

NORTH SOUND MENTAL HEALTH ADMINISTRATION

ADVISORY BOARD MEETING AGENDA, January 5th, 2016 1:00pm-3:00pm

1. Call to Order - Introductions, Chair
2. Revisions to the Agenda, Chair
3. Comments from the Public
4. Approval of the December Meeting Minutes TAB 1
5. Select Pre-Meeting for February and identify questions TAB 2
6. Executive/Finance Committee Report TAB 3
 - a. Approval of the December Expenditures
- Standing Board of Directors Committee Reports --
 - b. Planning Committee *(No meeting in December)*
 - c. Quality Management Oversight Committee *(No meeting in December)*
7. Old Business TAB 4
 - a. Legislative Session Visit
 - i. Date(s)
 - ii. Headcount
 - iii. Development of Speaking Points
8. Executive Director Report --
9. Action Items Being Brought To The Board of Directors TAB 5
 - a. Action Items/ Memorandum (Available at Meeting)
10. New Business TAB 6
 - a. 2016 Peer Center Contract Requirements (Available at Meeting)
 - b. Identify Site Tours relating to Substance Use Disorder (SUD)
 - c. Report from Advisory Board Members
 - i. Greg W: FYSPRT Update
11. Comments from County Advisory Board Representatives
 - a. Island
 - b. San Juan
 - c. Skagit
 - d. Snohomish
 - e. Whatcom
12. Other Business
 - a. February Meeting, New NSMHA location as of 1/17/16: 301 Valley Mall Way, Mt. Vernon
13. Adjournment

NOTE: The next Advisory Board meeting will be **February 2nd**, in the NSMHA Conference Room, *at the new location.*

Advisory Board Budget January through December 2015

	All Conferences	Board Development	Advisory Board Expenses	Stakeholder Transportation	
Total	Project # 1	Project # 2	Project # 3	Project # 4	
Budget	\$ 34,000.00	\$ 14,896.00	\$ 1,700.00	\$ 17,204.00	\$ 200.00
Expense	(26,252.73)	(7,216.26)	(501.72)	(18,534.75)	
Under / (Over) Budget	\$ 7,747.27	\$ 7,679.74	\$ 1,198.28	\$ (1,330.75)	\$ 200.00

BHC, NAMI, COD, OTHER	BOARDS SUMMIT (RETREAT)	Costs for Board Members (food, mileage, misc.)	Non-Advisory Board Members, to attend meetings and special events

North Sound Mental Health Administration
Warrants Paid
December 2015

Type	Date	Num	Name	Memo	Amount
Advisory Board					
Supplies					
Total Supplies					
Travel					
Bill	12/16/2015	59860	Haggen Inc	Batch # 112507	272.34
					<u>272.34</u>
Bill	12/08/2015	November2015	AA Dispatch	Batch # 112380	964.95
Bill	12/16/2015	Sept-Dec2015	Kincheloe, David	Batch # 112507	156.40
Bill	12/16/2015	Oct-Dec2015	Sullivan, Carolann	Batch # 112507	70.73
Bill	12/16/2015	Oct-Dec2015	Trautman, Candy	Batch # 112507	92.00
Total Travel					<u>1,284.08</u>
Miscellaneous					
Total Miscellaneous					
Total Advisory Board					
Bill	12/21/2015	546323	Mister T Trophies	Batch # 112569	173.60
					<u>173.60</u>
					<u>1,730.02</u>
					<u>1,730.02</u>
					<u>1,730.02</u>

Advocacy Topics for Legislature

Legislative Agenda Sub-Committee Meeting 10/6/2015

Notes

Advocacy Item #1: Supported Housing: PORCH Program: Housing Case Management: Needs more funding

Advocacy item #2: School children with psychiatric issues to have access to special education classes.

Advocacy item #3: Early identification, awareness and referral for kids with mental health issues, better strategies for parents.

* May ask NWESD to do a Pre-Meeting describing how children in the schools access services.

*ARC, Advocacy for the Rights of Children with Disabilities: Marie would like to go to the Legislative Session when ARC is there. Civil Rights Day (February 24).

*Joe noted the purpose of the visit and pre-work needs to be well organized, with the hand out document ready to go, along with the confirmed appointment for the Legislator or the Aid. *He noted preparation impresses the Legislative folks as shows diligence.*

*Joanie will ask Julie to attend the AB Meeting and speak about the issues in the schools once a decision is made to move forward with additional Children's issues.

*No Mental Health Bills as of yet, possibly in December or January.

*Joe noted the Legislative Sub-Committee will report their progress to the Advisory Board.

*The Legislative Sub-Committee asked Joe to attend Legislative Session with the Advisory Board.

*Marie has concerns about too many AB members attending.

*Next meeting will have more bullet points identified, to include housing issues.

North Sound Mental Health Administration (NSMHA)
ADVISORY BOARD
December 1st, 2015
1:00 – 3:00pm

Present:	Island: Candy Trautman San Juan: Skagit: Rob Coakley, Joan Lubbe Snohomish: Carolyn Hetherwick Goza, Fred Plappert, Carolann Sullivan, Marie Jubie, Joan Bethel Whatcom: David Kincheloe, Michael Massanari, Mark McDonald
Excused Absence:	Island: San Juan: Skagit: Snohomish: Greg Wennerberg, Jennifer Yuen Whatcom: Rachel Herman
Absent:	Island: San Juan: Peg LeBlanc Skagit: Snohomish: Jeff Ross Whatcom: Larry Richardson
Staff:	Joe Valentine, Margaret Rojas, Joanie Williams, Matthew Rudow, Maria Arreola
Guests:	Betty Rojers, Island County; Chuck Benjamin former NSMHA Executive Director

MINUTES

TOPIC	DISCUSSION	ACTION
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CALL TO ORDER AND INTRODUCTIONS		
Chair	Mark initiated introductions of the Advisory Board (AB) Members. Margaret introduced the new NSMHA Contracts Specialist, Matthew Rudow. David formally acknowledged Sergeant Ron Coakley who was appointed to the Advisory Board from Skagit County in November.	Informational
REVISIONS TO THE AGENDA: Mark asked if there were any revisions to the Agenda. David noted that acknowledgement cards are being passed around during today’s meeting thanking Larry Richardson and Jeff Ross for their time and service on the Advisory Board. Joanie will mail the cards.		
COMMENTS FROM THE PUBLIC		
Chair	Mark asked if there were any comments from the public. Chuck Benjamin was in attendance (former NSMHA Executive Director) and noted that Joe Valentine is doing a fabulous job as his successor as Executive Director of the North Sound Mental Health Administration. He also spoke favorably of the activities he is enjoying during retirement, to include golfing.	Informational
APPROVAL OF MINUTES		
Chair	The Chair asked the Board if there were any revisions to the November Minutes, none were mentioned. A motion made to approve minutes as written. Motion was seconded and approved.	Motion passed to approve November minutes as written

Chair and Vice-Chair	<p>Approval of the November Expenditures: The expenditures for the month of November were discussed. A motion was made to approve the expenditures; motion was seconded and approved.</p> <p>Advisory Budget 2016: A motion was made to approve the Budget for 2016; motion was seconded and approved, along with the newly added allocation for the Legislative Session Visit(s) in 2016.</p>	Motions approved to move the expenditures and 2016 AB Budget forward to the Board of Directors (BOD) for approval
STANDING BOARD OF DIRECTORS COMMITTEE REPORT		
Planning Committee and Quality Management Oversight Committee (QMOC) Reports		
	<p>Standing Board of Directors Committee Reports: It was noted there was no Planning Meeting in November or a Quality Management Oversight Committee (QMOC) Meeting, resulting in no briefs this month.</p>	Informational
OLD BUSINESS		
<p>Joe</p> <p>Chair</p> <p>Discussion</p>	<p>Advisory Board Advocacy Priorities: Joe updated the Board on the past Legislative Session Sub-Committee’s success in identifying the most pertinent issues with Children’s Mental Health. The goal for the next meeting is to discuss housing issues and create the document for the Legislator or the Aid, which will be given to them during the February visit. The Committee agreed to meet again following the January Meeting and, if needed, meet one final time prior to attending the Legislative Session.</p> <p>Vote for Chair and Vice-Chair: A vote was taken for the position of Chair and Vice-Chair for 2016. Mark and Joanie counted the ballots. David Kincheloe was selected for Chair and Carolann Sullivan for Vice-Chair.</p> <p>NSBHO Recruiting Criteria (County Coordinators Update): Joe noted the County Coordinators are actively recruiting new members for the Behavioral Health Organization. Last month Joe shared the Advisory Board criteria determined during the July Retreat. Joe added that the AB is acting as the Nomination Committee. Discussion followed and it was decided the prospective candidates will come to a couple of the Advisory Board meetings and report back to the Counties. They will vocalize their interest in membership on the North Sound Behavioral Health Advisory Board (NSBHO AB). In addition to having personal lived experience and strong aim toward integration, the prospective members will also demonstrate openness to learning.</p> <p>Legislative Session Update (Determine next Meeting): Mark asked the Advisory Board Legislative Sub-Committee Members when they would like to meet again. It was decided they will meet directly after the January 5th meeting. Joanie will call Members and remind them. It was also determined if a second meeting is needed, prior to the Legislative Session, the group will decide at the next meeting.</p>	<p>Informational</p> <p>Majority vote: David Kincheloe, Chair 2016; Carolann Sullivan, Vice-Chair 2016</p> <p>Informational</p> <p>Informational</p>
EXECUTIVE DIRECTOR’S REPORT		
Joe	<p>Joe gave the Executive Director Update and covered the following topics:</p> <ul style="list-style-type: none"> • DSHS will be submitting legislation to line up the RCWs with Substance Use and Mental Health. 	Informational

	<ul style="list-style-type: none"> • Adult Behavioral Health Service Task Force will be recommending the State increase the support for the work force. • BHO Development Update. • Recovery Coaches (Group Discussion). • Request for Proposal (RFP) to procure Tele-Health Services; Discussion followed regarding the potential of an updated website with accessibility for the deaf, hard of hearing and visually impaired. • Plan to address the epidemic regarding the heroin/opioids usage. 	
ACTION ITEMS BEING BROUGHT TO THE BOARD OF DIRECTORS		
<p>Joe Discussion</p>	<p>Joe spoke about the Action Items.</p> <p>Some Advisory Board Members voiced concern regarding Whatcom Rainbow Recovery Center’s current operations, noting it should be more focused on recovery.</p> <p>Compass, Whatcom County and NSMHA’s involvement was discussed. Joe addressed the concerns and offered options, noting Whatcom County Elected Officials will be asked to weigh in on the concerns. He went on to say Mark or David could speak to the Board of Directors. He spoke about a NSMHA Advisory Board Team Audit taking place. Mark stated he feels an audit will not be as effective as compliance written on paper. David added that NSMHA needs to stipulate what a recovery model looks like, implement, assess, and measure outcomes.</p> <p>Joe noted three County Coordinators agreed to move toward a recovery model, which will result in new language in the contracts. Existing contracts end 3/31/2016, the new contract template will stipulate the model. New contract language will be drafted and brought to the Advisory Board in January so they can weigh in on the language. The new Quality Review Teams will include Advisory Board Members.</p> <p>A motion was made to take the Action Items to the Board of Directors for approval, with the proposed amendments for future Peer Center Contracts.</p> <p>Motion was seconded and approved.</p> <p>Joe pointed out that Advisory Board Members could attend the Board of Directors meetings and voices their concerns. David encouraged their participation and noted the BOD members are highly attentive the Advisory Board member concerns.</p> <p>Conversation continued regarding the Tele-Psychiatry portion of the Action Items, followed with questions and answers. Joe spoke about a potential webinar on tele-psychiatry to be presented to the AB in 2016.</p> <p>Discussion followed. Mark requested a vote be taken to determine how many people wanted to include tele-psychiatry in the motion to move the Action Items to the BOD for approval. All were in favor,</p>	<p>Motion approved to move the Action Items to the BOD for approval, pending the proposed amendments</p> <p>All voted in favor of moving Tele-Psychiatry forward to the BOD for approval, in addition to the other Action Items</p>

	none opposed.	
NEW BUSINESS		
Pre-Meeting Topics and Site Visits for 2016:		
<p>Mark led the Advisory Board in conversation regarding potential Pre-Meetings and Site Visit options for 2016. Joe noted the recommendation from the Executive Committee was to alternate the 2016 Pre-Meetings between Mental Health and Substance Use Disorder issues.</p>		
<ol style="list-style-type: none"> 1) Sea-Mar Co-occurring Compass (Pre-Meeting); toward the end of 2016 2) Mukilteo Evaluation & Treatment Center (E&T) Remodel (Pre-Meeting); toward the end of 2016 3) Pioneer Center North Co-Occurring with main focus on SUD (Pre-Meeting) 4) Mental Health and Drug Courts; <i>Joanie will meet with Ron Coakley regarding specific speakers. He said he knows several individuals who would be willing to present to the AB. The possibility of a panel of speakers was discussed as an option.</i> 5) Everett Detox Center (Pre-Meeting) 6) Lake Whatcom (Site Tour), as well as the summer picnic, <i>this will be listed as two separate site visits on the spreadsheet.</i> 		
<p>Additional discussion took place regarding other Site Tour options for 2016. It was decided during the January Advisory Board Meeting that Joanie would bring a list of SUD Providers to the meeting for the Board to determine the visits.</p>		
<p>Joanie will add the Pre-Meeting recommendations to the Pre-Meeting List and include it in January's AB packet.</p>		
REPORT FROM ADVISORY BOARD MEMBERS		
<p>Mark asked if there were any reports from Advisory Board members. David replied that Whatcom's Advisory Board hasn't been meeting lately. Mark noted a lack of quorum present. Michael said there is no Whatcom County Jail.</p>		
COMMENTS FROM COUNTY ADVISORY BOARD REPRESENTATIVES		
Island	Candy spoke about the Island County Jail issue. She noted the administrative staff changes as well the systematic changes. Ron spoke to the jail reforms and the effects of Social Media.	Informational
San Juan	none	Informational
Skagit	none	Informational
Snohomish	Fred talked about a Herald article which he asked to be included in Member binders titled "What Drugs Can't Heal". He also spoke about HB 2646 Federal Bill, as well as SB 1945.	Informational
Whatcom	David spoke about the 1/10 th of 1% taxes for the new jail and related programs. He talked about both sides of the topic debate, to include the outcome.	Informational
ADJOURNMENT: The meeting adjourned at 2:50pm		