



Advisory Board
Annual Holiday Potluck
December 6, 2011
12:00

REVISED MEMORANDUM

DATE: November 30, 2011

TO: NSMHA Advisory Board

FROM: Chuck Benjamin, Executive Director

RE: December 8, 2011, Board of Director's Agenda

The following items will be going before the Board of Directors for approval:

County Administration

To approve NSMHA-ISLAND COUNTY-AMDIMISTRATION-12 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this agreement is January 1, 2012 through December 31, 2012 for a maximum consideration on the agreement is \$51,032

To approve NSMHA-SAN JUAN COUNTY-AMDIMISTRATION-12 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2012 through December 31, 2012 for a maximum consideration on the agreement is \$479,552

To approve NSMHA-WHATCOM COUNTY-AMDIMISTRATION-12 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2012 through December 31, 2012 for a maximum consideration on the agreement is \$62,974

To approve NSMHA-SKAGIT COUNTY-AMDIMISTRATION-12 for the provision of county participation on the coordination of and input regarding public mental health services within their county. The term of this Agreement is January 1, 2012 through December 31, 2012 for a maximum consideration on the agreement is \$55,164

To approve NSMHA- SAN JUAN-ADMINISTRATION-11 AMENDMENT 3 for the provision of reallocating jail service administration funding cut in April 2011. The term of this Agreement is January 1, 2011 through December 31, 2011. The increase in funding is \$2,307 for a new maximum consideration of \$50,223.

GAU Amendments

To approve NSMHA-Compass Health-GAU-09-10 for the provision of extending the contract through December 31, 2012. Compass Health remains at 48 slots at \$200 per slot per month for a maximum consideration on this Agreement is \$115,200.

To approve NSMHA-Interfaith-GAU-09-10 for the provision of extending the contract through December 31, 2012. Interfaith remains at 15 slots at \$200 per slot per month for a maximum consideration on this Agreement is \$36,000.

To approve NSMHA-Sea Mar-GAU-09-10 for the provision of extending the contract through December 31, 2012. Sea Mar remains at 26 slots at \$200 per slot per month for maximum consideration on this Agreement is \$62,400.

Professional Service Agreements

To approve NSMHA-BROWN-PSC-12 for the provision of medical director services and consultation. The term of this agreement is January 1, 2012 through December 31, 2012 for a maximum consideration of \$36,000.

To approve NSMHA-LWC-PSC-12 for the provision of janitorial services at the NSMHA offices. The term of this Agreement is January 1, 2012 through December 31, 2012 for the maximum consideration of \$14,098.

To approve NSMHA-TURNER HR SERVICES-PSC-12 for the provision of Human Resource services and consultation. The term of this agreement is January 1, 2012 through December 31, 2012 for a maximum consideration of \$15,000.

To approve NSMHA-SNOHOMISH COUNTY-PSC-12-13 for the provision of transferring funding from the County's Medicaid and State Contracts to a professional service contract for the maintenance of the Snohomish County Evaluation and Treatment Center. The term of the agreement is January 1, 2012 through September 30, 2013 for a maximum consideration of \$136,764 through June 30, 2013*.

State Contract

To approve NSMHA-SNOHOMISH COUNTY-SMHC-11-13 AMENDMENT 1 for the provision of removing the Evaluation and Treatment Center maintenance requirement and funding from this Agreement. This Amendment takes effect on January 1, 2012 through September 30, 2013. The reduction in funding to this Agreement is \$50,603.94 for a new maximum consideration of \$2,834,069.67 through June 30, 2013*.

Medicaid Contract

To approve NSMHA-SNOHOMISH COUNTY-MEDICAID-11-13 AMENDMENT 1 for the provision of removing the Evaluation and Treatment Center maintenance requirement and funding from this Agreement. This Amendment takes effect on January 1, 2012 through September 30, 2013. The reduction in funding to this Agreement is \$86,160.06 for a new maximum consideration of \$276,671.69 through June 30, 2013*.

Previously approved through an email poll by the Board

To approve NSMHA-COMPASS HOUSING-PSC-11-13 for the provision of transition housing for individuals returning to the community from Western State Hospital. The term of the Agreement is November 1, 2011 through September 30, 2013 for a maximum consideration of \$52,190 through June 30, 2013*.

*** an amendment will be offered to providers for the period of 7/1/13-9/30/13 allocating legislative funding.**

NORTH SOUND MENTAL HEALTH ADMINISTRATION ADVISORY BOARD MEETING

REVISED Agenda

**December 6, 2011
1:00 PM**

1. Call to Order - Introductions, Chair – 5 minutes
2. Revisions to the Agenda, Chair – 5 minutes
3. Approval of the October 2011 Meeting Minutes, Chair – 5 minutes
4. Ombuds Snapshot Report
5. Correspondence and Comments from the Chair – 5 minutes
6. New Business:
7. Old Business:
 - a. Recommendations from Nominating Committee
8. Monthly Committee Reports
 - a. Executive Director's Report – Chuck Benjamin – 5 minutes
 - b. Finance Committee – 5 minutes
 - c. Executive Committee/Agenda Committee – 5 minutes
 - d. QMOC Report – 5 minutes
9. Items To Be Brought Forward To The Board of Directors – Chuck Benjamin, Executive Director
 - a. Consent Agenda
 - b. Action Items
 - c. Introduction Items
10. Comments from County Advisory Board Representatives – 15 minutes
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
11. Comments from Public – 5 minutes
12. Other Business
13. Adjournment

NOTE: The next Advisory Board meeting will be February 7, 2012, in the NSMHA Conference Room.

**North Sound Mental Health Administration (NSMHA)
MENTAL HEALTH ADVISORY BOARD**

October 18, 2011

1:00 – 3:00

Present:	Island: <i>Candace Trautman</i> Skagit: <i>Joan Lubbe, Mary Good and Susan Ramaglia</i> Snohomish: <i>Fred Plappert and Carolann Sullivan</i> Whatcom: <i>Mark McDonald, Larry Richardson and Russ Sapienza</i>
Excused Absence:	Snohomish: <i>Arthur Jackson</i> San Juan: <i>Mary Ann Slabaugh</i> Whatcom: <i>David Kincheloe and Hill Cummings</i>
Absent:	
Staff:	<i>Chuck Benjamin, Margaret Rojas, Laura Davis-Yen and Rebecca Pate</i>
Guests:	<i>Jeanette Anderson, Ms. Richardson, Tawna Thomas, Chuck Davis and Kim Olander-Mayer</i>

MINUTES

TOPIC	DISCUSSION	ACTION
CALL TO ORDER AND INTRODUCTIONS		
Chair Trautman	The Chair convened the meeting at 1:00 and introductions were made.	Informational
REVISIONS TO THE AGENDA		
Chair Trautman	The Chair asked for any revisions to the agenda and nothing was mentioned.	Informational
APPROVAL OF MINUTES		
Chair Trautman	The Chair asked for any revisions to the September minutes. Larry made a motion to approve minutes as written, seconded and motion carried.	Informational Motion carried
OMBUDS REPORT		
Chuck Davis	Chuck and Kim provided their semi-annual PowerPoint presentation for April through September along with slide narrative, agency complaints and grievance details and complaint definitions. Chuck said if anyone wished to have anything else on the report or ways to improve to please call/email them and let them know.	Informational
COMMENTS AND CORRESPONDENCE FROM THE CHAIR		
Chair Trautman	Candy thanked the individuals for the Program for Assertive Community Treatment (PACT) presentation by Tawna Thomas (Lake Whatcom Center) and Laura Davis-Yen (NSMHA). Russ mentioned the Co-Occurring Disorders (COD) conference focused on family and children. He added an excellent presentation was given regarding tobacco cessation. Russ said there were key speakers geared towards clinicians regarding stress due to budget cuts. He said these were given requesting clinicians be more patient with clients. He said there were two individuals in the group from NSMHA that had never been before.	Informational

	<p>Mark said there was a good presentation on substance abuse treatment.</p> <p>Candy mentioned two “thank-you” notes were received from Jeanette Anderson and Lillian Ogilvie and she shared them with the Board.</p> <p>Margaret said the COD focused more on substance abuse treatment but not a lot on mental health. She said there was a presentation regarding relationship building between client and provider.</p> <p>Candy said she attended the SafeTalk training and plans on attending the two day ASIST training for caregivers. Some individuals requested registration forms for both trainings and Rebecca will provide at the end of the meeting.</p>	
NEW BUSINESS		
Chair Trautman	<p>Candy asked for any new business and appointment of a Nominating Committee was mentioned.</p> <p>Candy said a Nominating Committee needs to be formed to find/submit nominations for the Vice President position. Russ and Fred volunteered. They will communicate via email to come up with recommendations to the full Board for voting on in December.</p>	<p>Informational</p> <p>Russ & Fred bring recommendations to full Board</p>
OLD BUSINESS		
Chair Trautman	Candy stated she was not aware of any old business; however, Russ mentioned site visits. Candy stated that would be covered a little later.	Informational
MONTHLY COMMITTEE REPORTS		
	Executive Director’s Report	
Chuck Benjamin	<p>Chuck said there was not much to report because there is no November Board of Directors meeting.</p> <p>He said Susan Dreyfus is resigning effective January 2, 2012. He said the State has been awarded a statewide Systems of Care grant for \$850,000 to implement wraparound services for families and children. He added North Sound Mental Health Administration is part of that planning and Julie de Losada is the primary person for this. He acknowledged Susan Dreyfus was the driving force behind this but with her departure other individuals at the State level will be working on this project.</p> <p>Fred asked if Chuck had heard anything more about the reduction of Regional Support Networks (RSN). Chuck said his position was this would not affect the North Sound Region or King County but he has heard nothing more from the State. He said other RSNs will be affected but how is not yet known. He stated his guess was there would be six RSNs remaining (four on the West side and two on the East side).</p>	Informational

	<p>He said elected county officials from Washington State Association of Counties (WSAC) are heavily lobbying the Governor's office and Legislative staff that this is not the time or place to be doing RSN reductions because the RSN structure was established at the County level and this type of action is superseding local control and management. He acknowledged that RSN consolidation will happen but it will be delayed a little bit.</p> <p>He added he will be retiring in March and will talk more about this in December.</p> <p>Discussion occurred regarding the December meeting. It was decided to have a shorten Finance/Executive meeting at 11:30, with potluck at 12:00 and Chuck will begin the regular meeting at 1:00 with a NSMHA budget presentation.</p>	
	Finance Committee	
Fred Plappert	<p>Fred said the expenditures were straightforward and a motion is being brought from committee to move expenditures forward to the Board of Directors for approval. Candy asked if there was any discussion and motion carried.</p> <p>Fred said the 2012 budget, depending on possible budget cuts, would be \$28,590. A budget will be prepared and ready for presentation at the December meeting.</p>	<p>Informational</p> <p>Motion carried</p>
	Executive/Agenda Committee	
Candy Trautman	<p>Candy said she would like to discuss the poster/poetry contest and site visits. Margaret said the poster/poetry contest will be launched November 1st and a link will be on the NSMHA website with all information distributed regarding the contest. She said both the poster/poetry contest will occur but deadlines will be different for each.</p> <p>Margaret said a provider map is in your packet regarding services provided within the region and where they are located. She said depending on interest the Board would decide where and when they would like to conduct site visits. Some interest was expressed in visiting the Bailey Center Peer Center. Margaret will try to arrange a visit on November 3 or 10th. She will distribute information to the Board for responses and arrangement finalization.</p>	<p>Informational</p> <p>Margaret arrange site visit to Bailey Center Peer Center November 3rd or 10th</p>
	Quality Management Oversight Committee (QMOC) Report	
Chuck Benjamin	<p>Chuck acknowledged they did not have a quorum so no action could be taken; however, QMOC discussed several things. Chuck said he would like to have NSMHA staff that attend QMOC prepare a report to present in the future. He stated he/Margaret will discuss this with lead staff and work on how/what to present in the future.</p>	<p>Informational</p> <p>NSMHA discuss how/what to present regarding future report</p>

ITEMS BROUGHT TO THE BOARD OF DIRECTORS		
	Introduction and Action Items	
Chuck Benjamin	Chuck said there are no action items but in December the budget will be going to the Board of Directors for approval. He mentioned there may also be some contracts.	Informational
COMMENTS FROM COUNTY ADVISORY BOARD MEMBERS		
Island	Candy reported the advisory board met yesterday and received an annual review of the Counseling Connections Program run by Beth Plush. This program was developed about 1 ½ years ago with 1/10 funds and specifically serves non-Medicaid and non-insured people for up to 12 sessions with a counselor. The program has served 237 clients since establishment with contracted mental health providers located throughout Camano and Whidbey Island. In addition, one provider is located in Stanwood and one in Anacortes. Beth noted the trends show that the disparity of needs varies and is increasing. The substance abuse treatment has been taken over by the Island County Human Services instead of Phoenix. Beth hopes these two county-run programs can create some options for group therapy sessions in order to better serve some of the clients.	Informational
San Juan	No one present to give a report.	Informational
Skagit	<p>Susan Ramaglia gave the following report:</p> <p>NSMHA and County agreed to release a Request for Proposal (RFP) for the Peer Center.</p> <p>Rebecca Clark attended a Task Force leaders meeting of Skagit County Alliance for Health Care Access.</p> <p>Staff organized a Mental Health/Chemical Dependency (MH/CD) provider meeting on September 30 to discuss Systems of Care and Healthcare Reform. David Jefferson from ATTC presented.</p> <p>County will be reviewing proposals for Concrete services. We received proposals from Sunrise, Sea Mar and Skagit Recovery.</p> <p>County staff has been working with Community Action to identify services criteria for Housing and Urban Development (HUD) Chronically Homeless grant. Clients will be housed at Sunrise House and locations to be identified in Concrete area.</p> <p>Continued efforts to define the transformed Youth Program model.</p>	Informational
Snohomish	Fred said they met in September with Sergeant Phillips from Everett Police Department that provided a report on Crisis Intervention Team (CIT) Program. He said currently there are 25 trained officers and all shifts have a trained person available.	Informational

	He said drop offs at the Triage Center seem to be working well and is operating county-wide. Their 1/10 budget was presented and it is now with the County Council for consideration.	
Whatcom	<p>Mark said they are having problems with establishing a Methadone clinic. He mentioned they are experiencing difficulty with a new chemical dependency problem but was unable to remember the drug involved.</p> <p>Russ said an inaugural picnic was held called “Recovery Counts” at Maritime Heritage Park with lots of food, music, raffles and other activities. He said it gave people in the community a chance to get to know others within the community that are recovering from mental illness and chemical dependency issues. A new veteran’s service center opened at Health Department Offices, 509 Girard Street, in the basement. A Human Services forum was held last week with various candidates from Whatcom County to discuss issues that affect mentally ill people (i.e., homelessness, hunger, poverty and treatment). He said it was an interesting meeting and potential candidacy supporters were present. A NAMI education event was held last Thursday by a psychiatrist and dual diagnosis was discussed.</p>	Informational
COMMENTS FROM THE PUBLIC		
Chair Trautman	The Chair asked for any comments from the public and no one was present.	Informational
OTHER BUSINESS		
Chair Trautman	Larry mentioned a newsletter put out by NAMI called “Faithnet” that is published once a month and he encouraged individuals have their clergy sign up for this newsletter. He suggested some sort of avenue to help/educate clergy on shortcomings in mental health services. Chuck said clergy might be more open if resources were available. Some discussion followed.	Informational
ADJOURNMENT		
Chair Trautman	Russ made a motion to adjourn the meeting, seconded and motion carried. The meeting was adjourned at 2:48 and the next meeting will be December 6, 2011.	Informational Motion carried