



# North Sound Mental Health Administration

Regional Support Network for Island, San Juan, Skagit, Snohomish, and Whatcom Counties

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NSMHA Contract Memorandum 2008-008

Date: March 31, 2008

To: Tom Sebastian, CEO, Compass Health  
Donna Konicki, *bridgeways*  
Michael Watson, Lake Whatcom RTC  
Andy Byrne, Whatcom Counseling and Psychiatric Center  
Rod Elin, Catholic Community Services Northwest  
Claudia D'Allegri, Sea Mar  
Anne Deacon, Snohomish County Coordinator  
Tom Robinson, Volunteers of America  
Doug Benjamin, Behavioral Health Director, Interfaith  
Sue Closser, CEO, Sunrise Services

From: Chuck Benjamin, Executive Director

Subject: New/Revised Policies and Attachments

**Attachment 1572.01 – Inpatient Service Coordination by Outpatient Clinicians & 1572.02 – NSMHA Clinical Eligibility and Care Standards – pages 45-50 – Outpatient Requirements Related to Inpatient Utilization.**

These attachments are no longer valid and have been incorporated within the policy effective 3/31/2008.

**Policy 1505.00 – Authorization for Ongoing Outpatient Services**

This is a pre-existing policy that was revised to meet system changes. This policy was signed and is effective 3/28/2008.

**Policy 1516.00 – Minimum Requirements and Certification Processes for Requesting Mental Health Professional (MHP) Exceptions & Waivers & Attachments 1516.01 & 1516.02 – Exception and Waiver Forms**

This is a pre-existing policy that had created some confusion. The policy was revised and now incorporates both the requirements for exceptions and waivers along with appropriate forms to use when applying. This policy was signed and is effective 3/31/2008.

**Policy 1520.00 – Second Opinion**

This was a pre-existing policy that was clarified as to how a consumer could obtain a “Second Opinion” when they disagree with a ruling, diagnosis, medication, etc. and timelines involved. This policy was signed and is effective 3/31/2008.

March 31, 2008

**Policy 1531.00 – Consumer Employment Services**

This was a pre-existing policy previously called “Outpatient Supported Employment” that was updated, clarified and changed the language to be consistent in comparison to the fidelity supported employment policy. This policy was signed and is effective 3/31/2008.

The revised policies are enclosed for your convenience and will be available on the NSMHA website at [www.nsmha.org](http://www.nsmha.org) for your future reference.

Please ensure this attachment and the process for contractual requirement is implemented at your agency immediately.

cc: Heather Fennell, Compass Health  
Kathy McNaughton, Catholic Community Services  
Kay Burbidge, Lake Whatcom  
Pamala Benjamin, Whatcom Counseling and Psychiatric Center  
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Contract File