

## Child and Family Team Meeting

DESCRIPTION	GUIDELINES (INCLUSIONS/EXCLUSIONS)								
<p><b>Purpose:</b> Child &amp; Family Team (CFT) Meetings are for the development, evaluation or modification of a <u>cross system care plan</u> (the Plan). In accordance with WA Children’s Mental Health System Principles, care planning is family driven, youth guided and focused on strengths and needs. The CFT facilitates cross system coordination to support outcomes in the restoration of a higher level of functioning for the youth and family. The Plan is maintained in the official mental health provider client record and each participating member receives a copy. The Plan includes a statement of treatment and service goals, clinical interventions, supports designed to achieve those goals and an evaluation of progress.</p> <p><b>Population Served:</b> This service is designed for children and youth who have complex emotional, behavioral and social issues who typically require care coordination across two or more systems.</p> <p><b>Membership</b> on the CFT is determined by the family and youth in collaboration with service providers and includes natural supports that the family / youth designate as well as representatives of involved providers and systems.</p> <p><b>Facilitation:</b> The CFT is facilitated by a member identified by the team that is able to maintain a consistent present, guide the team process, coordinate planning efforts, and be responsible for sign-in sheets and meeting minutes that document efforts, agreements and progress.</p> <p><b>Frequency:</b> The team meets with sufficient regularity to assess progress and maintain clear and coordinated communication in order to carry out the Plan.</p>	<p><b>Inclusions:</b> See description. All meetings where the family and other members of an established CFT are participating as part of the care plan.</p> <p><b>Exclusions:</b></p> <ul style="list-style-type: none"> <li>• Meetings without the youth or family present (i.e. one or the other or both must be present).</li> <li>• Meetings for a primarily clinical purpose such as Individual or family treatment services excluding other CFT members.</li> </ul> <p><b>Allowable concurrent services:</b></p> <ul style="list-style-type: none"> <li>• Mental Health Residential</li> <li>• Evaluation and Treatment</li> <li>• Stabilization</li> <li>• Day Support</li> <li>• Peer Support</li> <li>• Rehabilitation Case Management</li> </ul> <p><b>Cross- System Care Plan:</b> An individualized, comprehensive, plan created by a Child/Family Team that reflects treatment services and supports relating to all systems or agents with whom the child is involved and are participating on the CFT. This plan does not supplant, but may supplement the official treatment plan that each system maintains in the client record</p>								
<p><b>STAFF QUALIFICATIONS:</b> Mental Health Professional (MHP) or staff supervised by a MHP will utilize this code.</p> <p><b>REPORTING:</b> Encounter time is based on client time and can only be reported to the RSN by mental health providers once.</p> <p>Report encounter with one of the following mental health system provider types who are present in the CFT :</p> <table border="0" data-bbox="81 1627 799 1818"> <tr> <td>Psychiatrist/MD</td> <td>ARNP/PA</td> </tr> <tr> <td>MA/PhD</td> <td>RN/LPN</td> </tr> <tr> <td>Master Level with Exception/Waiver</td> <td>Bachelor Level with Exception / Waiver</td> </tr> <tr> <td>Mental Health Specialist</td> <td>Below Masters Degree Certified Peer Counselor</td> </tr> </table>	Psychiatrist/MD	ARNP/PA	MA/PhD	RN/LPN	Master Level with Exception/Waiver	Bachelor Level with Exception / Waiver	Mental Health Specialist	Below Masters Degree Certified Peer Counselor	<p><b>NOTE:</b> Information on this page is intended as an overview. Refer to the PIHP contract, WA State Children’s Mental Health System Principles and WA State Children’s Mental Health Child and Family Team Practice Expectations.</p>
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<p><b>REPORT CODE: H0032: Mental Health Service Plan development without Physician With HT Modifier: Multidisciplinary Team</b></p>									

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