

Federal Block Grant (FBG) County Mental Health Programs Contact List

| PROGRAM BY COUNTY | PROGRAM DESCRIPTION/WEBSITE LINK | CONTACT # |
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| <i>Island County</i> | http://www.islandcounty.net/humanservices/ | |
| Counseling Connections Program | Short term mental health counseling services | 360-678-7882 Beth Plush |
| Jail Transition Services | Assists inmates who have mental health, substance abuse &/or co-occurring disorders transition back to the community | 360-929-7318 Cheryl Coop |
| School-based Mental Health Services | Provides mental health services in the school setting in all four districts of Island County & also serves students in the detention center; services for a wide range of concerns & uses modalities including counseling (individual, group, family), mediation, crisis intervention, parent support groups & classes, staff consultation | 360-969-5867 Charlene Ray |
| Homeless Service Center | Serves individuals & families who are homeless & may be exiting local jails, emergency departments, treatment centers, inpatient facilities &/or are referred by a mental health provider. | 360-679-7962 Joann Pelant |
| <i>San Juan County</i> | http://www.co.san-juan.wa.us/health/cs.aspx | |
| Access to treatment for offenders with low incomes | San Juan County Health (HC&S) & District Court (SJDC) provide a project intended to improve access to treatment & reduce recidivism rates for low income offenders with mental illness & co-occurring (mental health & chemical dependency) disorders who are not Medicaid recipients | 360-378-4017 Melissa Derksma |
| Community Wellness Program | Community based services include the Community Wellness Program which offers up to 10 sessions of short-term counseling for low income folks who don't have Medicaid or other insurance. School-based mental health services vary from district to district and include such things as Primary Intervention Program (PIP), referral to counseling by contracted Master's level licensed mental health professionals; family advocate/homeless liaison, mental health program specialists, behavior specialist, and coordination. | Orcas Island 360-376-3184 Lopez Island 360-468-4117 San Juan Island 360-378-5246 |

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| <i>Skagit County</i> | http://www.skagitcounty.net/Common/Asp/Default.asp?d=CommunityServices&c=General&p=mh.htm | |
| Community Wellness | Skagit County Community Services' Community Wellness Program (CWP) links eligible Skagit County residents who do not have access to mental health services funded by public benefits or insurance to limited counseling services from private mental health professionals in the community. Community Services staff will help individual apply for benefits or insurance and link individual to mental health professional for short term counseling. | 360-419-3379 Roger Capron |
| Jail Transition Program | Services for inmates who have mental health disorders &/or substance abuse disorders; case management to facilitate safe transition from confinement to treatment services & community services; & assistance with Medicaid application & ongoing benefits. Services continue up to ninety days after release. | 360-391-9729 Josie Boggs |
| Mental Health Court | Voluntary program for offenders who have a mental illness (additional eligibility criteria exist); referrals processed through the Mental Health Court Coordinator & accepted from defense counsel upon approval by prosecuting attorney. | 360-419-3420 Rebecca Clark |
| Outreach & Engagement Services (Pioneer Human Services) | The Skagit Treatment Engagement Program (STEP) provides outreach, engagement and intensive case management services to individuals with mental illness and/or substance use disorders who are homeless and/or high utilizers of community resources in order to engage them in treatment services, locate housing and help them become eligible for public benefit funding. | 360-418-6066 Deann Gibbs |
| REACH Peer Center | The Skagit Valley REACH Center (SVRC) is a program demonstrating recovery and resilience. It provides recovery oriented psychosocial, recreational and peer support needs to: Individuals self-identifying as having mental illness or cognitive disorders; individuals in public & private mental health services including those on the RSN funded Program for Assertive Community Treatment (PACT) teams; individuals self-identifying as being co-occurring or in dual recovery; individuals self-identifying as being early in addiction(s) recovery; individuals accompanied by caregivers (caregivers participate in programs as does anyone else); individuals referred from DVR, DSHS Community Service Office (CSO), & other governmental agencies; individuals referred from Crisis Services/Center; individuals leaving inpatient services (local hospitals, state hospitals, substance use disorder programs, detoxification services & evaluation & treatment facilities); &/or individuals who are frequently involved with the criminal justice system including those formerly incarcerated at the local & state level (including registered sex offenders). | 360-397-8050 Jeff Reynolds |

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| <i>Snohomish County</i> | http://www1.co.snohomish.wa.us/Departments/Human_Services/ | |
| Geriatric Depression Screening | This project provides in-home depression screening to Snohomish County residents age 60 & older, using the Geriatric Depression Scale (GDS). Individuals are referred for services based upon signs & symptoms of depression that may limit access to services, produce disability, threaten safety & independence, impact other medical conditions, & harm the individual's quality of life. | 425-290-1260 Amanda Foltz & Lindsey Batts |
| Hope Options Program | Hope Options is a supportive housing model that provides in-home intervention services coordination to vulnerable older adults with mental health or behavioral issues whose housing has become unstable. A key component of Hope Option's success is the dedication of time & number of home visits in building a trust relationship with the client. Hope Options offers no wait list housing vouchers for eligible clients. Services are flexible to the needs of each client & works closely with the client, & landlords, families & community. the service area includes all of Snohomish County. | 425-303-1106 David Tieszen |
| Short Term Case Management & Stabilization for non-Medicaid Clients | Snohomish County provides services to clients who have a demonstrated need for mental health services & no means of obtaining them. The Short-term Case Management & Stabilization for Non-Medicaid Clients program identifies & assists residents of Snohomish County who are at risk for hospitalization, incarceration, or recurrent crisis episodes as a result of their mental illness & have no means of obtaining services. | 425-493-5800 Sunrise Services 425-257-2111 CCS 425-349-6200 Compass Health |
| Senior Outreach Services | Older Adult Mental Health Outreach is the publicly recognized primary entry point into mental health and chemical dependency systems for older adults. Functions of the Older Adult Mental Health Outreach component will include information giving, service referral, assistance, client advocacy, and screening to determine whether an older person should be referred to the appropriate agency for a comprehensive assessment. | Kamilia Dunsky 425- 740-3787 |
| Mental Health Court Liaison | The Snohomish County Mental Health Court Liaison is operated out of Snohomish County's Everett District Court and accepts referrals from all four (4) divisions of District Court, allowing for countywide access. Eligible offenders are adults who have been diagnosed with a DSM-IV Axis I diagnosis (i.e., schizophrenia, bipolar, schizoaffective, anxiety, PTSD, mood disorder) and have been charged with a misdemeanor or gross misdemeanor crime. Individuals charged with felony crimes or diagnosed with a primary substance dependence disorder will not be considered for participation in the Mental Health Court, nor will persons charged with DUI. | 425-513-8213 Rochelle Moore |

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| Community Housing and Stability Support Program | The CHSS program provides comprehensive community support services to ensure services received by clients eligible for or receiving Shelter + Care subsidized housing are of a level and rate necessary to meet the required match and maintain safe and affordable housing. In addition, the program provides mental health treatment services for low-income adults residing in Snohomish County, who meet financial and clinical eligibility standards and who are without means to access services in order to address mental health issues. Individualized services, (including diagnostic evaluation, individual and group counseling and case management), are provided through comprehensive, discreet and coordinated programs in accordance with an individualized treatment plan. | 425-513-8213 Rochelle Moore |
| YWCA Investing in Futures | The Investing in Futures – Mental Health Services is designed to provide mental health services to individuals and families affiliated with Investing in Futures. The Contractor provides counseling and case management for individuals and families unable to access services through community mental health systems. | 425-358-2766 Maryanne Dillon |
| Dawson Place | Dawson Place provides comfort for children caught up in a chaotic situation by welcoming them into a child friendly setting that promotes healing. Children and families benefit from having a single point of contact with many agencies in one place. Intervention and treatment in child abuse cases is strengthened as a result of having many disciplines working together toward common goals, which include support and services for the child and holding offenders accountable. Dawson Place Child Advocacy Center is a not for profit comprehensive multidisciplinary team serving child victims of sexual or physical abuse in Snohomish County, Washington. Law enforcement, child protective services, medical, victim advocacy, prosecution, and mental health agencies all work together to provide the best possible services to children and their families victimized by sexual or physical abuse. | 425-388-7481 Kristine Petereit |
| Community Navigation Program | This two part program provides Information and Referral Services within the community after normal business hours. Functions of the Information and Referral Specialist will include information giving, service referral assistance, and screening to determine whether a person should be referred to the Community Resource Advocate for a comprehensive assessment. The Community Resource Advocate, develop an integrated plan of care and resource referrals for basic needs such as housing, food, Medicaid, family and child care, disability services and mental health/chemical dependency services. <i>(This program will not begin until January 1, 2014.)</i> | 425-609-2210 Pat Morris |

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| Integrated Dual Disorder Treatment Program (IDDT) | The IDDT program serves in difficult in Snohomish County with co-occurring mental health and substance misuse issues. The IDDT program provides case management, medication assessment/therapy, supported employment and housing options. <i>(This program will not begin until January 1, 2014.)</i> | 425-493-5810 Mike Manley |
| Youth Outpatient Mental Health Program | The Youth Outpatient Mental Health Program is designed to provide mental health services to children/youth and their families, who have a demonstrated need for services but are experiencing barriers to accessing them. This program offers short term mental health counseling to children/youth and their families in school settings and in collaboration with chemical dependency treatment services. | 425-257-1621 Pamela Davis |
| Youth Mental Health Counseling Program (Cocoon House) | The Youth Mental Health Counseling Program is designed to provide mental health services to youth at Cocoon House's Emergency Shelters and Cocoon Complex, according to Cocoon House's needs. All the youth enter the shelter in some state of crisis; many are victims of some type of trauma. A Master's level clinician with experience with at-risk youth or a mental health professional will attempt to engage the youth and build trust, so that the youth will begin individual counseling sessions with the clinician. | 425-349-6200 Carole Kosturn |
| Project Connect | Project Connect provides inpatient and outpatient treatment funding to mentally ill and/or chemically dependent non-Medicaid eligible adult clients who are referred from the Mental Health Court Liaison program. <i>(This program will not begin until January 1, 2014.)</i> | 425-513-8213 Rochelle Moore |
| Bailey Peer Center | The Bailey Peer Center is a peer support center providing recovery support, referrals to needed services/resources, socialization opportunities and group activities to homeless individuals through Snohomish County who exhibit underlying mental health disorders. The goal of the center is to assist participants in taking steps toward personally determined recovery. <i>(This program will not begin until January 1, 2014.)</i> | 425-349-7273 Lori Youngquist |
| Sunrise Rural Outreach | Sunrise Services increases access to mental health services by conducting outreach & using technology. A team comprised of a Mental Health Professional & a case manager provides outreach into the rural communities of Snohomish County, such as Darrington, Gold Bar & Granite Falls, offering services to Non-Medicaid individuals. Services include an intake to determine whether an application for Medicaid assistance is appropriate. Treatment services are short-term. Community partners provide shared office space & transportation assistance to individuals who chooses to receive services in an office setting. Otherwise services are provided in-home & at a community setting of their choice. Tele-psychiatry accessed by laptop for face-to-face prescriber services are made available by Sunrise Services offices in the North Sound region. | 425-493-5813 Leah Martinez |

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| <i>Whatcom County</i> | | |
| Youth Access to housing & employment-Northwest Youth Services, the Homeless Service Center's partner agency that operates Whatcom County's single point of entry for youth homeless services, will provide the housing case management services | The project's primary purpose is to deploy intensive housing case management to reduce homelessness & increase access to community-based, wraparound services within the population of young people with a mental illness, aged 16-25, in Whatcom County. The project strives to relieve the suffering resulting from traumatic childhoods, poverty, mental illness, addictions & life on the streets; to help youth find hope & achieve a rewarding life. | 360-255-2091 Greg Winter |
| Housing-First Case Management Expansion | This project expands the capacity of the Whatcom Homeless Service Center to provide permanent housing placements for chronically homeless & other homeless individuals, who have mental illness, & to engage or re-engage these clients with appropriate levels of care, treatment & other supportive services. Further, this project provides housing case management services within a supportive housing model based on a housing-first approach. | 360-255-2091 Greg Winter |
| Sun House Urgent Shelter | Sun House provides 6 beds, 2 of which are designated for individuals with mental illness discharging from inpatient facilities, with 24-hour staffing supervision, meals, medication monitoring, & emotional support in a warm, homelike environment. Individuals can stay for up to 90 days & our goal is to assist them in mental health recovery. | 360-392-1324 Rebecca Roeter & Denise Rosenstein |
| Rainbow Peer Center | The Rainbow Recovery Center is a consumer-focused mental health recovery day center whose programs & operations are primarily consumer-driven, & members of the center take an active role in developing & guiding activities, support groups, & educational opportunities & services. WCPC currently maintains Peer Support Advocates, a full-time clinician as Center Coordinator & an Employment & Recovery Services manager. | 360-725-2577 Genice Norheim |
| <i>Tulalip Tribe</i> | | |
| Youth Services | Cultural activities, such as culture night give youth an opportunity to socialize with the elders in the community. This experience help them learn competencies, develop strengths & incorporate cultural norms by participating in making regalia, drums, weaving, creating artwork & listening to elders. Family participation as a whole in culture night is encouraged. Foster children & child therapists participate in culture night, tribal journey & other cultural events. This allows exposure of children/youth in foster placement to their culture of origin. Culture night emphasizes spirituality, listening skills, storytelling & oral recitation. Tribal members have access to support services, community connection, healthy leisure activities, building strong bonds with the community. | 360-651-3350 |