



**Advisory Board Pre-meeting
Wraparound Update Report &
Walking in Recovery - DVD**

July 6, 2010

12:15

By

Julie de Losada

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**The Mental Health Transformation
Project, Office of the Governor, State
of Washington**

MEMORANDUM

DATE: June 28, 2010
TO: NSMHA Advisory Board
FROM: Chuck Benjamin, Executive Director
RE: July 8, 2010, Board of Director's Agenda

NOTE: Please note as of June 28, 2010, I do not know of any items going before the Board of Directors at their July 8, 2010, meeting. If this changes, there will be a revised memorandum in your manila folders.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

July 6, 2010
1:00 PM

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the June 2010 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Brief Announcements – 3 minutes
 - a. Behavioral Health Conference Update
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Old Business:
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Charles Albertson – 5 minutes
 - d. QMOC Report – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Adjournment

NOTE: The next Advisory Board meeting will be August 3, 2010, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

**June 1, 2010
1:00 – 3:00**

Present:	Island: Terry Ann Gallagher Skagit: Mary Good and Susan Ramaglia Snohomish: Arthur Jackson, Marie Jubie and Fred Plappert Whatcom: Charles Albertson, Larry Richardson and Russ Sapienza
Excused Absence:	San Juan: Mary Ann Slabaugh Island: Candace Trautman Snohomish: Otis Gulley
Absent:	Skagit: Joan Lubbe
Staff:	Margaret Rojas, Chuck Benjamin and Rebecca Pate, recording
Guests:	Jeanette Anderson, Chuck Davis and Carol Ann Sullivan

MINUTES

TOPIC	DISCUSSION	ACTION
CALL TO ORDER AND INTRODUCTIONS		
Chair Jackson	The Chair convened the meeting at 1:01. There was a pre-meeting by NAMI Skagit.	Informational
REVISIONS TO THE AGENDA		
Chair Jackson	The Chair asked for any revisions to the agenda and he added discussion of Behavioral Health Conference (BHC) scholarships and Crisis System Review Implementation Committee. Charles requested materials for Planning Committee.	Informational Get Planning Committee info to Charles A.
APPROVAL OF MINUTES		
Chair Jackson	The Chair asked for any revisions to the May minutes. Russ changes “article” to “letter” under brief announcements. Susan changed under Skagit County report “hospice” to “hospital/emergency services”. Fred made a motion to approve as amended, Susan seconded and motion carried.	Informational Motion carried
OMBUDS REPORT		
Chuck Davis	Chuck presented the Ombuds/Quality Review Team snapshot report. Marie invited Chuck D. to attend a Snohomish County Program for Assertive Community Treatment Advisory Board meeting. Chuck asked her to call him with the information and he would be happy to attend.	Informational
BRIEF ANNOUNCEMENTS		
Chair Jackson	The Chair asked if anyone had any announcements. Chuck B. mentioned he has a new granddaughter born May 29 th at 9:44 pm named Delaney Grace Pike. She is his first Washington State grandchild.	Informational

OLD BUSINESS		
Larry Richardson	Larry asked for details for the Behavioral Health Conference and Rebecca briefed the Board on the details.	Informational
Arthur Jackson	The cross-collaboration of members attending other local County Advisory Boards was mentioned. It was stated a schedule of local Advisory Board meetings are available in the Advisory Board Handbook.	
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	<p>Chuck said contracts and contract amendments are being prepared for presentation/renewal to the BOD. He added a provider and consumer/advocate meeting was held regarding funding. Funding cuts will not occur between now and December until NSMHA knows how Provider One is going to establish eligibles/areas of coverage via zip codes. How Provider One sets things up could mean NSMHA will lose and/or gain Medicaid eligible consumers. He said NSMHA is hoping to gain some eligible people because that would bring an increase in funding. Chuck stated the integrated provider meeting went well and the light continues to shine on "Vision of Hope – Paths to Recovery".</p> <p>Larry asked how the new healthcare plan will affect Medicaid people. Chuck stated it would but not until 2014 and it is anticipated a 30% increase in Medicaid eligible individuals. Chuck said he does not know if this will affect the "Access to Care Standards" but it is hoped the standards will go away because then the region could treat anyone with a mental illness. This process is broadening the eligibility for Medicaid.</p>	Informational
	Finance Committee	
Mary Good	Mary stated the committee met and discussed the expenditures and they were straightforward. Marie made a motion to recommend approval of expenditures by the BOD, Fred seconded and motion carried.	Informational Motion carried
	Executive/Agenda Committee	
Chair Jackson	The chair stated the Crisis System Review Implementation Committee was discussed. Marie made a motion to accept the recommendation from the Executive Committee, seconded and motion carried.	Informational Motion carried
	Quality Management Oversight Committee (QMOC) Report	
Marie Jubie	<p>Marie gave the QMOC report.</p> <ol style="list-style-type: none"> 1. The meeting was held May 26, 2010, and the April summary was approved as written. 2. The following announcements were made: <ol style="list-style-type: none"> a. Greg mentioned WAC revisions have come out which will affect clinical decisions and policies. 	Informational

	<ul style="list-style-type: none"> b. Heather Fennell mentioned E&T facilities will be going “smoke free” effective July 1st. 3. The following Quality Issues were discussed: <ul style="list-style-type: none"> a. Charissa briefly reviewed the recommendation from the CA/LOCUS workgroup with the members under Tab 5 and QMOC made a recommendation to move forward. b. Diana reviewed the Exhibit N report with the group. Fred made a motion to recommend approval by the BOD, Chuck D. seconded and motion carried. c. Greg briefly reviewed the “Differential Guideline for Children and Adolescents with Behavioral Disturbances”. Greg stated if you have any comments/input email them to Sandy Whitcutt. d. Julie addressed the “Recovery Plan Guideline”, stated she is interested in any feedback, and requested feedback be sent to her via email. 4. QMOC Policy Subcommittee presented the following policies for approval: <ul style="list-style-type: none"> a. 1532.00 – Residential Placement (approved) b. 1542.00 – E&T Facilities Admission Medical Clearance Criteria (approved with changes once changes are accepted by ICRS) c. 1543.00 – Nursing Assessment for Consumers at E&T Facilities (approved) d. 1550.00 – Early Periodic, Screening and Diagnostic Treatment (EPSDT) (approved) e. 1557.00 – Safety Policy (Marty’s Law) (approved) f. 1563.00 – Program of Assertive Community Treatment (PACT) (approved) g. 1567.00 – Intensive Outpatient Program (IOP) for Adults (approved) h. 1577.00 – E&T Facilities Refusal and Review Process (approved) 5. ICRS Policy Subcommittee presented the following policy for approval: <ul style="list-style-type: none"> a. 1716.00 – Accessing Developmental Disability/Mental Health Crisis Support Services (approved) <p>The next meeting will be June 23, 2010, from 1-3.</p>	
ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
<p>Chuck Benjamin</p>	<p>Chuck said the only items going to the BOD are regular monthly claims.</p> <p>Margaret said there will be some contract amendments due to some funding changes that are being worked on by Bill. The funding changes will be presented to the Planning Committee on Friday.</p>	<p>Informational</p>

COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	<p><u>.1% tax initiative programs</u></p> <ol style="list-style-type: none"> 1) <u>Counseling Connections Program</u> Fifteen therapists with contracts are matched up with clients. Some unresolved points include: <ol style="list-style-type: none"> a) Some clients need psychiatric medications and the current contracted providers cannot prescribe meds. b) Therapists are needed who are qualified to counsel clients with Co-Occurring Disorders. c) This counseling program is not currently serving Camano Island clients, but plans to be available there by mid-summer. 2) <u>School Counseling</u> Island County lacked school counselors in each district/school until the .1% tax initiative. Teachers, students, and principals continue to affirm the positive effects of this new program. The current staff plans to return next fall. 3) <u>Revamping the NSMHA Mental Health Crisis System</u> Jackie Henderson, Island County Coordinator of Human Services, talked about the new Crisis Stabilization Units (CSU) concept planned region-wide. Her greatest concern is the effects on small population counties, such as Island and San Juan. Island County commissioner John Dean from Camano Island serves on NSMHA’s Board of Directors. He and Jackie continue to educate on the unique needs of island populations and push for creative pilot programs to meet mental health crisis needs. 4) <u>Community Mobilization (CM)</u> Funding for CM decreased due to budget cuts and available grants will now go to Human Services under Jackie Henderson’s supervision. One of CM’s major functions over the past years has been meth awareness programs. This program evolved over the past few years due to the decrease in active meth labs in Island County. Currently the program educates residents of the problems associated with living in a dwelling that formerly housed a meth lab. My main point here is that the new caps on administrative costs often affect small population counties from even accepting the grant money in the first place. However, in this case, at least the funds are channeled back into larger county’s programs. 5) <u>Other:</u> Candy – will serve on the Crisis Review Committee if appointed and plans to attend WA BHC in Yakima. 	Informational
San Juan	No representative present. Rebecca will email Mary Ann about possibly attending July’s meeting via telephone.	Informational Contact Mary Ann Slabaugh

<p>Skagit</p>	<p>Susan mentioned their next meeting is not until next Monday.</p> <p>She mentioned they held CIT for about 19 law enforcement officers last week, which included a presentation by Antonella Novi and Jeanette Anderson, and it went well. She said an extra \$5,000 was put into the jail budget for psychiatric consultations and possibly a treatment oriented group.</p> <p>There will be a NAMI monthly education presentation on Mental Health services in the Skagit County Jail next Tuesday with Gary Shand, head of Skagit County Jail, and two social workers present. This meeting will be at the First United Methodist Church at 1607 E. Division in Mount Vernon at 7 pm.</p>	<p>Informational</p>
<p>Snohomish</p>	<p>Fred said the 1/10 projects reports were given by Bridgeways and Sunrise. The Program for Assertive Community Treatment (PACT) team is continuing to search for full staffing. However, with the NorthStar incident there have been issues with clients to deal with recently.</p> <p>The Chemical Dependency (CD)/Mental Health (MH) Sales Tax Board will host a Community Forum on Wednesday, June 16th, beginning at 7:00 pm at Compass Health (4526 Federal Avenue, Everett). The forum gives contractors/interested agencies and the community an opportunity to provide input on the CD and MH service system in Snohomish County and help identify community needs and service gaps. The Board will use this information, along with information from current contractors and staff, to assist with preparing a budget recommendation for 2011 at the June 30th Board meeting.</p> <p>Mental health providers from Snohomish County who plan to participate in this year's Project Homeless Connect are meeting this week to coordinate planning and prepare for the big event scheduled June 29th from 9-3.</p> <p>Representatives from DSHS Home and Community Services (HCS), Western State Hospital (WSH) and Snohomish County Community Mental Health (including the liaisons to WSH) met last week to improve communication and coordination for the individuals who are in residence at the hospital, specifically related to discharge planning. Continuing conversations are planned to insure collaboration and build relationships with new and changing staff.</p> <p>Snohomish County's Crisis Intervention Team Training is scheduled for June 7-11th at the North Precinct in Marysville.</p> <p>Marie said they visited Bridgeways manufacturing facility and had a tour.</p>	<p>Informational</p>

<p>Marie Jubie</p> <p>Russ Sapienza</p>	<p>Health Federal Campus. The beginning of the meeting from 5:30-7:30 will be for vendors to address the Board and 7:30 – 8:30 will be for the public to make their comments to the Board.</p> <p>Marie said starting June 13th transit services will be suspended until revenue picks up for holidays and Sunday transportation.</p> <p>Russ said Whatcom Transit will hold a meeting June 17th to discuss whether to cut Sunday services entirely. Russ stated the tax levy failed in Whatcom; therefore, Sunday, holidays and lightly used routes services will be cut.</p>	
<p>OTHER BUSINESS</p>		
<p>Chair Jackson</p>	<p>The Chair asked for any other business and it was encouraged for all to continue to write their congressional and state legislators to voice concerns about budget cuts.</p>	<p>Informational</p>
<p>ADJOURNMENT</p>		
<p>Chair Jackson</p>	<p>A motion was made to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:20 pm and the next meeting will be July 6, 2010.</p>	<p>Informational Motion carried</p>