



Pre-meeting Advisory Board

March 4, 2008

Presentation

12:15 pm

Wraparound

North Sound Mental Health Administration

By: Julie de Losada

MEMORANDUM

DATE: February 22, 2008
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: March 13, 2008 Board of Director's Agenda

Please find for your review and comment the following that will go before the Board of Directors at the March 13, 2008, NSMHA Board of Directors Meeting.

Introduction Items for the BOD in March

Motion #08-013

To introduce for review NSMHA-L.K.I. SERVICES-MEDICAID-SHORT-TERM HIGH INTENSITY CHILDREN'S CRISIS AND OUTPATIENT SERVICES-08-09 for the provision of a children/youth crisis team in Snohomish County. The contract start date is April 1, 2008. The maximum consideration on this contract is unknown at this time.

Motion #08-014

To introduce for review NSMHA-L.K.I. SERVICES-STATE-SHORT-TERM HIGH INTENSITY CHILDREN'S CRISIS AND OUTPATIENT SERVICES-08-09 for the provision of a children/youth crisis team in Snohomish County. The contract start date is April 1, 2008. The maximum consideration on this contract is unknown at this time.

To introduce for review MHD-NSMHA-WRAPAROUND-SMHC-07-09 for the provision of Wraparound services in Skagit County. The term of this agreement is April 1, 2008 through June 30, 2009. The maximum consideration for this contract is 325,270.

Action Items for the BOD in March

None known at this time.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

**NORTH SOUND MENTAL HEALTH ADMINISTRATION
ADVISORY BOARD MEETING**

**North Sound Mental Health Administration
117 North First St., Suite 8
Mt. Vernon, WA 98273
March 4, 2008
1:00 PM**

Agenda

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the February 2008 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Comments from the Public –5 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – Mary Good – 5 minutes
 - e. Ombuds Snapshot – Chuck Davis – 15 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
 - a. Request for Agenda Items
13. Adjournment

NOTE: The next Advisory Board meeting will be April 1, 2008, in the NSMHA Conference Room.

North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD
February 5, 2008
1:00 to 3:00

Present:	Mary Good, Catherine Ellis, Marie Jubie, Andrew Davis, James Mead, Candace Trautman, Joan Lubbe, Russ Sapienza, Tom Richardson and Chris Walsh
Absent:	Chuck Albertson
Staff:	Chuck Benjamin, Margaret Rojas, Greg Long and Rebecca Pate, recording
Guests:	Laurel Britt, Arthur Jackson, Jeanette Anderson and Mark Gallagher

MINUTES

<i>TOPIC</i>	DISCUSSION	<i>ACTION</i>
CALL TO ORDER, INTRODUCTIONS		
Chair Mead	The Chair called the meeting to order at 1:15 pm. Introductions were made. Stephanie Lane from the Office of Consumer Partnerships gave a pre-meeting report and discussed the efforts this office is trying to accomplish. She emphasized they are in the process of creating a children/youth department at DSHS. Tamara from “Youth in Action” said the objective of their program is to get youth involved and educate to reduce stigma. Their objective is to partner youth and parents not pit them against each other. The location to obtain a book regarding “Youth in Action” is www.tapartnership.org and go to “Youth Move” for the book.	Informational
REVISIONS TO THE AGENDA		
Chair Mead	Chair Mead asked if there were any revisions to the agenda. TerryAnn Gallagher requested input/ideas regarding the presentation on co-ed quarters in the community hospitals mental health wards.	Informational
APPROVAL OF MINUTES		
Chair Mead	The January minutes were reviewed. Joan made a motion to approve the minutes, Catherine seconded and motion carried with one abstention.	Informational Motion carried
COUNTY COORDINATOR REPORT		
	None present.	Informational
COMMENTS FROM THE PUBLIC		
TerryAnn Gallagher	TerryAnn would like to know if anyone has any comments/input on the presentation she gave last month. Russ said up to a point separation for men and women is needed. Russ said one problem faced with the co-ed situation is predators could be housed, which	Informational

	<p>could result in problems.</p> <p>Marie said she has been in facilities where the co-ed situation was not involved.</p> <p>Catherine commented it was a powerful presentation and she said it was a point well taken and hopes TerryAnn will carry it further.</p> <p>Russ asked if there had been any complaints regarding staff that has criminal records. TerryAnn said she was not aware of any. Russ stated that is a problem and should be addressed. Maries said she is working on getting the criminal background check put in the “First Aid for Mental Illness” bill. Chuck stated that hospitals are required to do background checks for all employees.</p> <p>TerryAnn said she hopes to get a response from the facility and when/if she does she will share it with the Advisory Board.</p> <p>James said he appreciated what she is doing and thanked TerryAnn for her efforts. He said an option would be to address the state hospital commission regarding this situation.</p> <p>TerryAnn asked if this could be presented to the Board of Directors and James said the Executive Committee would look into it.</p>	
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
<p>Chair Mead</p>	<p>James mentioned that Compass Health has invited all to attend groundbreaking ceremony for the Milwaukee Park apartments, Wednesday, February 13th at 1:30 pm located at 209 S. Milwaukee Street, Mount Vernon and refreshments will be provided. Please respond to your invitation by the deadline.</p> <p>Chris asked how long Compass Health has been in business and James said for 100 years. Greg clarified this tenure has been under different auspices/titles.</p> <p>James acknowledged the draft minutes from Quality Management Oversight Committee (QMOC) were in their folders, a letter of “thank you” from Rainbow Center and the Ombuds snapshot report.</p> <p>James acknowledged Laurel Britt’s term with Snohomish County and NSMHA Advisory Board has ended and he presented her with certificates of appreciation for her services on the Advisory Board.</p>	<p>Informational</p>
NEW BUSINESS		

Chair Mead	None mentioned.	Informational
MONTHLY COMMITTEE REPORTS		
Chuck Benjamin	Executive Director’s Report	
Chuck Benjamin	<p>The system transformation going from managed care to modified fee-for-service is moving along smoothly. The intent is to allow consumer choice. Providers have been patient and cooperative in getting the new providers consumers and up and running.</p> <p>Wraparound and Systems Change grant has been submitted. NSMHA, in partnership with Children’s Administration and Skagit County Human Services, won a state grant for \$286,000 for 15 months beginning in April. This grant will concentrate in Skagit County. Chuck said this grant really wanted fidelity evidenced-based wraparound services for children and families. Yet the money allocated on a statewide basis was only \$504,000, which is not enough money to do a fidelity based program. Chuck said this is why NSMHA concentrated on Skagit County because the \$286,000 in grant money and other monies coming from Children’s Administration and Skagit County’s sales tax initiative that passed would allow this to be a fidelity based model in Skagit County. The state acknowledged how well the grant was put together and Chuck acknowledged thanks to Julie de Losada, a host of other staff, as well as, other cross systems for all their efforts in putting the grant together. In conjunction with this grant, NSMHA has also partnered with Children’s Administration and hopefully all five counties to pursue a Substance Abuse, Mental Health Service Administration (SAMHSA) grant worth \$9 million over six years with match monies that have to come into play. This will allow for more services towards a fidelity based model of wraparound services region wide and if the counties can put in some funds towards this even more could be done in each county. This grant requires certain positions to be filled and these were incorporated in the grant application. There are also all kinds of reporting requirements. Chuck acknowledged that NSMHA feels it can do a good job if awarded the grant. This grant is holistic which is why it has to be cross systems (i.e., mental health, substance abuse, developmentally disabled, work with schools and perform more intense services for kids and families). It is family and child driven, which means it is not what the clinician thinks they need but what the family and child working within the system say they need. It is a philosophical change from where NSMHA currently is regarding services. Greg asked if a presentation might be done for the Board around Wraparound. Chuck</p>	Informational

	<p>suggested the next pre-meeting.</p> <p>The Program for Assertive Community Treatment (PACT) is up and operating in Snohomish and Whatcom Counties. There are 100 slots in Snohomish County and 50 slots in Whatcom County. Currently, there are 21 enrolled in Snohomish County and 13 in Whatcom County. Chuck elaborated this program is a 24/7 program to assist individuals who are in and out of the hospital a lot and/or very acutely ill. Chuck stated the Snohomish PACT is under review due to some issues that have presented themselves. Chuck said perhaps next month he could provide more detail regarding the review.</p> <p>The awards for the poster contest will be presented at the February 14th Board of Directors meeting.</p> <p>A Request for Qualifications (RFQ) for Information Systems (IS) consultant has been released. This is not to change the software but to configure the system for the region to see if that is the most effective and cost efficient way to proceed or is there a better way. The reason for this is because NSMHA and the providers have had issues with trying to get changes made to the IS through Sound Data. Chuck added when the state changes requirements then NSMHA and the providers must implement those changes so proper reporting can be done with the state and meet provider needs as well. Chuck said all the providers accept Interfaith utilize Raintree through Sound Data. The objective is to find the best way to achieve the results necessary in the most cost effective way. Chris asked the cost involved in setting up this system and Chuck acknowledged the costs were extensive due to everything involved. Chris acknowledged it appears to be difficult getting Sound Data to initiate the changes to the system which results in problems happening and Chuck acknowledged that appears to be part of the issue. Chuck said requirement changes from the state also occur within the NSMHA system if the data/changes are not already a part of data NSMHA collects. The bidders' conference has already been held and only one bidder showed but it was not mandatory. Greg announced letters of intent for the RFQ have to be submitted by February 8th. Chuck said he would keep the Board informed on how things progressed.</p> <p>Chuck presented each member of the Advisory Board with certificates of appreciation for services on the NSMHA Advisory Board for 2007. Chuck acknowledged that Board participation was not just involved here at the meeting but outside within their prospective communities and without that</p>	
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	<p>participation NSMHA would not have the reputation it has statewide. Chuck thanked all the members.</p>	
	<p>Finance Committee</p>	
Mary Good	<p>Mary said they met and acknowledged they went over the 2007 budget by \$243.03 and reviewed January 2008 expenditures. Chuck mentioned the largest expenditure to date for 2008 was the bus for NAMI Day.</p> <p>Mary said the Tribal Conference is June 4-5 and the state Behavioral Health Conference is June 11-13.</p> <p>A motion was brought forward from the committee to forward the expenditures to the Board of Directors for approval, seconded and motion carried with one abstention.</p> <p>James mentioned that Andrew and Marie are making a trip to Olympia to testify at the legislature and the Finance committee brought forward a motion for funding to include mileage, meals and rooms. Andrew asked if anyone else would like to go and said they would leave directly following the Board of Directors and Russ wanted to go. Tom amended the motion to include Russ, TerryAnn seconded and motion carried with three abstentions.</p> <p>James said the Tribal Conference is June 4-5 and the committee voted to provide 12 scholarships. James passed a sign up sheet for those interested. James said if less than 12 Board members sign up the extra scholarships will go to consumers/advocates. If more than 12 sign up the Executive Committee will decide who gets the scholarships. James acknowledged that the Board also pays for the rooms of attendees. James distributed registrations and requested they be returned to Rebecca today or before March 21st to get the early registration rate of \$125, which saves \$50.</p> <p>James said the state Behavioral Health Conference voted to provide the bus, rooms and meals. James added that Chuck is looking at calling other Regional Support Networks on the route over and offering to pick up additional riders only. Tom made a motion to approve the bus reservation and up to 20 rooms for the conference, seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p> <p>Motion carried</p> <p>Motion carried</p>
	<p>Executive Committee/Agenda Committee</p>	
Chair Mead	<p>James said last month it was requested individuals fill out applications for Planning and Quality Management Oversight (QMOC) Committees. The positions for the Planning Committee have been filled by Otis Gully, James Mead, TerryAnn Gallagher, Andrew</p>	<p>Informational</p>

	<p>Davis and Marie Jubie. The QMOC committee has Mary Good, Janet Lutz-Smith (with Betty Scott as her backup), Dan Bilson and Susan Ramaglia are on this committee but two members are still needed. Joan said she really wanted to be on the Planning Committee but since it was filled she would continue serving on QMOC. Margaret acknowledged she would need to fill out an application with updated information, which means one more individual is still needed and if interested get an application from Margaret.</p> <p>Chuck announced that NSMHA is reviewing their entire committee structure and it was discussed at Executive Committee. He admitted all the various committees were a huge obligation for NSMHA, as well as, all the providers. Therefore, NSMHA is looking at streamlining the committees as much as possible. The two standing committees, which are Planning and QMOC, will remain because a lot of issues are funneled through them. Chuck announced the Planning Committee meets the 1st Friday of each month from 11 – 12:45. QMOC meets the 4th Wednesday of each month from 12:30 – 2:30. Chuck said there is also a one day registrations if you could not make both days.</p>	
	<p>Quality Management Oversight Committee (QMOC) Report</p>	
<p>Mary Good</p>	<p>The draft minutes from the meeting are in your manila folder.</p> <ol style="list-style-type: none"> 1. The meeting was convened at 12:35, January 23, 2008. 2. The November minutes were approved with corrections. 3. Several announcements were made. (See draft minutes for details) 4. Reports given: <ol style="list-style-type: none"> a. Request for Qualifications (RFQ) Implementation b. Policy Subcommittee c. Integrated Crisis Response System (ICRS) Policies d. Quality Management Workplan – approved by the committee for forwarding to the NSMHA Advisory Board and Board of Directors for approval e. Exhibit N f. Consumer Representation Update (deferred due to time restraints) g. Updates on Fidelity Programs (deferred) 5. Floor was opened for discussion. 	<p>Informational</p>

	<p>6. Meeting was adjourned at 2:30 pm and the next meeting will be February 27, 2008.</p> <p>Greg presented an overview of the Quality Management Plan and pointed out areas of interest. He affirmed this overview was being given because NSMHA wanted the Advisory Board's recommendation to move it forward to the Board of Directors. Greg acknowledged this is one of the best plans to be developed. He acknowledged Terry McDonough of NSMHA, Pam Benjamin of Whatcom Counseling and Psychiatric Clinic (WCPC), Heather Fennell of Compass Health, and Kay Burbidge of Lake Whatcom, helped with the development of the plan and Barbara Mauer of Managed Care Performance Project (MCP) consulted on the structure of the plan. Chris affirmed he liked the new format and asked if at the end of 2009 a report would be done on how well the plan worked. Greg said a yearly integrated report is done and in 2009 a report would be done on this plan. Chuck said if NSMHA is monitoring something and a problem presents itself it is brought before everyone at that time. Tom acknowledged the difference in structure he has seen over the years since he has been involved in the mental health system. Tom made a motion to send it forward along with appreciation for the individuals who worked diligently on developing this plan, TerryAnn seconded and motion carried.</p> <p>Tom mentioned the difference he has noticed over time of the relationships between providers, NSMHA, consumers and families in our region and hopes it continues. Joan acknowledged the efforts Chuck has put into these changes. Chuck expressed all could not have been done without the help of the consumers, providers and NSMHA staff. He said he felt the system could do more if the federal and state government would remove the strings from the money and let the mental health system perform their work but this is something NSMHA will have to deal with through our performance.</p>	<p>Motion carried</p>
	<p>Ombuds/QRT Report</p>	
	<p>The Ombuds snapshot report was included in each member's manila folder.</p>	<p>Informational</p>
<p>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</p>		
	<p>Introduction and Action Items</p>	
<p>Chuck Benjamin</p>	<p>Introduction Items To introduce for review/approval NSMHA-RAINTREE-04-05 AMENDMENT 3 for the purpose of final payment for services through December 31, 2007. The consideration for this amendment is \$22,804 for a maximum consideration on this contract</p>	<p>Informational</p>

	<p>of \$331,134. Tom mentioned that Interfaith is not involved in Raintree and Chuck said all other providers utilize Sound Data for Raintree input. Chuck mentioned that Sunrise did not want to use Sound Data but had to because of the short timeframe. He also mentioned that Interfaith has an extensive Information Systems (IS) and submits data directly to NSMHA. Chuck added this is one thing that will be looked at regarding the Request for Qualifications (RFQ) for the IS consultant. It will be considered if all providers should submit information directly or continue to utilize Sound Data. The counties have experienced difficulty submitting jail services information to NSMHA. The consultant will review all of these issues and make a proposal. Tom expressed that with all the advancements projected through the candidates currently running for office regarding electronic medical records that safeguards will be taken to ensure privacy through the shared networks. Chuck said the mental health system has to deal with the giant of IS because we are the only state system that does not have a state reporting system. He added that Developmental Disabilities have a report called the “Chris report” and Chemical Dependency has “Target report”. The state developed all of these and the counties have to report through these systems and mental health does not have this capability. Instead our state has decided that each RSN will be responsible for having their own system for reporting what the state requires, which probably more than quadruples the cost of IS technology because all the systems are basically different. Chuck added there has been talk through the Transformation Grant of pushing the Mental Health Division to have a single IS for the state but from his perspective the Transformation Grant will end in 2 ½ years and by then there will probably not be any legs behind an effort to have a statewide system and we will be left with what is currently in place. Tom said with this information he makes a motion that the Advisory Board endorse the recommendation, seconded and motion carried.</p> <p>Action Items None mentioned.</p>	<p>Motion carried</p>
<p>COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS</p>		
<p>Island</p>	<p>TerryAnn said the Human Services Department being separate from the Health Department through the restructure made the front page newspaper. She acknowledged this change is coming at a good time because of the plans for utilizing the sales tax initiative money that will be coming around the end of March. She said new jobs and programs would be opening up</p>	<p>Informational</p>

	with the changes. She said the sales tax dollars will allow help to be given to individuals who are not on Medicaid, which will be very beneficial.	
San Juan	Catherine said a taskforce has been appointed and will meet Thursday regarding the sales tax initiative and Catherine will be on the taskforce.	Informational
Skagit	Joan said they discussed mental health cross-system training. She said Cindy Maxwell spoke regarding the jail transition program and her functions. She said Cindy acknowledged they see approximately 1200 individuals a year through the program. They discussed the groundbreaking ceremony for the apartments in Skagit County. The next meeting will be a joint meeting with Substance Abuse Board on March 13 th at noon.	Informational
Snohomish	<p>Marie said she will not give the report but wanted to mention that some consumers are meeting to present a proposal to Ken Stark for funding to start a new organization. They will be meeting on the 9th to finalize the proposal and present it to Ken Stark. Part of what will be done is to organize trips to the 24 or 25 clubhouses/gathering places in the state of Washington and conduct trainings and discuss the “Continue 2 Continue (C2C!)” organization. This will be to basically discuss how to organize people for participation in different functions. She affirmed that sometimes it is very difficult to get people with psychiatric disabilities organized. She said their mission statement is “Hope is our vehicle, Resiliency is our fuel and Recovery is our Destiny”.</p> <p>James said Anne Deacon spoke about the status of Snohomish County and the Snohomish County Mental Health Advisory Board is going to conduct a retreat to look at what will be done during the upcoming two years. She spoke about the sales tax and is hopeful it will pass. James said Anne will be conducting meetings regarding the sales tax and people who will be attending are: Chairman of the Substance Abuse Advisory Board, Chairman of the Mental Health Advisory Board, elderly individuals and others (i.e., Chuck Benjamin). James will keep people informed. James encouraged all to read the report Anne has put together regarding how the funds will be utilized. James acknowledged that Greg provided a NSMHA report. James said there were three visitors at the meeting. Otis and Arthur will be officially appointed Monday night to Snohomish County and letters of appointment for NSMHA Advisory Board will be forthcoming.</p>	Informational
Whatcom	Andrew said no meeting was held due to lack of attendance.	Informational

COMMENTS FROM THE PUBLIC		
Jeanette Anderson	Jeanette asked for clarification regarding what Cindy Maxwell spoke about at Skagit County Advisory Board.	Informational
OTHER BUSINESS		
	James acknowledged a request for a presentation regarding Wraparound be made and this will be deferred to Margaret for arrangements.	Informational
ADJOURNMENT		
Chair Mead	Tom made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:40 p.m. The next meeting will be held on Tuesday, March 4, 2008, in the NSMHA Conference Room.	Informational Motion carried