



Advisory Board Pre-meeting

August 3, 2010

12:00

Housing Assistance

by

Lisa Hunt

with

Catholic Community Services

MEMORANDUM

DATE: July 28, 2010

TO: NSMHA Advisory Board

FROM: Chuck Benjamin, Executive Director

RE: August 12, 2010, Board of Director's Agenda

NOTE: As of July 28^h there are no issues going before the NSMHA Board of Directors at the August 12, 2010, meeting that has not previously been reviewed. If anything changes, a revised memorandum will be available at the meeting.

cc: Charles R. Benjamin
County Coordinators
NSRSN Management Team

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

**August 3, 2010
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the July 2010 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Brief Announcements – 3 minutes
6. Correspondence and Comments from the Chair – 5 minutes
7. New Business:
8. Old Business:
9. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – Mary Good – 5 minutes
 - c. Executive Committee/Agenda Committee – Arthur Jackson – 5 minutes
 - d. QMOC Report – 5 minutes
10. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
11. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Comments from Public – 5 minutes
13. Other Business
14. Adjournment

NOTE: The next Advisory Board meeting will be September 7, 2010, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

July 6, 2010

1:00 – 3:00

Present:	Island: <i>Terry Ann Gallagher</i> Skagit: <i>Mary Good, Susan Ramaglia and Joan Lubbe</i> Snohomish: <i>Arthur Jackson, Otis Gulley, Marie Jubie and Fred Plappert</i> Whatcom: <i>Russ Sapienza</i>
Excused Absence:	Island: <i>Candace Trautman</i> Whatcom: <i>Larry Richardson</i> San Juan: <i>Mary Ann Slabaugh</i>
Absent:	
Staff:	<i>Chuck Benjamin, Margaret Rojas and Rebecca Pate, recorder</i>
Guests:	<i>Carolann Sullivan, Snohomish County</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS

Chair Jackson	The Chair convened the meeting at 1:00 pm. There were pre-meeting presentations by Julie de Losada updating the Board about Wraparound Services and a DVD “Walking In Recovery”.	Informational
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REVISIONS TO THE AGENDA

Chair Jackson	The Chair asked for any revisions to the agenda and the Chair added Policy 4513, Co-Occurring Disorders (COD), NAMI Conferences and Charles Albertson’s letter of resignation from NSMHA Advisory Board and Quality Management Oversight Committee (QMOC).	Informational Added Policy 4513 and Conferences
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APPROVAL OF MINUTES

Chair Jackson	The Chair asked for any revisions to the June minutes. Otis made a motion to approve the minutes as written, Terry Ann seconded and motion carried.	Informational Minutes approved as written
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OMBUDS REPORT

Chuck Davis	<p>Chuck gave the Ombuds snapshot and Quality Review Team (QRT) report and told the members it was one week out-of-date.</p> <p>He updated stats as he gave the Ombuds report. He mentioned their office used to assist all venues when called for assistance but have had to decline that assistance due to increase in mental health complaints/grievances and handling assistance needed by regional consumers. He mentioned Ombuds sometimes receive complaints against Public Defenders and they currently have one that is close to home. They will be discussing it with NSMHA to see how to proceed.</p> <p>He said some clients are experiencing issues with enforcement of American Disabilities Act (ADA) rights and without the help of an attorney, which is hard to find, these consumers are having</p>	Informational
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	<p>problems. He mentioned requirements for consumers to get their firearms returned to them. He stated State Ombuds had an afternoon conversation with Acumentra (the External Quality Review Organization [EQRO]) in June and will probably be their input to this organization. He mentioned a client was upset with receiving mail in a NSMHA envelope for privacy. He mentioned the old GAU program is now called Disability Lifeline. He acknowledged 40% of individuals on GAU stand to lose their benefits because of the Disability Lifeline programs 24 month cap on GAU award that is cumulative award. He said Ombuds are concerned the change in the program may cause some hardships on consumers. He added they called CSO and found there are 474 under review for region 3 and about 40% of Snohomish County individuals do not appear to meet the SSI disability criteria and will be terminated from the program. He was told there is a compassionate allowances item which has additional medical issues but none were mental health category one diagnoses.</p> <p>He said providers are expressing concerns about being overworked due to increased eligibles for services and decreased payments to providers. This usually results in increased complaints. He suggested NSMHA take a close look at penetration rates.</p>	
BRIEF ANNOUNCEMENTS		
The Chair	The Chair asked for any announcements and Margaret mentioned the survey received from the hotel where people stayed for the Behavioral Health Conference. She asked individuals to fill it out and return to Rebecca for submission to the hotel.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Jackson	The Chair had nothing to add at this time.	Informational
NEW BUSINESS		
Chair Jackson	<p>The Chair asked for any new business and Otis mentioned he and Marie attended Crisis Intervention Training (CIT) in Marysville, which was great.</p> <p>Fred mentioned the Dignity and Respect Workgroup has begun their meetings will be made knows once the poll is completed.</p>	Informational
OLD BUSINESS		
Chair Jackson	The Chair asked for any old business and the Chair mentioned Charles Albertson's letter of resignation that was received and passed around for all to view. It was confirmed that Darcy Hocker has moved and will be submitting a letter of resignation.	Informational
MONTHLY COMMITTEE REPORTS		
Executive Director's Report		
Chuck Benjamin	Chuck mentioned a lot is occurring and the Leadership Team (LT) is still pursuing its development. He said the LT is developing a NSMHA work plan to help close the loop of conducting business and will be presenting this soon. Chuck said NSMHA/Planning Committee is working on a plan regarding	Informational

	<p>where to go surrounding fee for service and will present something within the next 30 days. He added the State held NSMHA to no increase which is a decrease because the State is expecting NSMHA to serve more with the same funding as before. He stated NSMHA hopes Medicaid eligible's will only increase 2% and if this happens NSMHA can maintain operations but anything over that will affect the system. He said if the stimulus package is rolled back or not extended that will be a severe cut that will affect NSMHA.</p>	
	Finance Committee	
Mary Good	<p>Mary said they met and discussed upcoming conferences. She said the Co-Occurring Disorders (COD) and NAMI conferences are occurring soon and the committee recommended sponsoring seven scholarships for each conference. Arthur said carpooling will be done for both conferences. He added these conferences will deplete funds allocated for this project in the beginning budget. The committee brought a motion forward to approve the scholarships for both conferences. This motion was approved by the full Board.</p> <p>The committee brought a motion forward to have Policy 4513 remain as written. A motion was brought forward and the full Board approved the motion.</p>	<p>Informational</p> <p>Motion for Conferences was approved by full Board</p> <p>Motion approved</p>
	Executive/Agenda Committee	
The Chair	<p>The Chair mentioned two members from Whatcom County stepped down and there are two openings for the NSMHA Advisory Board. He stated there are two openings for Quality Management Oversight Committee (QMOC) and stated Rebecca has applications available if anyone is interested in serving.</p>	Informational
	Quality Management Oversight Committee (QMOC) Report	
Fred Plappert	<p>Fred gave the following QMOC report.</p> <ol style="list-style-type: none"> 1. The meeting was held June 30, 2010, and the May summary was approved as amended. 2. The following announcements were made: <ol style="list-style-type: none"> a. Snohomish conducted their Project Homeless Connect with 815 registrants and about 1,000 people showing up. b. Fred mentioned the Dignity & Respect Workgroup began their meetings. 3. Old Business: <ol style="list-style-type: none"> a. None at this time 4. The following Quality Issues were discussed: <ol style="list-style-type: none"> a. Sharing Individual Provider Data with all Providers. b. Core Performance Indicators c. Clinical Guidelines d. 2010 Regional Utilization Review (UR) Data 5. The next meeting will be July 28, 2010, from 1-3. 	Informational

ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	<p>Chuck mentioned one item going before the Board of Directors is bringing SharePoint 2010 on board at NSMHA facilities. This is to bring a consultant on board to train Information System (IS) and all NSMHA staff for a cost of \$6,000. Chuck requested a recommendation from the Advisory Board. Fred made a motion to move forward for approval by the Board of Directors, Otis seconded and motion carried.</p> <p>FYI, the following contracts/contract amendments were approved by the Board of Directors in June but unavailable for review at the June Advisory Board meeting due to late receipt of State contract amendments. Details regarding these contracts/amendments were provided to members in their manila folders.</p> <p>MEDICAID Motions #10-028 through #10-036</p> <p>STATE ONLY Motions #10-037 through #10-045</p> <p>PACT Motions #10-046 and 10-047</p> <p>COUNTY ITA CONTRACT Motion #10-048</p> <p>HR CONSULT Motion #10-049</p>	<p>Informational</p> <p>Motion carried</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	<p>I would like to thank the NSMHA Board for sending me to Yakima for the Behavioral Health Conference. I especially enjoyed learning more about the Department of Corrections (DOC) involvement with mental health assessments and treatment of mentally ill offenders.</p> <p>Thanks for choosing me to represent Island, San Juan, and Skagit counties on the Crisis Review Implementation committee. I look forward to this process and plan to attend the first meeting on July 12th.</p> <p>1) Guest presentation for Substance Abuse prevention Victoria Santos, a high school counselor, recently attended a workshop in Ellensburg. Her training specialized in Media. She showed the board a U-Tube designed to help teens deconstruct the media messages involved in advertisements of alcohol. This is a very interesting approach for teaching young people about resisting the peer pressure suggested by the advertising industry. I think it would be a very effective presentation for many adults, too. Would her presentation be a possibility for this board?</p>	<p>Informational</p>

	<p>2) Island County budget cuts The Island County Commissioners and other heads of county government conducted forums in various Island County locations. A special election levy needs to pass in August in order to continue funding many of Island County's basic services. I attended the forum on June 22 on Camano Island. I was glad that Jackie Henderson, head of Human Services, was part of the panel and that she could put a face to the problems associated with further reductions to mental health services.</p>	
San Juan	No representative present.	Informational
Skagit	Mary stated they had no meeting in July but conducted their annual retreat. Susan said the 1/10 committee would be meeting this month and would like a NSMHA representative present. Susan said they are doing jail contract. The 1/10 committee added funding to the Anacortes Police Department and some to Conway School District.	Informational
Snohomish	<p>Fred said on June 29th they help the Project Homeless Connect with about 1,000 people attending and 815 registrants. County HS worker Carola Schmidt has been selected to work on the ITA project. June 16th they had their 1/10 community forum and Arthur said they had good attendance. He added future State cuts are being awaited before determining supplanting for next year. Their next meeting is July 30th. Chuck said it would be interesting to see if the reduction is based on the lower funding numbers. Arthur added Chuck and Tom will be addressing the Snohomish Board about the updates on the Triage Center.</p> <p>Marie said she attended the CIT event and said law enforcement expressed frustration about not having a place to take individuals when detained.</p> <p>Otis thanked the Advisory Board for allowing him to represent Snohomish County on the Crisis System Implementation Committee.</p>	Informational
Whatcom	Russ said they did not meet last month but will be having a joint meeting July 12 th at noon at St. Luke's Education Center, 3333 Squalicum Parkway. He said this Thursday, July 8 th , NAMI Whatcom will hold their monthly education forum at St. Luke's at 7 pm.	Informational
COMMENTS FROM THE PUBLIC		
The Chair	The Chair asked for any comments from the public and nothing was mentioned.	Informational
OTHER BUSINESS		
The Chair	The Chair asked for any other business and nothing was mentioned.	Informational
ADJOURNMENT		
Chair Jackson	The meeting was adjourned at 2:05 pm and the next meeting will be August 3, 2010.	Informational