member, Paul Colvert and he serves on the housing committee.	Informational
Snohomish	Marie said she is working with Jim Bloss on some presentations around different programs. Marie said the sales tax issue in Snohomish is in question. Marie expressed discontent with the location of the clubhouse. James said the Blue Ribbon report was to be completed and submitted by December 31 st and he has not heard anything about that report.	Informational
Whatcom	Andrew said they did not have a meeting in December. A nominating committee was formed and officers will be elected in January.	Informational
COMMENTS FROM THE PUBLIC		
TerryAnn	TerryAnn gave a presentation regarding the co-ed	Informational

	<p>issues in the community hospitals. TerryAnn complained about this situation at Skagit Valley Hospital. Chuck Davis wrote a letter to Skagit Valley Hospital regarding TerryAnn’s complaint and a reply was received. TerryAnn read the response to the members. TerryAnn said she spoke with the individual who responded and she responded with a written reply. TerryAnn reviewed several inappropriate issues that occurred while she was in Skagit Valley Hospital that made her uncomfortable.</p> <p>Andrew stated he agreed that the instance TerryAnn experienced was a prime example of needs warranted within facilities.</p>	
OTHER BUSINESS		
Chair Mead	<p>The Chair asked for any other comments. Andrew encouraged Otis to pursue his desire to serve.</p> <p>James reminded all to give Margaret their application forms to serve on committees.</p>	Informational
ADJOURNMENT		
Chair Mead	<p>The meeting was adjourned at 2:55 p.m.</p> <p>The next meeting will be held on Tuesday, February 5, 2008, in the NSMHA Conference Room.</p>	Informational