



Advisory Board

Pre-Meeting

June 7, 2011

11:30

New Member Orientation

By

NSMHA Staff

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

Agenda

June 7, 2011

1:00 PM

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the April 2011 Meeting Minutes, Chair – 5 minutes
4. Ombuds Report
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
 - a. 2011 Utilization Review Results – Charissa Westergard – 10 minutes
 - b. 14- & 28-day timelines – Dennis Regan – 10 minutes
 - c. Update on the 2012 RFQ
7. Old Business:
 - a.
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – 5 minutes
 - c. Executive Committee/Agenda Committee – 5 minutes
 - d. QMOC Report – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
13. Adjournment

NOTE: The next Advisory Board meeting will be August 2, 2011, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

April 5, 2011

1:00 – 3:00

Present:	Island: <i>Candy Trautman and Terry Ann Gallagher</i> Skagit: <i>Mary Good and Susan Ramaglia</i> Snohomish: <i>Fred Plappert</i> Whatcom: <i>Larry Richardson, Hill Cummings, and Russ Sapienza</i>
Excused Absence:	San Juan: <i>Mary Ann Slabaugh</i> Snohomish: <i>Arthur Jackson</i> Whatcom: <i>Mark McDonald</i>
Absent:	Skagit: <i>Joan Lubbe</i>
Staff:	<i>Chuck Benjamin, Greg Long and Rebecca Pate</i>
Guests:	<i>Jaye Koropp, Chuck Davis, Kim Olander-Mayer and Gale Springer</i>

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS

Chair Trautman	The Chair convened the meeting at 1:02 and she introduced the new member from Snohomish County, Carolann Sullivan. Board introductions were made after Carolann gave a summary of herself.	Informational
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REVISIONS TO THE AGENDA

Chair Trautman	The Chair asked for any revisions to the agenda and nothing was mentioned.	Informational
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APPROVAL OF MINUTES

Chair Trautman	The Chair asked for any revisions to the February minutes. Hill made a motion to approve as written, Russ seconded and motion carried. Russ mentioned he will not be able to attend the Tribal or Behavioral Health Conference (BHC).	Informational Motion carried
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OMBUDS REPORT

Chuck Davis	Kim and Chuck gave their semi-annual Ombuds report. The PowerPoint and all supporting documents were included in members manila folders.	Informational
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COMMENTS AND CORRESPONDENCE FROM THE CHAIR

Chair Trautman	Orientation binder updates are clipped together and should be put in your binder. You will need to bring your binder to the June 7 th pre-meeting for the new member orientation and it will be 11:00 to 1:00.	Informational
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NEW BUSINESS

Chair Trautman	Volunteers of America will be conducting safeTALK training, April 27 th , from 8:00 – 12:00pm, at Skagit Valley Hospital in the San Juan A/B Conference rooms. Please notify Pat Morris immediately if you are interested in attending. She can be contacted at (425) 609-2210. Class capacity is limited to 30 participants. Candy requested Rebecca send this out in an email and also take names today for those interested and notify Pat. Susan and Russ expressed interest.	Informational Rebecca send out email with this announcement
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OLD BUSINESS		
Chair Trautman	Candy said she would let Fred address issues regarding Tribal Conference and BHC Conference.	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director's Report	
Chuck Benjamin	<p>Chuck said the House and legislature released their proposed budget. He added this is \$8.7 million dollar decrease in mental health funds from the State which is a 4% reduction and equates to \$697,000 reduction for NSMHA. Medicaid rates were lowered 3% which is \$1.2 million decrease for NSMHA with a total \$1.9 million dollar reduction. He added this is the starting point and the Senate still has to release their budget. He said if the budgets are not identical then a committee will be formed to develop a budget. Chuck stated he would rather the legislature not change requirements for eligibility for people currently being served but reduce the modality requirements. Discussion followed.</p> <p>Chuck said the Federal Block Grant (FBG) has been sent out for Requests for Proposals (RFP). He added \$450,000 has been carved out for Peer Centers and each County will have to decide how much they will add for the Peer Centers. He said \$656,750 available but this is not even enough to fund what is currently funded. The remaining funds will be discussed and recommendations will be made to the Planning Committee for distribution of remaining funds through an evaluation committee.</p> <p>He announced the Skagit County Crisis Center and Snohomish County Triage Center are open and operational.</p> <p>Chuck stated the Board of Directors work session requested NSMHA explore with Stakeholders interest in trying to develop Healthcare Reform in the region. Dale Jarvis will be contracted to begin to develop a plan.</p>	Informational
	Finance Committee	
Fred Plappert	<p>Fred brought up the 2011 Tribal Conference update. Last month it was proposed for 10 scholarships at a cost of \$60. Now the conference is two days which will result in additional costs. Early bird registration is now \$125 with a one night hotel cost of \$89. Fred suggested sponsoring a one day attendance. Candy suggested giving the option of attending two days or one day their choice. Candy made a motion to allow funding for seven scholarships (5 Advisory Board and 2 non-Advisory Board), the attendees can choose between one or two day attendance and lodging will be available only as an absolute need, seconded and motion carried. The above motion is a recommendation from the committee. Fred amended the original motion to provide seven scholarships for the 2011 Tribal Conference, seconded and motion carried.</p> <p>The Behavioral Health Conference (BHC) was mentioned and the committee recommended staying at Howard Johnson. The recommendation from committee is to stay at the Howard Johnson. The Board approved the recommendation. Advisory Board members that wish to attend the BHC must send their registrations to Rebecca by close of business April 22nd.</p>	<p>Informational</p> <p>Recommendation from Finance Committee amended and amendment carried</p> <p>Board approved committee recommendation – AdB cut off April 22nd</p>

	<p>Fred mentioned the expenditures are straight forward and a recommendation comes from committee to forward this to the Board of Directors (BOD) for approval. Fred made a motion to approve committee recommendation to move forward to the BOD for approval, seconded and motion carried.</p>	Motion carried
	Executive/Agenda Committee	
Chair Trautman	<p>Candy mentioned one representative was needed for Planning Committee. Hill Cummings volunteered to serve on the Planning Committee. Larry made a motion to approve Hill Cummings serving on the Planning Committee, seconded and motion carried.</p> <p>It was also mentioned that Otis Gulley and Darcy Hocker have resigned effective immediately.</p> <p>Candy said there is a need for another representative on the Finance and Executive Committee. Candy asked Hill if he would serve here, as well. Hill accepted appointment to the Finance and Executive Committee.</p> <p>A request was received from Karen Sykes for funding to attend a workshop and the committee discussed this request. The committee chose to not honor this request because Advisory Board funds are allocated for upcoming events and expenditures. Fred made a motion in light of budget and current funds already being allocated no outside requests for funding be accepted, Candy seconded and motion carried. Larry moved the recommendation by the Executive Committee be accepted by the Advisory Board, Susan seconded and motion carried.</p> <p>Fred mentioned a conference next Tuesday in Whatcom County and he requested funding for transportation to and from the conference and lunch. Candy made a motion to allow funding for transportation and lunch for Advisory Board members who wish to attend Systems in Recovery Conference in Whatcom County, Mary seconded and motion carried. Larry made a motion to accept recommendation, Susan seconded and motion carried.</p>	<p>Informational</p> <p>Motion carried</p> <p>Hill accepted appointment to Finance & Executive Comm.</p> <p>Motion carried</p> <p>Motion carried</p>
	Quality Management Oversight Committee (QMOC) Report	
Susan Ramaglia	<p>Susan gave the following QMOC report:</p> <ol style="list-style-type: none"> 1. The meeting was held March 23, 2011. 2. The following announcements were made: <ol style="list-style-type: none"> a. The Advisory Board is meeting April 5th at the regular time and the Tribal Conference is now expanded to two days. b. The FBG RFP was released on March 17th with the proposals due back by April 11th. c. Compass Triage Center in Snohomish County opened on March 14th with 16 beds and 4 recliners. d. The triage facility bill SHB1170 is moving forward in the legislature. e. VOA is holding safeTalk training in Skagit County on April 27th. 3. The following Quality Issues were discussed: <ol style="list-style-type: none"> a. The use of NSMHA policies by providers region wide 	Informational

	<p>was again discussed to save providers from having to write all their own policies.</p> <ul style="list-style-type: none"> b. Overturned Denials by NSMHA were addressed to ensure that providers have enough time to do a thorough assessment and detailed information comes back to NSMHA. c. The Dignity & Respect workgroup gave a brief overview of the committee's work and their plan for a toolbox of resources for the website. d. The discussion of thorough risk assessments was brought back with providers discussing their risk management procedures. e. The closer monitoring of levels of care (LOC) 1 and 2 was approved and will be implemented 60 days after the numbered memorandum goes out. f. Comparisons across RSNs were discussed with a focus on the EQRO audits. (External Quality Review Organization). <p>4. The meeting adjourned at 3:00 pm. The next meeting will be April 27, 2011, from 1-3.</p>	
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ITEMS BROUGHT TO THE BOARD OF DIRECTORS

	Introduction and Action Items	
<p>Chuck Benjamin</p>	<p>MEDICAID FUNDING:</p> <p>To approve NSMHA-BRIDGWAYS-MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$13,947 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-COMPASS HEALTH-MEDICAID-09-11 AMENDMENT 7 for the provision of increasing Medicaid funding to this Agreement by \$346,431 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-INTERFAITH-MEDICAID-09-11 AMENDMENT 4 for the provision of increasing Medicaid funding to this Agreement by \$9,393 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-LAKE WHATCOM-MEDICAID-09-11 AMENDMENT 4 for the provision of increasing Medicaid funding to this Agreement by \$150,446 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-SEA MAR-MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$14,103 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-SUNRISE-MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$17,136 for April 1, 2011 through June 30, 2011.</p> <p>To approve NSMHA-WHATCOM COUNSELING & PSYCHIATRIC-MEDICAID-09-11 AMENDMENT 5 for the provision of increasing Medicaid funding to this Agreement by \$46,104 for April 1, 2011 through June 30, 2011.</p>	<p>Informational</p>

STATE FUNDING:

To approve NSMHA-BRIDGWAYS-SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$ 13,947 for April 1, 2011 through June 30, 2011.

To approve NSMHA-COMPASS HEALTH-SMHC-09-11 AMENDMENT 7 for the provision of decreasing State funding to this Agreement by \$346,431 for April 1, 2011 through June 30, 2011.

To approve NSMHA-INTERFAITH-SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$9,393 for April 1, 2011 through June 30, 2011.

To approve NSMHA-LAKE WHATCOM-SMHC-09-11 AMENDMENT 4 for the provision of decreasing State funding to this Agreement by \$150,446 for April 1, 2011 through June 30, 2011.

To approve NSMHA-SEA MAR-SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$14,103 for April 1, 2011 through June 30, 2011.

To approve NSMHA-SUNRISE-SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$17,136 for April 1, 2011 through June 30, 2011.

To approve NSMHA-WCPC-SMHC-09-11 AMENDMENT 3 for the provision of decreasing State funding to this Agreement by \$46,104 for April 1, 2011 through June 30, 2011.

Chuck said the Medicaid amendments were an increase in funding and the State was a decrease in funding.

COUNTY FUNDING:

To approve WHATCOM COUNTY-NSMHA-INTERLOCAL AGREEMENT-11 for the provision of a funding transfer to NSMHA for the operation of the Whatcom Crisis Triage Center. This funding will enhance services of the Mental Health Stabilization beds and provide a medical service in the Triage. The term of this Agreement is April 1, 2011 through December 31, 2011 for a maximum consideration of \$286,000.

WHATCOM COUNSELING AND PSYCHIATRIC (WCPC) TRIAGE CENTER:

To approve NSMHA-WCPC-SMHC-09-11 AMENDMENT 3* for the provision of removing Crisis Respite Services and funding from this Agreement and adding language for the implementation of the Mobile Outreach Team. This is a reduction of \$27,776 for this Agreement.

To approve NSMHA-WCPC-MEDICAID-09-11 AMENDMENT 5* for the provision of removing Crisis Respite Services and funding from this Agreement and adding language for the implementation of the Mobile Outreach Team. This is a reduction of \$55,113 for this Agreement.

	<p>To approve NSMHA-WCPC-CRISIS TRIAGE-11 for the provision of Stabilization Services at the Crisis Triage Center in Whatcom County. The funding for this Agreement is Medicaid, State and Local funds. The term of this Agreement is April 1, 2011 through September 30, 2011. The maximum consideration for this Agreement is \$ 349,389 for the period of April 1, 2011 through June 30, 2011.</p> <p>*amendment is inclusive of Medicaid transfer, removal of respite and addition of mobile outreach.</p> <p>PROFESSIONAL SERVICE AGREEMENT (PSC):</p> <p>To approve NSMHA-JARVIS & ASSOCIATES-PSC-11 for the provision of consultation services as the North Sound explores becoming and/or developing a Regional Health Care Authority. The funding of this Agreement covers Phase 1 of the process, approximately 35 hours of consultation and 5 hours of administrative staff time. The maximum consideration for the Agreement is \$9,000 inclusive of all related costs to said consultation services. Discussion followed regarding this PSC.</p> <p>Larry made a motion to recommend approval of all the above amendments and/or contracts, Hill seconded and motion carried.</p>	<p>Motion carried</p>
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
<p>Island</p>	<p>Terry Ann stated Don Lupien gave an update on progress towards taking over the treatment program. They have negotiated with the owner of the building where Phoenix currently is and will be able to move in there.</p> <p>Duane announced the next Community Networking and Education program is scheduled for Tuesday, April 26th, from 11:00 to 1:00 at the Oak Harbor Chamber of Commerce office. The topic will be “Child Abuse”. Lunch will be available.</p> <p>Jackie continues to meet with Whidbey General around single bed certifications. Whidbey General has to hold people a bit longer due to the decrease in inpatient beds. Island is working on some training for ED staff around Mental Health issues and staff from Human Services will also attend.</p> <p>Spring meetings will all four (4) school districts around our school-based mental health program are occurring. They have already met with Oak Harbor and Camano/Stanwood. This program continues to be a huge success and the collaborations with the school districts is one of the best we’ve ever been involved with.</p> <p>No budget information is available yet.</p> <p>All Board members terms are up and all at this meeting agreed to be re-appointed.</p>	<p>Informational</p>
<p>San Juan</p>	<p>Since our last meeting, in addition to other projects, we worked on preparations for the Human Services Advisory Board Retreat which took place March 9th. From this writer’s perspective and based on feedback from participants, the retreat went very well. Discussion</p>	<p>Informational</p>

topics included review of 1/10th of 1% mental health sales tax programs, as well as the overall role of Human Services Advisory Board and meeting structure. There was robust discussion and healthy debate, as well as clarifying some history on longer term projects for newer members. Thanks to all for participating.

Developmental Disabilities – The technical assistance workshop we had scheduled with David Black has been rescheduled for April 20th in Friday Harbor. Dave Black is a facilitator and trainer from Interchange Northwest and O’Neill and Associates who has extensive experience with DD and working with communities and came highly recommended to us. David has been retained by DDD at our request to see what we can accomplish by working together to better support our clients with developmental disabilities and their families in a small, rural, geographically challenged county such as ours, especially in these challenging economic times. Families and provider, state and county staff are being invited to participate.

Washington Vocational Services (WVS) has hired Cara Cohn from Orcas. We are amending WVS’s contract to reflect the approved rate of \$74 per hour from DDD effective March 1, 2011. We are still negotiating our contract allocation and budget from DDD. Several clients have been moved to a higher level of waiver service.

Mental Health and Substance Abuse Treatment Services Health Care Reform – Discussions continue. There have been some encouraging developments as geographic regions such as south west Washington, Spokane, and King County are working regionally and at the state level to forge the partnerships that are seen as an integral part of preparing for what is coming in regards to health care reform. In our region, the counties are working with Chuck Benjamin at North Sound Mental Health Administration to look at how to best serve the clients in our region, many of whom have a higher level of need. The counties and NSMHA consulted with Dale Jarvis, a national and state level consultant in health care reform with extensive background in behavioral health care, and it was agreed that we would continue to move forward with pursuing how we can best work together to meet the needs of our clients. There is concern if the state eliminates Regional Support Networks prematurely that this would eliminate care for the most vulnerable of our citizens, many of whom are supported by multiple systems. Consensus was to enlist additional support from Mr. Jarvis to help us prepare for what lies ahead.

North Sound Mental Health Administration will be releasing an RFP for Federal Block Grant funds. We will be discussing plans for an application at the Advisory Board meeting on 3/21.

1/10th of 1% mental health sales tax. The Community Wellness Program contracts have been fully executed and Orcas reports that they have begun seeing clients. San Juan and Lopez are soon to follow. All three Family Resource Centers are working together collaboratively and this makes our job much easier.

	<p>The school based mental health program reports are in from Lopez, San Juan, and Orcas and students are being served. Reports were distributed at the last meeting.</p> <p>We will be discussing program planning for 1/10th services on March 21.</p> <p>Chemical Dependency Treatment – One primary topic of discussion is the state requirement for Performance Based contracting fro 2011 – 2013. Counties and Division of Behavioral Health and Recovery staff are discussing what this will look like for both treatment and prevention contracts. State staff is conveying that they want to work with us and not make the work to onerous, but we must have identifiable Nation Outcome Measures (NOMS) which are being negotiated.</p> <p>Substance Abuse Prevention: see Steve Gresham’s report, attached.</p> <p>I will be attending the Association of County Human Services meeting at Sea-Tac next week.</p> <p>County staff will be taking a mandatory furlough day on March 18, the first of five in 2011.</p> <p>I will be attending 4 hours of training on EDEN (sorry, don’t know what the acronym stands for), the county accounting system on March 30th and 31st.</p>	
<p>Skagit</p>	<p>Mary said the county has been working closely with NSMHA to ensure the Crisis Center opens without too many hitches.</p> <p>Rebecca Clark, Charlie Wend, Gregg Freeman and Linda Elford had an initial meeting to discuss jail diversion programs.</p> <p>Community Services has welcomed new staff that were previously housed at Youth and Family Services. The department has been renamed Office of Juvenile Court and is under Superior Court now.</p> <p>Community Services will be re-applying for Federal Block Grant funds to continue the Skagit Treatment Engagement Program.</p> <p>The assessment of Youth and Children’s mental health and substance abuse treatment programs continues under Dr. Gino Aisenberg. The last focus groups will take place this week. Dr. Aisenberg will present a report on his findings to the public in June.</p> <p>Skagit Community Services will co-sponsor a presentation from Dr. Robert Anda, principal investigator for Adverse Childhood Experience (ACE) study on Wednesday, May 18th from 2:30 to 4:30 at Burlington Library. Space is limited so if you are interested you may contact Rebecca Clark or Sarah Hinman at Community Services.</p>	<p>Informational</p>
<p>Snohomish</p>	<p>While the Triage Center is in the implementation phase, Everett PD and Snohomish PD are in the process of problem-solving issues with the county dispatch entities to assure accurate data collection for the triage referrals from law enforcement.</p>	<p>Informational</p>

	<p>Snohomish continues to refine and expand our data collection capacities for our Jail Services and Denney Juvenile Justice Center programs. We are looking towards better outcomes information related to the impact these programs have on the populations served.</p> <p>The entire Program for Assisted Living Skills (PALS) discharges from Western State Hospital (WSH) remains in the community. WSH liaisons continue to manage multiple admissions and discharges each month from the five-county region, and work to assist consumers in their return to their home community with adequate supports and services in place.</p>	
Whatcom	<p>Larry said they met last month and welcomed new members, Michael Massenary and Ron Kline. They have a new chair, David Kincheloe. They had a report of Behavioral Health Revenue Allocation money. There have been some changes to the Triage Center. Mental Health counseling is being offered in the schools. He added meth use appears to be on the decline but opium use is on the rise. He said the sheriff is working on getting a bond issue passed to build a new jail and provided a presentation to explain this request.</p> <p>Russ said May 9-10 Victoria Maxwell will be appearing at St. Luke's Center for Mental Health Professionals at noon. She will be at Rainbow on May 10th at 10 am and that evening at the Depression and Bi-Polar Support Alliance meeting at 7 pm.</p> <p>Hill said the Homeless Coalition received a grant from Veteran's Administration for some beds and they were filled immediately. He said they are working hard to get the community involved and he is open to suggestions on how to get these individuals engaged.</p>	Informational
COMMENTS FROM THE PUBLIC		
Chair Trautman	The Chair asked for any comments from the public and nothing was mentioned.	Informational
OTHER BUSINESS		
Chair Trautman	The Chair reminded people of the safeTalk training April 27 th and asked for any other business. No other business was mentioned.	Informational
ADJOURNMENT		
Chair Trautman	Fred made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:50 and the next meeting will be June 7, 2011.	Informational