

North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

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NSMHA Contract Memorandum 2007-007

Date: June 29, 2007

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From: Chuck Benjamin, Executive Director

Subject: Revised Policy

The following policy has been revised:

NSMHA Policy #1550.00 – Early Periodic Screening, Diagnostic and Treatment (EPSDT) Services is effective.

The following changes were made to **Policy 1550.00**:

1. Spell out the policy title in the header and subject line and **add** “*Services*” to the end.
2. Under definitions section **change** to read “*EPSDT services are defined as services to eligible NSMHA consumers under 21 years of age who have been referred by a Primary Care Physician (PCP) on “the referral for mental health/substance abuse assessment” form (Health Kids).*”
3. **Change** the definition for PCP to: “*is defined as the following providers are eligible to perform EPSDT screens and bill Medical Assistance Administration (MAA) the enhanced rate for children receiving foster care placement services from Department of Social and Health Services (DSHS).*”

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- (1) *EPSDT clinics;*
 - (2) *Physicians;*
 - (3) *Advanced registered nurse practitioners (ARNPs);*
 - (4) *Physician assistants (PAs) working under the guidance and MAA provider number of a physician;*
 - (5) *Nurses specially trained through the Department of Health (DOH) to perform EPSDT screens; and*
 - (6) *Registered nurses working under the guidance and MAA provider number of a physician or ARNP.*
4. In the subtitle **“DEFINITIONS”** add **“P”** between the **“N”** and **“T”**. In the first sentence under **“DEFINITIONS”** **delete** from **“defined...NSMHA”** and **replace** with **“available to all Medicaid”**. Put a period after age and **replace** **“who”** with **“EPSDT identified consumers”**. **Add** a **“y”** after **“Health”**.
 5. On page 2 under **“Procedure and Scope”** make the following changes:
 - a. Under bullet **“A”** **add** at the end **“– Periodic, Inter-periodic and partial screens”** **delete** the bullets.
 - b. Under bullet **B** **delete** from **“are available...EPSDT”** and **change** **“families”** to **“family’s”**.
 - c. Under bullet **C** **replace** **“referred”** with **“identified”**.
 - d. Under bullet **D** **replace** **“referred...are”** with **“identified consumers”**, **delete** **“with...involvement”**, **replace** **“be referred to”** with **“receive”**, **delete** **“which...services”** and at the beginning of the last sentence **add** **“EPSDT identified consumers who meet Level II criteria must be offered an Individual Service Team (IST).”** **Delete** **“are authorized through the sub bullets and the remaining paragraph”**.
 - e. In sub bullet **“i”** second sentence, **change** **“me”** to **“meet”**. In the third and fourth sentences, **change** **“child”** to **“consumer”**. In the fifth sentence **change** **“IST”** to **“team”**. In the last sentence, **add** a comma after **“IST”** **delete** **“and”** between **“IST and depending”**, **change** **“upon”** to **“on”** and **change** **“child”** to **“consumer”**.
 - f. In sub bullet **“ii”** beginning, **change** **“This”** to **“The”**, **“Comprehensive”** to **“Individual”** and all **“CSP”** to **“ISP”**. **Delete** the second sentence. In the third sentence, **change** **“child”** to **“consumer”** and **“just”** to **“limited to”**.
 6. Under **“PROCEDURE”** section under #1 **delete** **“from...program”** in the first sentence and the second sentence, **delete** bullet #2, **change** #3 to #2 and **delete** **“at least”** at the end, in subsection (i) **add** at the beginning **“When mental health services are requested with and EPSDT referral,”** and **delete** **“at least”** from between **“include and the”**. In subsection (ii), **add** a **“y”** after **“Health”** and **change** **“copy”** to **“copy”**.
 7. **Move** Section **“Procedure and Scope”** bullets **“A-F”** under Policy Section.
 8. **Begin** Section Procedure with bullet E.
 9. **Format whole policy in the following order** – Purpose, Definitions, Policy and Procedure.
 10. **Add** **“Services”** to the end of the title in both the header and body of policy.
 11. In the first paragraph under Definitions section, **delete** **“for”** from in front of **“(Health Kids)”**. In the third paragraph after bullets in the first sentence, **spell out** **“Quality Specialist”** instead of using **“QS”**, **change** **“children”** between eligible and in the region to **“consumers”** and **change** **“program”** at the end to **“services”**.
 12. In the first paragraph under the Policy section the first sentence, **delete** **“of”** from after screening. In paragraph two, **change** **“provides”** to **“performs”** between PCP and the also **delete** the last sentence. In the third paragraph, **add** **“and/or caregiver”** after **“involve the family”**. In the fifth paragraph, **add** **“who are involved in the following: 1) Children’s Administration, 2) Division of Developmental Disabilities, 3) Juvenile Rehabilitation Administration, or 4) Department of Corrections”** after **“or above”**. In the sixth paragraph, make the following changes:

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- a. **Delete** “and” between disabilities and juvenile.
- b. **Add** after “juvenile justice” “and spiritual and cultural representatives”
- c. The second sentence should read as follows: *“The IST will meet, at a minimum, once per authorization period and as is appropriate to the level of need of the consumer and family”*.

13. Under the Procedure section make the following changes:

- a. In the first paragraph, **add** a colon after “for” and **delete** the rest of the sentence.
- b. In bullet “A”, **change** “Assess” to “Assessing”.
- c. In bullet “B”, put a period after “clinicians” and **delete** the rest of the sentence.
- d. Bullet “i” should read as follows: *“When mental health services are requested with an EPSDT referral, a written response to the PCP must be completed. This notice must include the date of intake, diagnosis and level of care assignment.”*
- e. Bullet “ii” should read as follows: *“When mental health services are requested without an EPSDT referral, the provider must send a formal written recommendation for a Healthy Kids screening to the consumer’s PCP. If the consumer does not identify a PCP, the provider must provide a copy of the EPSDT rights contained in the MHD Mental Health Benefits booklet to the consumer and identify the following information to assist with the selection of a PCP.”*
- f. Bullet “C” the beginning should read as follows: *“Level II EPSDT identified consumers involved in any of the following: Children’s Administration, Division of Developmental Disabilities, Juvenile Rehabilitation Administration, or Department of Corrections must be provided an IST. The provider will be responsible to coordinate and facilitate the IST meetings among all participating representatives, ensure PCP scheduled screenings occur and facilitate community reintegration for out-of-home placement (foster care, hospital, CLIP, JRS, etc.)”* **Keep** from “Child/Youth...” to the end of the bullet as stated.
- g. In bullet “i” under bullet “D”, **change** “enrollees” to “consumers”. In bullet “ii”, **change** “Treatment” in “Individual Treatment Plan” to “Service” and **add** “for EPSDT identified consumers” to the end of the bullet.

Please ensure that the policy is implemented or revised at your agency within sixty days. The policy may be found at <http://66.114.134.5/Policies/Default.asp>.

cc: Heather Fennell, Compass Health
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Contract File