

**NORTH SOUND MENTAL HEALTH ADMINISTRATION  
BOARD OF DIRECTORS MEETING**

January 8, 2015  
1:30 PM

**AGENDA**

1. Call to Order; Introductions – Chair Dahlstedt
2. Revisions to the Agenda – Chair Dahlstedt
3. Approval of Minutes of December 11, 2014, Motion #15-01–Chair Dahlstedt .....5-14
4. Comments & Announcements from the Chair
5. Report from Board Members
6. Comments from the Public
7. Ombuds Semi Annual Report ..... Tab 1
8. Report from the Advisory Board – Mark McDonald, Chair..... Tab 2
9. Committee Reports  
Quality Management Oversight Committee – Anji Jorstad, Chair  
Planning Committee – Anne Deacon, Chair
10. Report from the Executive/Personnel Committee –Chair Dahlstedt
11. Report from the Executive Director..... Tab 3
12. Report from the Finance Officer ..... Tab 4
13. Report from the Finance Committee – Ken Stark, Chair
14. Consent Agenda – Finance Committee, Motion #15-02

All matters listed with the Consent Agenda have been distributed to each Board Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Board Member.

To review and approve the North Sound Mental Health Administration's claims paid from December 1, 2014 through December 31, 2014 in the amount of \$8,824,323.12. Payroll for the month of December in the amount of \$146,659.83 and associated employer benefits in the amount of \$81,059.00.

## **15. Action Items**

### **Fee for Service Increases & Increases of Provider Caps**

The following contract amendments include the Fee for Service (FFS) rate increase and for some providers raising their cap on services to account for increased demand for services in the region.

#### **Motion #15-03**

To approve the following contract amendments:

NSMHA-BRIDGWAYS-MEDICAID-13-15 Amendment 1

NSMHA-CCSNW-MEDICAID-13-15 Amendment 3

NSMHA-CENTER FOR HUMAN SERVICES-MEDICAID-13-15 Amendment 1

NSMHA-COMPASS HEALTH WHATCOM-MEDICAID-13-15 Amendment 3

NSMHA-INTERFAITH-MEDICAID-13-15 Amendment 2

NSMHA-LAKE WHATCOM CENTER-MEDICAID-13-15 Amendment 2

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 4

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 3

NSMHA-NWESD 189-MEDICAID-13-15 Amendment 2

NSMHA-NWESD 189-SMHC-13-15 Amendment 2

NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 2

NSMHA-SUNRISE SERVICES-SMHC-13-15 Amendment 2

NSMHA-SEA MAR-MEDICAID-13-15 Amendment 3

NSMHA-SEA MAR-SMHC-13-15 Amendment 3

#### **Contract details for Motion #15-03:**

NSMHA-BRIDGWAYS-MEDICAID-13-15 Amendment 1 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase to this contract of \$10,917. The new maximum consideration is \$689,733, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

NSMHA-CCSNW-MEDICAID-13-15 Amendment 3 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase to this contract of \$90,000. The new maximum consideration is \$5,787,624, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

NSMHA-CENTER FOR HUMAN SERVICES-MEDICAID-13-15 Amendment 1 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase to this contract of \$4,590. The new maximum consideration is \$919,566, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH WHATCOM-MEDICAID-13-15 Amendment 3 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase to this contract of \$104,004. The new maximum consideration is \$7,710,752, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-INTERFAITH-MEDICAID-13-15 Amendment 2 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase to this contract of \$24,444. The new maximum consideration is \$1,272,284, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-LAKE WHATCOM CENTER-MEDICAID-13-15 Amendment 2 for the purpose of increasing the Medicaid Fee for Service rates in the budget for an increase on this contract of \$43,470. The new maximum consideration is \$4,565,490, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-COMPASS HEALTH-MEDICAID-13-15 Amendment 4 for the purpose of increasing the Medicaid Fee for Service rates in the budget and increasing the cap on funding for expansion in Snohomish County and San Juan County, specifically to Lopez and Orcas Islands and continuing the Inpatient Transition Team services. The increase to this contract is \$1,451,004 for a new maximum consideration of \$35,222,340, with the term of the agreement remaining the same, October 1, 2013 through September 31, 2015.

NSMHA-COMPASS HEALTH-SMHC-13-15 Amendment 3 for the purpose of increasing state funding for expansion in Snohomish County and San Juan County, specifically to Lopez and Orcas Islands and continuing Inpatient Transition Team services. The increase to this contract is \$7,677 for a new maximum consideration of \$6,996,145, with the term of the agreement remaining the same, October 1, 2013 through September 31, 2015.

NSMHA-NWESD 189-MEDICAID-13-15 Amendment 2 for the purpose of increasing the Medicaid Fee for Service rates in the budget and increasing the cap on funding for expansion into Marysville, where the ESD has received a grant to provide mental health services in the school district. This funding will augment the grant by providing services to NSMHA qualified children/youth. The contract is increased by \$97,254 for a new maximum consideration of \$1,138,674, with the term of agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-NWESD 189-SMHC-13-15 Amendment 2 for the purpose of increasing state funding for expansion into Marysville, where the ESD has received a grant to provide mental health services in the school district. This funding will augment the grant by providing services to NSMHA qualified children/youth. The contract is increased by \$5,247 for a new maximum consideration of \$95,595, with the term of agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SUNRISE SERVICES-MEDICAID-13-15 Amendment 2 for the purpose of increasing the Medicaid Fee for Service rates in the budget and increasing the cap on funding for expansion into Whatcom and Island County and the expansion of Intensive Outpatient Services in Skagit County. The contract is increased by \$1,915,335 for a new maximum consideration of \$10,411,047, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SUNRISE SERVICES-SMHC-13-15 Amendment 2 for the purpose of increasing state funding for flex funding, expansion into Whatcom County and expansion of Intensive Outpatient Services in Skagit County. The contract is increased by \$83,970 for a new maximum consideration

of \$1,304,077, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SEA MAR-MEDICAID-13-15 Amendment 3 for the purpose of increasing the Medicaid Fee for Service rates in the budget and increasing the cap on funding for Island, Skagit and Snohomish County services. The contract is increased by \$485,100 for a new maximum consideration of \$4,619,692, with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

NSMHA-SEA MAR-SMHC-13-15 Amendment 3 for the purpose of increasing the state funding for Island, Skagit and Snohomish County services. The contract is increased by \$6,885 for a new maximum consideration of \$481,515 with the term of the agreement remaining the same October 1, 2013 through September 30, 2015.

**Authorized Signatory**

**Motion #15-04**

To approve adding Lisa Grosso, Operations Manager as a signing authority (replacing Greg Long) on NSMHA's accounts at Skagit County Auditor's and Treasurer's offices and also the bank accounts at Skagit State Bank: Petty Cash, Advanced Travel and the employee Flexible Spending Account. This addition is for the interim until the Deputy Director position is refilled. The designated NSMHA signatories shall have the authorization privileges for disbursements over Petty Cash, Advanced Travel and Flexible Spending accounts, vouchers, payroll and investing. Other authorized signors remain the same: Joe Valentine, Executive Director and Annette Calder, Executive Assistant.

**Integrated Dual Diagnosis Disorder Treatment**

**Motion #15-05**

This contract is to continue providing Integrated Dual Diagnosis Disorder Treatment (IDDT) in Skagit County. This is an evidence based practice for individuals with mental health and substance abuse (co-occurring) disorders.

NSMHA-SUNRISE SERVICES-IDDT-13-14 Amendment 1 for the purpose of extending the contract and to provide the Medicaid and State funding through September 30, 2015. The increase in funding is \$261,000 for a new maximum consideration of \$1,058,900 with a new expiration date of September 30, 2015.

**16. Introduction Items ..... Tab 5**  
**2013-2016 Strategic Plan Dashboard**

To review and accept the 2013-2016 Strategic Plan and the proposed deliverables for 2015.

**Electronic Health Record**

NSMHA-CCSNW EHR-PSC-12-13 Amendment 1 for the purpose of covering unanticipated costs of implementation of an Electronic Health Record system. The increase in funding is \$259,370 for a new maximum consideration of \$321,340, with an end date of December 31, 2014.

The following introduction item is to increase staffing to Volunteers of America (VOA) by three (3) FTE to increase capacity in the Utilization Management department. Adding these three (3) positions will allow

24/7 coverage and decrease the demand for Triage Clinicians to fill in for UM, freeing up the Triage clinicians to focus solely on Triage calls. The need for the capacity is due to the increase in abandonment rates. The target for abandonment rates is less than 5%, currently VOA is at 5% and rising.

NSMHA-VOA-MEDICAID-13-15 Amendment 3 for the purpose of increasing Medicaid funding for the increased capacity in the Utilization Management function. The increase in funding is \$141,210.16 for a new maximum consideration of \$4,009,673.58, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

NSMHA-VOA-SMHC-13-15 Amendment 4 for the purpose of increasing State funding for the increased capacity in the Utilization Management function. The increase in funding is \$13,965.84 for a new maximum consideration of \$664,017.16, with the term of the agreement remaining the same, October 1, 2013 through September 30, 2015.

## **17. Adjourn**

Next Meeting: February 12, 2015