



## **Advisory Board**

**Pre-meeting**

**September 1, 2009**

**12:15 - 1:00**

**Strategic Planning**

**Presented by**

**Greg Long**

**Deputy Director, NSMHA**

## MEMORANDUM

DATE: August 24, 2009  
TO: NSMHA Advisory Board  
FROM: Chuck Benjamin, Executive Director  
RE: September 10, 2009, Board of Director's Agenda

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Please find for your review the following that was introduced to the NSMHA Board of Directors at the August 13, 2009, meeting. These will be action items at the September 10, 2009, meeting:

### **FBG Contracts**

#### **Motion #09-099**

To introduce NSMHA-SENIOR SERVICES of SNOHOMISH COUNTY-FBG-09-10 for the provision of geriatric screening and short term mental health intervention to older adults in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$39,800.

#### **Motion #09-100**

To introduce NSMHA-EVERETT HOUSING AUTHORITY/HOPE OPTIONS-FBG-09-10 for the provision of stabilizing housing and short term mental health intervention to older adults and adults at risk of homelessness in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$37,138.

#### **Motion #09-101**

To introduce NSMHA-SKAGIT COUNTY HUMAN SERVICES-FBG-09-10 for the provision of an Outreach-Intervention Specialist to work with the homeless population in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

#### **Motion #09-102**

To introduce NSMHA-OPPORTUNITY COUNCIL WHATCOM COUNTY-FBG-09-10 for the provision of a case management position for people with mental illness who were homeless and are applying for and securing housing in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$49,200.

#### **Motion #09-103**

To introduce NSMHA-SEA MAR-FBG-09-10 for the provision of integrating mental health and physical health in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

**Motion #09-104**

To introduce NSMHA-*bridgenways*-FBG-09-10 for the provision of an outreach special at the Sparrow House transitional housing project in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$65,560.

**Motion #09-105**

To introduce NSMHA-SNOHOMISH COUNTY HUMAN SERVICES-FBG-09-10 for the provision of short term case management for those ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

**Motion #09-106**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC CLINIC-FBG-09-10 for the provision of Elder Gatekeeper Services, an Evidence Based Practice, in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$44,352.

**Motion #09-107**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC GLADSTONE PROJECT-FBG-09-10 for the provision of employing a Peer Counselor to work with individuals in the Gladstone House in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$24,752.

**Motion #09-108**

To introduce NSMHA-SUN COMMUNITY-FBG-09-10 for the provision of urgent transitional housing for people with mental illness in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$57,500.

**Motion #09-109**

To introduce NSMHA-SUNRISE SERVICES-FBG-09-10 for the provision of the operation of the Peer Connections Center in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$50,000.

**Motion #09-110**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-FBG-09-10 for the provision of mental health outreach to children and families in east Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$26,600.

**Motion #09-111**

To introduce NSMHA-STILLAGUAMISH TRIBE-FBG-09-10 for the provision of mental health services to Tribal and non-Tribal members ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$20,000.

**Motion #09-112**

To introduce NSMHA-COMPASS HEALTH-FBG-09-10 for the provision of transitional mental health services for those ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$unknown.

**Motion #09-113**

To introduce NSMHA-COMPASS HEALTH-FBG-09-10 for the provision of transitional mental health services for those ineligible for other mental health services in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$unknown.

**Motion #09-114**

To introduce NSMHA-TULALIP TRIBES-FBG-09-10 for the provision of outreach and engagement to Tribal members, adult and youth at risk, by providing traditional healing, ceremonies and opportunities for growth in Tribal culture. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$81,840.

**Motion #09-115**

To introduce NSMHA-TRAINING RESOURCES IN PARTNERSHIP-FBG-09-10 for the provision of one on one parent partnering, trainings and website development. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$24,205.

**Motion #09-116**

To introduce NSMHA-COMPASS HEALTH-PEER (Bailey) CENTER-FBG-09-10 for the provision of center operations moving in the direction of peer driven and peer run services. The term of this Agreement is October 1, 2009 through September 30, 2010. The maximum consideration for this Agreement is \$73,511.

**Motion #09-117**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-PEER (RAINBOW) CENTER-FBG-09-10 for the provision of center operations moving in the direction of peer driven and peer run services. The term of this Agreement is October 1, 2009 through September 30, 2010. The maximum consideration for this Agreement is \$73,511.

## **STATE ONLY CONTRACTS**

### **Motion #09-117**

To introduce NSMHA-bridgeways-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$349,524.

### **Motion #09-118**

To introduce NSMHA-COMPASS HEALTH-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$14,772,678.

### **Motion #09-119**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$455,385.

### **Motion #09-120**

To introduce NSMHA-INTERFAITH-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$151,548.

### **Motion #09-121**

To introduce NSMHA-LAKE WHATCOM TREATMENT & RESIDENTIAL CENTER-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$2,246,757.

**Motion #09-122**

To introduce NSMHA-SEA MAR-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$266,634.

**Motion #09-123**

To introduce NSMHA-SUNRISE SERVICES-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$1,046,325.

**Motion #09-124**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$2,479,500.

**Motion #09-127**

To introduce NSMHA-SNOHOMISH COUNTY-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration is \$3,198,361.

**Motion #09-128**

To introduce NSMHA-VOLUNTEERS OF AMERICA-SMHC-09-11 for the provision of state funded mental health delegated services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration is \$382,508.

## **MEDICAID CONTRACTS**

### **Motion #09-125**

To introduce NSMHA-*bridgenways*-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$1,208,778.

### **Motion #09-126**

To introduce NSMHA-COMPASS HEALTH-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$28,551,246.

### **Motion #09-127**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$5,303,109.

### **Motion #09-128**

To introduce NSMHA-INTERFAITH-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$491,295.

### **Motion #09-129**

To introduce NSMHA-LAKE WHATCOM TREATMENT & RESIDENTIAL CENTER-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$1,096,746.

**Motion #09-130**

To introduce NSMHA-SEA MAR-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$1,310,988.

**Motion #09-131**

To introduce NSMHA-SUNRISE SERVICES-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$2,574,936.

**Motion #09-132**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$5,134,248.

**Motion #09-137**

To introduce NSMHA-SNOHOMISH COUNTY-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration is \$432,344.

**Motion #09-138**

To introduce NSMHA-VOLUNTEERS OF AMERICA-MEDICAID-09-11 for the provision of state funded mental health delegated services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration is \$ 624,092.



**Motion #09-139**

To introduce NSMHA-ISLAND COUNTY-JAIL SERVICES-09-11 for the provision of jail transition services. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$90,000. The consideration on this Agreement is inclusive of the bridge amendment of July 1, 2009 through September 30, 2009.

**Motion #09-140**

To introduce NSMHA-SAN JUAN COUNTY-JAIL SERVICES-09-11 for the provision of jail transition services. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$90,000. The consideration on this Agreement is inclusive of the bridge amendment of July 1, 2009 through September 30, 2009.

**Motion #09-141**

To introduce NSMHA-SKAGIT COUNTY-JAIL SERVICES-09-11 for the provision of jail transition services. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$144,189. The consideration on this Agreement is inclusive of the bridge amendment of July 1, 2009 through September 30, 2009.

**Motion #09-142**

To introduce NSMHA-SNOHOMISH COUNTY-JAIL SERVICES-09-11 for the provision of jail transition services. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$854,897. The consideration on this Agreement is inclusive of the bridge amendment of July 1, 2009 through September 30, 2009.

**Motion #09-143**

To introduce NSMHA-WHATCOM COUNTY-JAIL SERVICES-09-11 for the provision of jail transition services. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$234,353. The consideration on this Agreement is inclusive of the bridge amendment of July 1, 2009 through September 30, 2009.

**Motion #09-144**

To introduce NSMHA-COMPASS HEALTH-PACT-09-11 for the provision of fidelity PACT in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$ 2,151,695.

**Motion #09-145**

To introduce NSMHA-LAKE WHATCOM RESIDENTIAL AND TREATMENT CENTER-PACT-09-11 for the provision of a fidelity based PACT in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration for this contract is \$1,225,000.

**Motion #09-146**

To introduce NSMHA-RAINTREE-09-11 for the provision of software licensing and hosting services for the NSMHA Consumer Information System (CIS). The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration of this Agreement is \$264,788.

**Motion #09-147**

To introduce DSHS-HRSA-NSMHA-PIHP-09-11 for the provision of the prepaid inpatient program for eligible individuals with mental illness in the North Sound Region. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration for this contract is \$.

**Motion #09-148**

To introduce DSHS-HRSA-NSMHA-SMHC-09-11 for the provision of mental health services to individuals with mental illness without Medicaid or to Medicaid eligible individuals a service that is not a covered Medicaid treatment in the North Sound Region. The term of the Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The estimated maximum consideration for this contract is \$39,168,544.

cc: Charles R. Benjamin  
County Coordinators  
NSRSN Management Team

# NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

## Agenda

September 1, 2009  
1:00 PM

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the August 2009 Meeting Minutes, Chair – 5 minutes
4. County Coordinator Report
5. Ombuds Report
6. Comments from the Public –5 minutes
7. Correspondence and Comments from the Chair – 5 minutes
8. Old Business
9. New Business:
10. Monthly Committee Reports
  - a. Executive Director's Report – Chuck Benjamin – 5 minutes
  - b. Finance Committee – Mary Good – 5 minutes
  - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
  - d. QMOC Report – 5 minutes
  - e. Planning Committee – 5 minutes
11. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
  - a. Consent Agenda
  - b. Action Items
  - c. Introduction Items
12. Comments from County Advisory Board Representatives – 15 minutes
  - a. Island
  - b. San Juan
  - c. Skagit
  - d. Snohomish
  - e. Whatcom
13. Comments from Public – 5 minutes
14. Other Business
15. Adjournment

NOTE: The next Advisory Board meeting will be October 6, 2009, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)  
MENTAL HEALTH ADVISORY BOARD**

**August 4, 2009**

**1:00 – 3:00**

<b>Present:</b>	<b>Skagit:</b> <i>Mary Good and Joan Lubbe</i> <b>Whatcom:</b> <i>Charles Albertson, Russ Sapienza, Darcy Hocker and Larry Richardson</i> <b>Island:</b> <i>Candace Trautman and Terry Ann Gallagher</i> <b>Snohomish:</b> <i>Otis Gulley, Arthur Jackson and Marie Jubie</i>
<b>Excused Absence:</b>	<b>San Juan:</b> <i>Mary Ann Slabaugh</i> <b>Whatcom:</b> <i>Andrew Davis</i>
<b>Absent:</b>	<b>San Juan:</b> <i>Catherine Ellis</i>
<b>Staff:</b>	<i>Margaret Rojas, Chuck Benjamin and Rebecca Pate, recording</i>
<b>Guests:</b>	<i>Fred Plappert, Jeanette Anderson, Laurel Britt, Lisa Hanks, Jennifer Tone, Jackie Henderson, and Chuck Davis</i>

**MINUTES**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>
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**CALL TO ORDER AND INTRODUCTIONS**

Chair Jackson	The Chair convened the meeting at 1:00 and introductions were made. There was a pre-meeting presentation on “Supported Employment” given by Sunrise Services.	Informational
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**REVISIONS TO THE AGENDA**

Chair Jackson	The Chair asked for any revisions/additions to the agenda and the Chair deferred item #6 to item #12. A motion was made to approve the agenda as amended, seconded and motion carried with one abstention.	Informational  Motion carried
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**APPROVAL OF MINUTES**

Chair Jackson	The Chair asked for any revisions for the July minutes. Larry made a motion to approve as written, Marie seconded and motion carried.	Informational  Motion carried
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**COUNTY COORDINATOR REPORT**

Jackie Henderson	<p>Jackie gave the report.</p> <p><b>Snohomish:</b> The Human Services Department, Chemical Dependency Program and Mental Health Advisory Board will be presenting a community review of the 1/10 of 1 percent sales tax initial draft plan on August 13<sup>th</sup> from 9-11 at the WSU extension Cougar Auditorium at 600 128<sup>th</sup> Street SE, Everett at McCullum Park. They are in the midst of NSMHA audit from August 3-6. Their local Crisis Oversight Committee has been well attended since re-instatement in June.</p> <p><b>Skagit:</b> Skagit County and Sunrise Services has visited Concrete looking for office space and hope to be able to provide mental health services soon, perhaps once a week to start. The 1/10 of 1 percent allocation committee will meet in mid-August to review all programming budgets for 2010. Human Services is</p>	Informational
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	<p>reviewing its in-house Chemical Dependency and Case Management Program goals to provide more holistic services. They hope to be able to address issues such as budgeting and pre-employment preparation.</p> <p><b>Island:</b> They recently completed their school year end report for only four months and the numbers are extremely high. She emphasized the program is going well and school administrators, teachers, etc. are pleased with the program. They are starting a new outreach program for seniors/elderly experiencing mental health problems and the program is going well. She said referrals for this program are coming in from law enforcement, senior services and adult protective services. She said they hope to have their program for those people that are non-Medicaid or uninsured and need mental health services. It is hoped to be available in the fall.</p>	
<b>OMBUDS REPORT</b>		
Chuck Davis	<p>Chuck gave his report. Chuck affirmed they are seeing the highest numbers seen in quite some time. He emphasized there are no major/identifiable trends.</p> <p>Chuck mentioned the Compass Health closures and said the Ombuds are making the following four recommendations due to travel time required for individuals living in Langley that do not have their own transportation.</p> <ul style="list-style-type: none"> <li>• The travel situation should be brought up, discussed and targeted as a treatment plan item for clients caught up in this dilemma</li> <li>• For clients in this situation, <b>clinicians must</b> ensure they keep these appointments or notify the clients well in advance of the scheduled appointment if they will not be able to keep it.</li> <li>• If these clients receive meds management, as well as, other services, <b>all</b> appointments should be scheduled for the same day to avoid multiple travel days.</li> <li>• Compass Health should confer with Para-transit, a Medicaid transportation agency in Snohomish, to advise them that closing facilities may put an extra burden on them.</li> </ul>	Informational
<b>COMMENTS FROM THE PUBLIC</b>		
Chair Jackson	The Chair deferred this to the end of the meeting per approved agenda revision.	Informational
<b>COMMENTS AND CORRESPONDENCE FROM THE CHAIR</b>		
Chair Jackson	The Chair had no comments.	Informational
<b>NEW BUSINESS</b>		
Chair Jackson	The Chair asked if anyone had any new business and Fred Plappert mentioned Mike Cooper, Snohomish County	Informational

	<p>Commissioner, is having some health concerns and requested a get well card be sent. Otis made a motion to send a get well card, Russ seconded and motion carried. Rebecca said she would create and bring a card to the next meeting.</p> <p>Terry Ann mentioned her EFT counselor will be conducting a pre-meeting presentation to be announced.</p> <p>The Chair said the Executive Committee approved 10 slots for the Co-Occurring Disorders (COD) conference. He mentioned the new notification language that will be incorporated on flyers. Early registration cut off is September 1<sup>st</sup>. Rebecca requested members email her if interested in attending. Margaret Rojas will be presenting at this conference. Transportation details will be discussed at September meeting.</p>	Motion carried
<b>MONTHLY COMMITTEE REPORTS</b>		
	<b>Executive Director's Report</b>	
Chuck Benjamin	<p>Chuck said a lot is occurring at this time and a large number of contracts will be introduced at the next Board of Directors meeting, August 13<sup>th</sup>.</p> <p>Chuck said the state auditor's have completed their audit of NSMHA with no findings.</p> <p>NSMHA is in preparation for the next External Quality Review Organization (EQRO) visit, November 4-6.</p> <p>He affirmed the court date for Skagit County issue is September 18<sup>th</sup> in Thurson County.</p>	Informational
	<b>Finance Committee</b>	
Mary Good	Mary presented the Finance Committee report. She said the committee recommended approval of the expenditures to the full Board. Otis made a motion to accept the report and forward to the Board of Directors for approval, Marie seconded and motion carried.	Informational  Motion carried
	<b>Executive/Agenda Committee</b>	
Charles Albertson	Charles said the committee met and approved the previously mentioned COD conference slots. He added changes were made to the By-Laws and asked all to review and be prepared to discuss next month. He mentioned site visits were discussed and a visit will be done to the Tulalip Medical facility. He stated Margaret drafted a "thank you" letter to Senator Hargrove and "no show" language for conference flyers. Larry made a motion to accept the report, Mary seconded and motion carried.	Informational  Motion carried
	<b>Quality Management Oversight Committee (QMOC) Report</b>	
Marie Jubie	1. The meeting was held July 22, 2009, and the June summary was approved as amended.	Informational

	<p>2. The following announcements were made:</p> <ul style="list-style-type: none"> <li>a. Core Elements revision for Clinical Practice Guidelines has been completed</li> <li>b. Short-term High Intensity Services Program closed as of June 30<sup>th</sup>.</li> <li>c. Greg mentioned a book he has and is willing to share regarding evidenced-based practices for trauma disorders</li> <li>d. Utilization review date for January through April went out to providers</li> <li>e. Susan Ramaglia said NAMI Skagit “Family to Family” Program will now be offered in Spanish</li> <li>f. Rochelle Clogston from Compass Health is being replaced by Stacey Alles</li> <li>g. David Small said Sea Mar’s Mount Vernon location is moving to 1010 East College Way, July 31st</li> </ul> <p>3. Old Business:</p> <ul style="list-style-type: none"> <li>a. Charter Revisions review by Board of Directors was discussed</li> </ul> <p>4. The following Quality Issues were discussed:</p> <ul style="list-style-type: none"> <li>a. External Quality Review Organization (EQRO) recommendations</li> <li>b. Children’s Hospitalization Alternative Program (CHAP) Report</li> <li>c. Child Mental Health Specialists (CMHS)</li> <li>d. Intra-Network Consumer Transfers &amp; Coordination of Care policy and it was recommended for approval with changes by designee for Board of Directors</li> <li>e. Release of Information (ROI)</li> </ul> <p>5. Cindy briefly reviewed Policy 1005.00 – Notice Requirements and it was recommended for approval by designee for Board of Directors.</p> <p>6. The next meeting will be August 26, 2009, from 1-3.</p> <p>Charles made a motion to accept the report, seconded and motion carried.</p>	<p>Motion carried</p>
<b>ITEMS BROUGHT TO THE BOARD OF DIRECTORS</b>		
<b>Introduction and Action Items</b>		
<p>Chuck Benjamin</p>	<p>Chuck said the following contracts will go before the Board of Directors, August 13<sup>th</sup> as introductory items and no action was required by the Advisory Board. He said the contracts were broken out by funding stream for ease of viewing.</p>	<p>Informational</p>

**FBG ONLY Motions 099-116**

**Motion #09-099**

To introduce NSMHA-SENIOR SERVICES of SNOHOMISH COUNTY-FBG-09-10 for the provision of geriatric screening and short term mental health intervention to older adults in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$39,800.

**Motion #09-100**

To introduce NSMHA-EVERETT HOUSING AUTHORITY/HOPE OPTIONS-FBG-09-10 for the provision of stabilizing housing and short term mental health intervention to older adults and adults at risk of homelessness in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$37,138.

**Motion #09-101**

To introduce NSMHA-SKAGIT COUNTY HUMAN SERVICES-FBG-09-10 for the provision of an Outreach-Intervention Specialist to work with the homeless population in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

**Motion #09-102**

To introduce NSMHA-OPPORTUNITY COUNCIL WHATCOM COUNTY-FBG-09-10 for the provision of a case management position for people with mental illness who were homeless and are applying for and securing housing in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$49,200.

**Motion #09-103**

To introduce NSMHA-SEA MAR-FBG-09-10 for the provision of integrating mental health and physical health in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

**Motion #09-104**

To introduce NSMHA-*bridgeways*-FBG-09-10 for the provision of an outreach special at the Sparrow House transitional housing project in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$65,560.



**Motion #09-105**

To introduce NSMHA-SNOHOMISH COUNTY HUMAN SERVICES-FBG-09-10 for the provision of short term case management for those ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$70,000.

**Motion #09-106**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC CLINIC-FBG-09-10 for the provision of Elder Gatekeeper Services, an Evidence Based Practice, in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$44,352.

**Motion #09-107**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC GLADSTONE PROJECT-FBG-09-10 for the provision of employing a Peer Counselor to work with individuals in the Gladstone House in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$24,752.

**Motion #09-108**

To introduce NSMHA-SUN COMMUNITY-FBG-09-10 for the provision of urgent transitional housing for people with mental illness in Whatcom County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$57,500.

**Motion #09-109**

To introduce NSMHA-SUNRISE SERVICES-FBG-09-10 for the provision of the operation of the Peer Connections Center in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$50,000.

**Motion #09-110**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-FBG-09-10 for the provision of mental health outreach to children and families in east Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$26,600.

**Motion #09-111**

To introduce NSMHA-STILLAGUAMISH TRIBE-FBG-09-10 for the provision of mental health services to Tribal and non-Tribal members ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$20,000.

**Motion #09-112**

To introduce NSMHA-COMPASS HEALTH-FBG-09-10 for the provision of transitional mental health services for those ineligible for other mental health services in Snohomish County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$unknown.

**Motion #09-113**

To introduce NSMHA-COMPASS HEALTH-FBG-09-10 for the provision of transitional mental health services for those ineligible for other mental health services in Skagit County. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$unknown.

**Motion #09-114**

To introduce NSMHA-TULALIP TRIBES-FBG-09-10 for the provision of outreach and engagement to Tribal members, adult and youth at risk, by providing traditional healing, ceremonies and opportunities for growth in Tribal culture. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$81,840.

**Motion #09-115**

To introduce NSMHA-TRAINING RESOURCES IN PARTNERSHIP-FBG-09-10 for the provision of one on one parent partnering, trainings and website development. The term of the Agreement is October 1, 2009 through September 30, 2010. The maximum consideration of this Agreement is \$24,205.

**Motion #09-116**

PLACE HOLDER- NSMHA FBG CONTRACT 10k FOR WRAPAROUND – NOT SURE IF IT WILL BE HERE FOR AUGUST MEETING

**STATE ONLY Motions 117-124**

**Motion #09-117**

To introduce NSMHA-bridgeways-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009

through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-118**

To introduce NSMHA-COMPASS HEALTH-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-119**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-120**

To introduce NSMHA-INTERFAITH-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-121**

To introduce NSMHA-LAKE WHATCOM TREATMENT & RESIDENTIAL CENTER-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-122**

To introduce NSMHA-SEA MAR-SMHC-09-11 for the provision of state funded mental health services in the North

Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-123**

To introduce NSMHA-SUNRISE SERVICES-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-124**

To introduce NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-SMHC-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**MEDICAID ONLY Motions 125-132**

**Motion #09-125**

To introduce NSMHA-*bridgenways*-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-126**

To introduce NSMHA-COMPASS HEALTH-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-127**

To introduce NSMHA-CATHOLIC COMMUNITY SERVICES NW-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-128**

To introduce NSMHA-INTERFAITH-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-129**

To introduce NSMHA-LAKE WHATCOM TREATMENT & RESIDENTIAL CENTER-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-130**

To introduce NSMHA-SEA MAR-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

**Motion #09-131**

To introduce NSMHA-SUNRISE SERVICES-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.

	<p><b>Motion #09-132</b>  To introduce NSMHA-WHATCOM COUNSELING &amp; PSYCHIATRIC-MEDICAID-09-11 for the provision of state funded mental health services in the North Sound Region. The term of this Agreement is October 1, 2009 through September 30, 2011. An amendment shall be offered at the end of the annual legislative session to the provider from July 1, 2011 through September 30, 2011 for the allocation of proposed funds for the next fiscal year. The maximum consideration is \$ unknown.</p>	
<b>COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS</b>		
Island	Candace stated that Compass Health will no longer be conducting Chemical Dependency treatment but this will be done by Phoenix Recovery. She said Whidbey Island individuals will be treated in Oak Harbor and Camano individuals will be served in Mount Vernon. She added statistics of effectiveness from parenting classes in the jail are showing improvements and it is hoped to continue this program, especially the anger management classes.	Informational
San Juan	No representative present.	Informational
Skagit	Mary reported there was no meeting.	Informational
Snohomish	Arthur said 1/10 monies were discussed. He stated an ad hoc committee was mentioned to put together a legislative agenda for the coming year. He affirmed they are working hard to fill all positions on their local Board with hopes for additional representation on the regional level. A review of the preliminary 1/10 draft report meeting is tomorrow.	Informational
Whatcom	Larry said they will be seeing their first 1/10 proposed budget this month. Russ added they will be having a “Family to Family Program” by NAMI in September. He said a Wellness Recovery Action Plan (WRAP) Program will be conducted in late September. He mentioned NAMI Whatcom will have a picnic August 14 <sup>th</sup> . They are in the process of moving Rainbow Center and coming up with a new name.	Informational
<b>COMMENTS FROM THE PUBLIC</b>		
Chair Jackson	The Chair asked for any additional comments from the public.	Informational
Jeanette Anderson	Jeanette said she is now serving on the Mental Health Court Committee and wanted to make sure the Advisory Board was aware of the benefits the Mental Health Court. She emphasized “recovery” is possible.	
Otis Gulley	Otis thanked the NSMHA staff for all their support with the Skagit County situation.	
Larry Richardson	Larry mentioned there is a program in Whatcom County started a program through St. Joseph’s Hospital that meet monthly about various issues. He acknowledged twice NAMI has	

Darcy Hocker	<p>supplied these clergy with information about mental health resources in Whatcom County. He said most often the first contact for someone with mental illness is their clergy person. He said it is vitally important these individuals are informed and/or educated on how to deal with people with mental illness and be able to provide resources.</p> <p>Darcy mentioned she has moved to Blaine and experienced a difficult episode recently. She stated she would like to go to work but fears the loss of her benefits, which are vital to her well being.</p>	
<b>OTHER BUSINESS</b>		
<p>Chair Jackson</p> <p>Terry Ann Gallagher</p> <p>Otis Gulley</p> <p>Fred Plappert</p> <p>Terry Ann Gallagher</p>	<p>The Chair asked if anyone had any other business.</p> <p>Terry Ann asked about upcoming training regarding “Mental Health First Aid Kit” and Margaret stated whatever information was in the email she distributed is all she knew about the event. She also mentioned the “Dealing with Negative Media” event. Margaret said if you are interested in attending to express your interest to the Chair and it could be paid for under Professional Development in the Advisory Board budget.</p> <p>Otis asked if something could be done with churches in the communities, as far as, educating them about persons with disabilities/mental illness.</p> <p>Fred introduced himself to the Board as a perspective Advisory Board member from Snohomish County.</p> <p>Terry Ann mentioned she has started a Blog out of a desire to share her experiences and/or resources regarding Emotional Freedom Technique (EFT). She will provide information to Margaret for distribution.</p>	Informational
<b>ADJOURNMENT</b>		
Chair Jackson	Candace made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:10. The next meeting is September 1, 2009.	Informational Motion carried